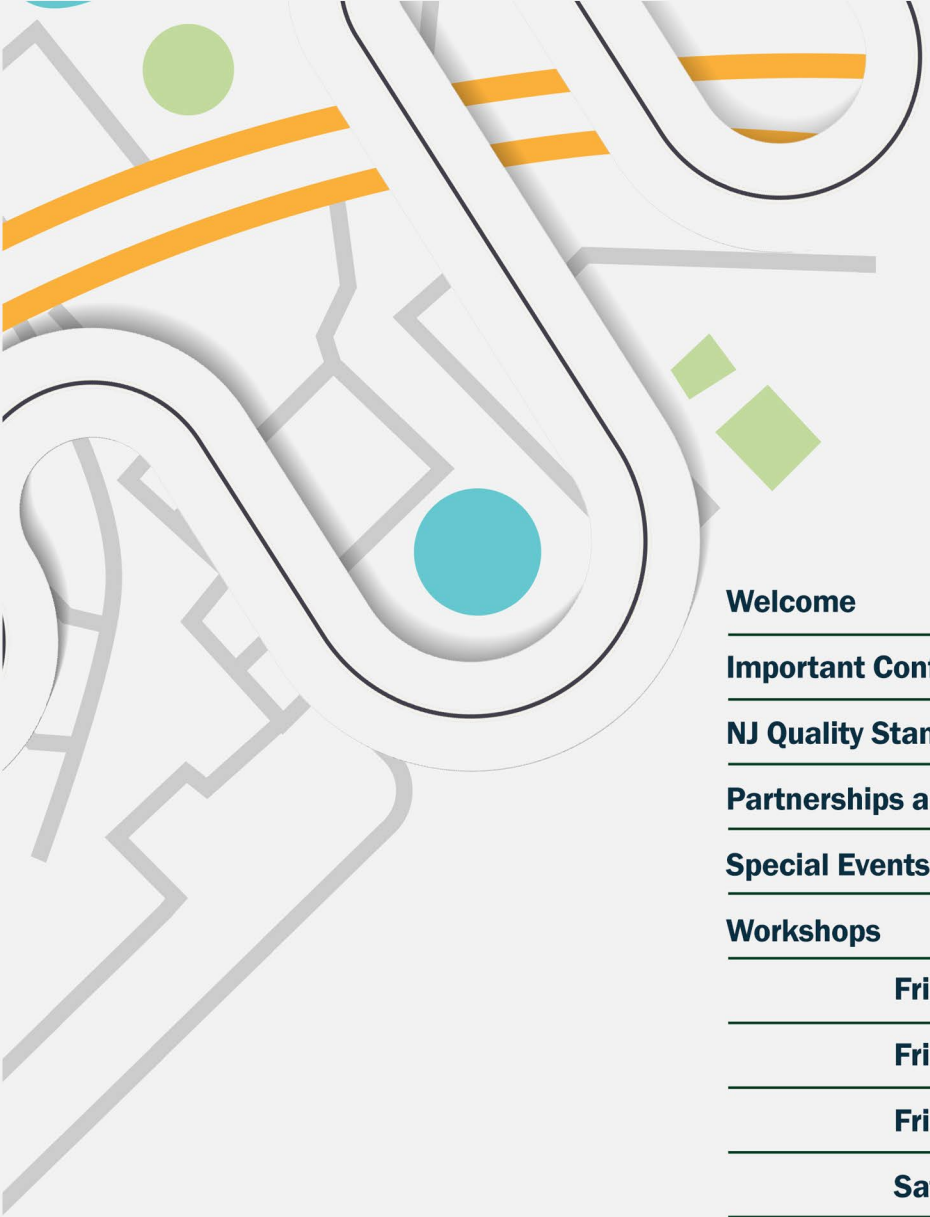


PURPOSEFUL PATHWAYS: EXPANDING ACCESS, INCREASING OPPORTUNITIES

**NJSACC PRESENTS:
NEW JERSEY'S
ANNUAL
CONFERENCE ON
AFTERSCHOOL
& OUT-OF-SCHOOL
TIME**


**FRIDAY
AND
SATURDAY
APRIL
28-29,
2023**





Welcome	3
Important Conference Information	4-5
NJ Quality Standards for Afterschool/Core Competencies	6-7
Partnerships and Sponsors	8-10
Special Events	11
Workshops	
Friday Session 1	12-13
Friday Session 2	14-15
Friday Session 3	16-17
Saturday Session 1	18-19
Saturday Session 2	20-21
Saturday Session 3	21
Workshops at a Glance	22
Fees/Directions	23

Contents



The mission of the New Jersey School-Age Child Care Coalition (NJSACC) is to promote and support the development, continuity and expansion of quality programs for children and youth during out-of-school time.



**NEW JERSEY'S
AFTERSCHOOL AND
OUT-OF-SCHOOL TIME (OST)
PROFESSIONAL NETWORK**

NJSACC: The New Jersey School-Age Child Care Coalition was founded on the principle that all children need access to high quality, enriching afterschool and out-of-school time (OST) programs. These programs motivate youth to become excited about learning, help them develop critical skills, and follow pathways for bright and successful futures. Young people cannot realize their full potential without YOU: the afterschool and OST providers and youth development professionals who spend countless hours providing safe, fun programs and caring relationships with trusted adults that sow into the development of the youth they serve.

This year's conference theme "Purposeful Pathways: Expanding Access, Increasing Opportunities" is about empowering OST professionals with the knowledge, skills and resources needed not only to nurture youth, but to fuel our own passions and professional careers. We in this profession have always known that the afterschool and OST workforce is a cornerstone to a functional and successful economy. NJSACC hopes to reinforce this message through the stories of professionals and youth who have been positively impacted by afterschool and OST's effect on social-emotional learning, academic enrichment, college and career readiness, mental health and many other facets of an enriched childhood. This year's conference provides over 40 workshops addressing many of these topics and more. Additionally, we will be releasing the latest iteration of the NJ Quality Standards for Afterschool (NJQSA) which have been revised to embrace the diversity, equity and inclusivity paramount to all school-age afterschool and OST programs. In order to truly serve ALL children, the 'Special Needs-The Whole Child' category has been integrated into all of the standards, self-assessment tool and accompanying resources.

As we celebrate the 30th year of NJSACC's incorporation, we recognize all of you who have supported NJSACC and advanced afterschool and OST in NJ. We thank our founder Diane Genco and the coalition of partners and stakeholders who came together to build NJSACC's foundation. This is an exciting and unprecedented time for afterschool and OST, supported by new funding and high-quality, inclusive, equitable programs. As NJSACC embarks on the next leg of its journey of empowering and supporting afterschool and OST professionals, we look forward to continuing the coaching, training and technical assistance, professional development opportunities and resources to support you as you advance in your career.

On behalf of myself and the Staff and Board of Trustees of NJSACC: NJ's Afterschool and Out-of-School Time Professional Network, a heartfelt thank you to all afterschool, out-of-school time and youth development professionals for the dedication and tireless effort you provide to support and enrich New Jersey's youth.

We hope you enjoy this year's conference.



Ebony D. Grace, MFT
Chief Executive Officer
NJSACC (New Jersey School-Age Child Care Coalition):
New Jersey's Afterschool and Out-of-School Time (OST) Professional Network

NJSACC · 208 Lenox Avenue · #363 · Westfield, NJ 07090 · Office: (908) 789-0259 · Fax: (908) 789-4237 · njsacc.org · sac@njsacc.org

Conference at a Glance	
Friday, April 28, 2023	
8:00am - 8:30am	Registration Begins & Continental Breakfast
8:30am - 9:30am	Opening Session
9:45am - 11:15am	Session 1
11:30am - 12:30pm	Showcase Alley and Lunch
12:45pm - 2:15pm	Session 2
2:30pm - 3:45pm	Session 3
Saturday, April 29, 2023	
8:00am - 8:30am	Registration Begins & Continental Breakfast
8:30am - 9:30am	Performance
9:45am - 11:15am	Session 1
11:30am - 12:15pm	Lunch
12:30pm - 1:45pm	Session 2
2:00pm - 3:15pm	Session 3



Welcome



IMPORTANT INFORMATION: CONFERENCE DETAILS YOU SHOULD KNOW

Land Acknowledgement

NJSACC recognizes that the land now known as New Jersey has been home to the Lenape for over 14,000 years. The removal and forced displacement of Indigenous communities by European colonizers resulted in a historic diaspora. Some tribal nations, officially recognized by the state, maintain communities that still thrive in the state today. For federally-recognized tribal nations and First Nations located in other parts of North America, New Jersey and the greater mid-Atlantic region is an ancestral homeland.

NJ Workforce Registry Requirements

You must have a NJ Workforce Registry ID Number in order to register for the conference. The process is simple and will take a few minutes of your time. Visit www.njccis.com to sign up or log in. Once you're registered and logged in, on the *Profile* page, click *Print Membership Card* to see your ID number. If you have a technical question about the NJ Workforce Registry, please call PCG at: 1-877-522-1050 or email them at: njworkforceregistry@pcgus.com. Not required for non-New Jersey residents.

Conference Accommodations

NJSACC encourages all people to participate in its workshops, programs and activities.

If you have any dietary restrictions, anticipate needing any type of accommodation while attending the conference or have questions about the physical access provided, please call the NJSACC office at: 908-789-0259 in advance of your participation.

IMPORTANT INFORMATION: MAKE THE MOST OF YOUR CONFERENCE EXPERIENCE!

- **EACH attendee must have their own NJ Workforce Registry ID Number to register for the conference. Not required for non-New Jersey residents.**
- **Registration is on a first-come, first-served basis. Workshops fill up quickly so register early! Last day to register is Friday, April 14, 2023.**
- **Invoices, receipts for payment and confirmation of registration will be available online only. If you need assistance registering, contact Jessica Heiberg at: 908-789-0259.**
- **Group registrations may be done online. The individual registering the group will be responsible for payment and communication to the group members. Each person will need to have their own NJ Workforce Registry ID Number.**
- **Registration fee includes continental breakfast, continuous break stations and a buffet lunch daily. Vegetarian options are always available.**
- **No registration refunds will be given after April 14, 2023. However, substitutions may be made at any time. Sorry, no exceptions will be made, regardless of whether or not you attend.**
- **If not paying online with a credit card, please mail check or PO with printout of online registration confirmation. Payment by mail MUST be received by April 14, 2023. Send to NJSACC, 208 Lenox Avenue #363, Westfield, NJ 07090.**
- **All conference participants will receive documentation of completed professional development hours. You must check into and out of your workshop sessions to receive credit. Certificates will be available in your profile on the Eventsquid website.**
- **The cut-off date to reserve a hotel room is Friday, April 14, 2023. See Accommodations on page 23.**
- **Conference questions? Please call NJSACC at: 908-789-0259.**
- **When you complete your registration, you will immediately receive a confirmation via email. If no confirmation is received, the registration is incomplete. Please call the NJSACC Office at: 908-789-0259 *immediately* so that we can assist you.**

AT THE CONFERENCE

- **WIFI will be available throughout the conference center.**
- **Please dress in layers as room temperature can fluctuate.**
- **Please be courteous to your presenters and fellow attendees as elevated noise levels can be disruptive during workshop sessions.**
- **Please put cell phones on silent or on vibrate.**
- **Workshops are selected when you register online. You must attend the workshops that are listed on your nametag, or you will be asked to leave the session. You will not receive credit for a workshop you are not registered for!**

While we at NJSACC love children and they are a driving force behind the work we do, children may not attend the conference. The conference is a professional development opportunity for adults, and as such, we respectfully request that you take this time to focus on you. If you do bring children, we must insist that you make other arrangements during conference hours. Children will not be permitted in the lunch area or in the workshops.





Finding the balance to a quality afterschool program is an ongoing process. NJSACC: New Jersey's Afterschool and Out-of-School Time (OST) Professional Network - with support from the C. S. Mott Foundation and the NJ Department of Education - convened a group of afterschool leaders to answer the question, "What does quality look like in an afterschool program?"

The NJ Quality Standards for Afterschool are organized into six categories:

- Administration
- Healthy Behavior: Nutrition and Physical Activity
- Human Relationships
- Safety and Environmental Health
- Indoor and Outdoor Environment
- Programming and Activities

The Standards for each category are numbered and in bold. The Standard Elements are listed under the bold heading with letters (a, b, c, etc.). The standard elements will help you understand how to interpret the standard and what the important things to look for are. On the following page you will see each category along with the icon that represents it. Below each Standard, you will see the workshops listed by number that fall under that category. Some workshops fall into more than one category and may be listed under multiple standards.

For more information on the **NJ Quality Standards for Afterschool** please visit our website at www.njsacc.org.

and **Core Knowledge** **COMPETENCIES**

for Afterschool and Youth Development Professionals

All professional societies share common characteristics. Among them are a body of knowledge and skills, culture, a code of ethics, and public recognition. The National Afterschool Association Core Knowledge and Competencies have been developed to enable afterschool and youth development practitioners to demonstrate expertise and gain a higher level of recognition within their communities. NJSACC has adopted these competencies for the afterschool workforce of New Jersey.

The conference workshops reflect the ideas and principles embodied by the Core Knowledge Competencies and the NJ Quality Standards for Afterschool. Here are the ten competency content areas:

- Child and Youth Growth and Development
- Learning Environment and Curriculum
- Child/Youth Observation and Assessment
- Interactions with Children and Youth
- Youth Engagement
- Cultural Competency and Responsiveness
- Family, School, and Community Relationships
- Safety and Wellness
- Program Planning and Development
- Professional Development and Leadership

Below you will find a listing of the workshops by number according to what categories they fall under in the NJ Quality Standards for Afterschool. Some workshops may be listed more than once if they fall into multiple categories. All conference workshops address school-age appropriate age ranges and multiple age group settings.



Administration

Friday 1, 6, 7, 11, 18, 19, 21, 24, 27

Saturday 31, 32, 41



Healthy Behavior

Friday 15, 20

Saturday 33, 45



Human Relationships

Friday 2, 3, 4, 8, 13, 16, 17, 22, 26

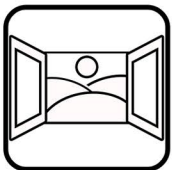
Saturday 29, 34, 35, 38, 45



Safety and Environmental Health

Friday 1, 21

Saturday 32, 42



Indoor/Outdoor Environment

Friday 1, 21

Saturday 32, 42



Programming and Activities

Friday 5, 9, 10, 12, 14, 22, 23, 25, 26

Saturday 28, 30, 36, 37, 39, 40, 43, 44, 46

RUTGERS

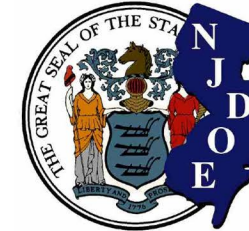
Southern Regional Child Care
Resource and Referral Agency



New Jersey 4-H



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and Civic Engagement



Partnerships



This conference is funded in part by the:

- NJ Department of Human Services, Division of Family Development as part of a Federal CCDF Block Grant Earmark
- Federal Elementary and Secondary Education Act, as amended by No Child Left Behind, Title IV, Part B, Nita M. Lowey 21st Century Community Learning Center (21st CCLC) grant funds through a grant agreement with the New Jersey Department of Education.



NJSACC is once again proud to bring you a selection of workshops from Kids Included Together.

Kids Included Together (KIT) is the national leader in disability inclusion and behavior support. KIT provides organizations the necessary tools and training to ensure that their programs are welcoming and accessible to the 1 in 6 children who have disabilities. By creating inclusive environments where no child is excluded, everyone benefits.

KIT was founded in San Diego in 1997, having grown out of a partnership between the San Diego Jewish Community Foundation and the Lawrence Family Jewish Community Center to increase inclusive programming. In the mid-2000s, KIT began to get national attention for its work promoting inclusive practices and in 2010 signed a contract with the Department of Defense to implement inclusion training in every military child and youth program throughout the world. Over the past 20 years, KIT has supported more than 600 organizations that represent community child and youth, state and national organizations, school districts, arts and recreation, and military child and youth programs in 48 states and 13 countries. KIT has trained over 100,000 people in more than 2,500 in-person training sessions, developed 156 online trainings, and completed over 3,300 coaching and consultations by phone.

KIT provides best-in-class training and technical assistance through job-embedded professional development, on-going coaching and consulting. KIT's areas of expertise include accommodations and program modifications, behavior support, assistive technology, social-emotional learning, communication with families, the laws supporting inclusion and more. KIT is simultaneously driving the national conversation on inclusion for child and youth programs while teaching inclusive practices on an international scale. As part of this national scope, KIT and the National Afterschool Association formally became partners in 2018 to advance disability inclusion in afterschool.

This year KIT will be presenting workshops on topics including fostering friendships, creating a bag of tricks, planning supports for youth with Autism Spectrum Disorder, and creating a culture of acceptance for tween and teens. If you'd like to learn more about how KIT can help you build disability inclusion capacity at your organization, visit www.kit.org.

NJSACC thanks all of its generous sponsors!



*Executive Search
Nonprofit Leadership
& Board Performance*

DCM Associates are experts in nonprofit leadership executive search and board and nonprofit leadership coaching. Its founder and chairman, Dennis C. Miller, is a nationally recognized strategic leadership coach and executive search consultant with more than thirty-five years of experience working with nonprofit board leadership and chief executives across the country. He is also an expert in board governance, leadership development, philanthropy and organization-wide succession planning.

Click to learn more at:
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As education agencies across the country implement plans to support and re-engage students, families, and schools amidst the ongoing COVID-19 pandemic, Public Consulting Group (PCG) is proud to offer integrated solutions that empower districts to meet the diverse needs—both basic and complex—of their learning communities. Guided by our strong commitment to diversity, equity, and inclusion, we work closely with our education partners to promote successful outcomes for all students.

Click to learn more at:
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RUTGERS
UNIVERSITY | CAMDEN

Division of Diversity, Inclusion,
and Civic Engagement

The Office of Civic Engagement connects Rutgers University-Camden to communities beyond the campus.

Working with community partners, we support efforts to meet the challenges facing our host city, county, and region through engaged civic learning, volunteerism and service, community-based research, and integrated efforts and partnerships.

Click to learn more at:
camden.rutgers.edu/new/civic-engagement

Sponsors



PERFORMANCE

We all know that when you work in afterschool, sometimes you have to improvise and work with what you've got. That's what this performance is all about! Four lively performers from Freestyle Repertory Theatre show that using language creatively, building upon the ideas of others, and working as a team, is fun! Through demonstration and participation, participants will engage in a series of ever-changing improvised theatre games, and you might be part of the action! Audience members help by making suggestions and volunteering to help act out the different scenarios. You won't want to miss out on the fun!



SHOWCASE ALLEY

Friday, April 28, 2023

11:30am - 12:30pm

Showcase Alley is our exciting vendors fair held during Day 1 of the conference. Everyone come join in the fun!

There will be gift baskets displayed throughout Showcase Alley that you could win. Come see the vendors and drop your tickets for a chance to win prizes!

Please remember, whether you decide to eat first or visit the vendors first, this is the only time to drop your tickets so don't miss out on your chance!



**Friday Session 1
9:45am - 11:15am**

1. All You Need to Know About Licensing

Are you thinking about starting an afterschool program? Maybe you already run a program but just have some questions about regulations. Staff from the Office of Licensing are here to help you by presenting the most current information available on licensing regulations and answering all of your licensing questions.

Staff, Office of Licensing, Trenton

2. Team Building for School Age Staff and Kids

Always valuable, teambuilding with your staff teams and school age kids is now more important than ever! Join NJSACC's quality coaches for this hands-on workshop where we'll share and explore lots of fun, interactive, reflective team building activities that strengthen and build bonds, communication, and support. Come dressed to play and have fun!

Arlyn Jimenez, NJSACC Quality Coach, NJSACC, Westfield

Patricia Pugliese, Technical Assistance Specialist, NJSACC, Westfield

Dagmar Wojcik, Quality Team Director, NJSACC, Westfield

3. Diversity, Equity, Inclusion and Me

In this workshop we will explore how to understand diversity by looking inward to share what is seen outward. We will examine the many components of the diversity wheel and how it applies to the youth and families we serve in out of school time. Participants will be able to share the diversity wheel with their staff teams that work directly with youth as a method to bring sensitivity and understanding to their staff teams as well as help to form a baseline of cultural understanding.

Corrien Elmore-Stratton, Vision Formation LLC, Cherry Hill

4. Tips, Tricks, Tools – Strategies for Training Adult Staff

This workshop is most appropriate for staff supervisors, trainers, and resource specialists. Although the ultimate goal is to support children and youth in inclusive school-age programs, we achieve it by empowering the adult staff and providers through quality training. Learn tips for gathering information about the adult learner's interests and needs, tricks for navigating challenging conversations and interactions, and tools to strengthen your presentation and coaching skills. Participants will have the opportunity to reflect on their own experiences within engaging group activities, and will leave with new resources for their training and coaching toolboxes.

Phillip Collazo, MSED, CYT, Education and Training Specialist, Kids Included Together, Fort Lauderdale, FL

5. Equity in Afterschool STEM: Strategies and Resources

This session will help afterschool educators consider and address equity in their science technology, engineering, and mathematics (STEM) programs and activities. Presenters will provide an overview of girls and women's experiences and representation in STEM in the U.S. and engage participants in a discussion of opportunities for afterschool programs to encourage girls in STEM. Participants will learn concrete strategies to incorporate into their work, resources to support their programs, and share their knowledge and experience in small group discussions with their peers.

Karen Peterson, CEO, National Girls Collaborative Project, Seattle, WA

Amanda Sullivan, Senior Program Developer, National Girls Collaborative Project, Seattle, WA

Nancy Scales-Coddington, Director of Strategic Partnerships, National Girls Collaborative Project, Seattle, WA

6. So Much Money, So Little Time: How one district utilized ESSER III funds to provide Afterschool for All

Districts small and large are strategically budgeting their COVID relief funds to ensure they maximize their students' outcomes by the September 2024 deadline but how exactly are districts choosing to spend this money? Join us to discuss how East Orange Public School District was able to utilize collaborative solutions to grapple with learning loss, increase accelerated learning opportunities to all district students through OST programming and how cross-sector partnerships can drive actionable decision-making.

*Tyneisha Gibbs, Director of Expanded Learning Opportunities, NJSACC, Westfield
Dr. Dawn Stokes-Tyler, Instructional Coach, East Orange School District, East Orange
Assistant Superintendent, East Orange Public School District, East Orange*

7. Welcoming Families: The Pathway to Increase Connection Opportunities

Welcoming families into your program starts the moment you advertise your program to your community. Honoring the relationship-building process, this training will provide you the opportunity to review your NJ Quality Standards for Afterschool to ensure culturally responsive practices to support diverse family needs. The session will also provide a sharing conversation how your program promotes family engagement. In this workshop we will: describe how the NJ Quality Standards for Afterschool include family engagement indicators, examine how your program's current policies enhance family engagement and use program sharing to examine best practices and new strategies to advance a culturally responsive program for your families.

Beverly Ramos, Lead Trainer, Rutgers Southern Regional Child Care Resource & Referral Agency, Woodbury

8. Supporting Students Coping with Loss: A Guide for Afterschool Caregivers

Loss comes in many different forms. It can be challenging to know how to best support the children in our programs who are struggling. In this workshop, participants will learn and be able to: Those who attend will be able to: 1. Define resilience, loss, grief and mourning 2. Describe the impact of grief on development, learning and student behavior 3. Identify ways that children and teens experience grief differently than adults 4. Use the companioning model and skills to support grieving youth.

Veronica Ortiz, Training and Education Director, Imagine, Mountainside

9. 4-H STEM Challenge: Explorers of the Deep

With the Explorers of the Deep 4-H STEM Challenge, participants learn ways to work with students to uncover some of the mysteries and adventures of ocean exploration. The session is developed with instructors in mind, and will cover ways to teach students to learn how to use science, technology, engineering, and math (STEM) to explore Earth's Ocean and how it relates to all life on the planet.

*Janice McDonnell, NJ State 4-H Science, Engineering and Technology Agent, Monmouth County 4-H Agent, New Brunswick
Matthew Newman, NJ State 4-H Science, Engineering and Technology Agent, Essex County 4-H Agent and Monmouth County 4-H Agent, Freehold*



10. Effective Activity Planning

Are the kids in your school age program engaged? Did you know that having thoughtfully planned activities and positive behavior go hand in hand? In this hands-on workshop, we'll review the components of effective activity plans, including ways to develop clear learning objectives, apportion time, incorporate different learning styles, and keep youth engaged. Activity plan templates, curriculum resources, and organizational planning tools will be provided. Appropriate for all levels of staff.

Patricia Pugliese, NJSACC Technical Assistance Specialist, NJSACC, Westfield

11. What's the Bottom Line? Budgeting strategies for Afterschool Programs

What is the all in cost to run your afterschool program? In order for your program to be successful, you need to have a firm grip on all of your expenses from staff and rent all the way down to toner for the copier. This session will help you learn to budget effectively, especially during difficult times.

Suad Gacham, NJSACC Board Member, Director of School Based Services, Jewish Family & Children's Services of Northern NJ/Club Ed, Teaneck

12. Skillfully Working with People with Developmental Disabilities

How inclusive is your program for youth with developmental disabilities?

Participants in this workshop will expand their knowledge of common developmental disabilities and learn strategies to build accommodating programs to better engage individuals in programs. This workshop is an overview of the Developmental Disabilities Training Series developed by Rutgers Cooperative Extension.

Kelly Dziak, Morris County 4-H Agent, Rutgers Cooperative Extension, Morristown

13. Responding to Unsafe Behavior

In this workshop, we'll explore different characteristics of children who use unsafe behavior, the underlying influences on those behaviors, and how our own perceptions can influence our responses. We'll look at options for interpreting and responding to behavior in new and effective ways.

Phillip Collazo, MEd, CYT, Education and Training Specialist, Kids Included Together, Fort Lauderdale, FL

14. Girls Just Want to Have Fun

This session will create a context for the necessity of creating gender equitable learning opportunities in STEM.

Participants will engage in FUN, hands-on, minds-on gender-equitable math activities that reach and engage students from the group most underrepresented in science—Girls! Strategies for supporting a positive math identity while addressing the standards will be discussed. Participants will: Learn about and experience activities from a gender equitable curricula, learn strategies to engage girls in math learning, experience fun math activities that level the playing field, learn about additional resources to support math programming. We will discuss: Math activities that support a positive math identity, equity activities that demonstrate strategies for leveling the playing field, brief PowerPoint on best practices in math programming, hand-outs on evaluation of math programming for girls and how to identify resources for support.

Maryann Stimmer, Senior Technical Advisor, STEM Programs, FHI360, New York, NY

15. 4-H Fuels Wellness with Mindfulness Practices

Using Iowa State University Extension's Mindful Teen curriculum, participants will be introduced to mindfulness and breathing as a foundational practice to manage stress and overall well-being. Content can be used for self-management or for application to your afterschool program and youth of all ages.

Sharon Kinsey, Camden County 4-H Agent, Cooperative Extension of Camden County, 4-H Rutgers New Jersey Agricultural Experiment Station, Cherry Hill

16. How Should We Understand Implicit Bias?

Staff and students alike enter educational spaces with their own unique perspectives. However, due to the history of experiences of various peoples as well as the history of society as we know it, biases can impact how we view one another. Implicit bias training seeks to help people not view others with bias. However, such trainings are lacking in the way of addressing matters of systemic racism and white supremacy and how those things show up in education spaces like afterschool programs.

This workshop is designed to provide both an understanding on what implicit bias means and how to address it when you see it happening.

Randy Miller, Training Consultant, NJSACC, Westfield

17. Understanding the Impact of Stress on Behavior and the Role We Can Play by Loaning Our Calm

Stress is the underlying cause of many challenging behaviors. This is true for children with and without identified special needs, as well as for adults. In this workshop we will check in with ourselves and explore how we may become a source of calm for the children in our care. We will focus on the Human Relationships category of the NJ Quality Standards for Aftercare specifically examining how staff can relate to all youth in positive ways (Standard 26) and how staff can respond appropriately to the individual needs, and stressors, of all youth (Standard 27).

Corinne G. Catalano, Ph.D., IMH-E, Montclair State University Center for Autism and Early Childhood Mental Health, Montclair

18. Using Collective Impact to Define Quality SEL Programming for Students in New Jersey

Social emotional learning (SEL) is an important component of a child's education in and out of school, especially post-pandemic.

Schools and afterschool programs are frequently tasked with providing high quality SEL programs and services to young people. Often overlooked players in the SEL ecosystem are program providers that are contracted to work in school and districts to bring their expertise from fields such as mental health, social work and youth mentoring. Partnerships between schools and external SEL providers can be challenging, especially for practitioners from fields outside of education. This session shares results of recent efforts by a collective group of organizations across the state, under the umbrella of SEL4NJ and led by the Newark Trust for Education, to outline basic definitions of high quality program provider partnerships that will help school and providers create relationships that lead to clear results for students. Following a brief presentation, there will be an interactive conversation about implications for the afterschool space and an opportunity for participants to provide input into the next iteration of the work.

*Stephanie Parry, Director, P-12 Education, Newark Trust for Education, Chair, SEL4NJ SPQI Workgroup, Newark
Member Representative, SEL4NJ SPQI Workgroup, Newark*

19. The Ins and Outs of Grant Writing

A well written grant can make your application stand out from the pack. When a funding opportunity presents itself, you want to be poised to give your program the best shot at getting that award letter! This workshop will walk you through the steps you can take to ensure that you are submitting the best proposal you can to increase your chances of success.

Anne Thompson, NJSACC Board Member, Laurus Grant Writing & Evaluation Services, LLC, Madison

20. Feeding Your Children Through the New Jersey Child Nutrition Programs

Would you like to receive funding to serve healthy meals to children attending your infant, preschool or afterschool program? Could your summer program be enriched by providing meals to children during the summer months when school is out? Federal funding is available through state-administered New Jersey Department of Agriculture Child Nutrition Programs. Infant and Preschool programs can serve breakfast, lunch, and snack. Afterschool programs can serve a dinner and snack every school day and even on Saturdays.

During the summer months, a child can receive a breakfast and a lunch at your program to ensure proper nutrition continues through the summer, so when school begins children are ready to learn. Come find out about the Child Nutrition Programs available in New Jersey and how easy it is to become a sponsor or site.

Staff Member, Child and Adult Care Food Program, New Jersey Department of Agriculture, Trenton
Staff Member, Summer Food Service Program, New Jersey Department of Agriculture, Trenton

21. The New Jersey Quality Standards for Afterschool (NJQSA)

Now even more user friendly and updated with a stronger sense of diversity, equity, inclusion, and belonging, come learn hands on how our latest version of the New Jersey Quality Standards for Afterschool (NJQSA) can help guide your program to be the best that it can be! This easy to use tool helps school age leaders explore the strengths of their program in six core areas:

Administration; Human Relationships; Safety and Environmental Health; Indoor and Outdoor Environment; Programming and Activities; and Healthy Behavior: Nutrition and Physical Activity; and provides guidelines on how to use this towards developing, building, and strengthening high quality programs and best practice.

Sarah Cruz, Director of Special Projects, NJSACC, Westfield

22. Disability Inclusion: Start Here

Including children with disabilities in school age programs can be very challenging, but nothing is more rewarding than witnessing a child make a friend, enjoy a game, or experience an accomplishment. This training is designed to help staff explore thoughts and feelings about disability inclusion, understand socially responsible language, and make a plan to overcome inclusion barriers in your program.

Phillip Collazo, MEd, CYT, Education and Training Specialist, Kids Included Together, Fort Lauderdale, FL

23. Diverse STEM Role Models: Creating a Meaningful Role Model Experience

Engagement with diverse STEM role models is a key strategy to encourage youth's participation in STEM opportunities and identification with STEM, especially girls and other youth who have been historically excluded from STEM. This workshop will introduce research-based strategies for planning a role model experience, including how to recruit diverse role models and best practices for integrating role models into programming. Participants will have time to reflect on and brainstorm how to apply the learnings to their work.

Karen Peterson, CEO, National Girls Collaborative Project

Amanda Sullivan, Senior Program Developer, National Girls Collaborative Project

Nancy Scales-Coddington, Director of Strategic Partnerships, National Girls Collaborative Project

24. The Rutgers Positive Youth Development Course for Paraprofessionals

This workshop will share the outline and overview of a proposed 15-hour PYD Course offered by the Rutgers Office of Continuing Professional Education for paraprofessionals who work in school and/or afterschool settings who have a GED or high school diploma.

The goals of the course are to increase the minimum basic skills/competencies as well as build the confidence of frontline workers and aids working directly with youth. Sessions for the course include ages and stages of youth development, the essential elements of youth development, the developmental assets, setting limits, nurturing empathy & understanding: diversity & inclusion, dealing with defensive behaviors, rational detachment, generational differences, character education, and more.

Alayne Torretta, Warren County 4-H Agent, Cooperative Extension of Warren County Rutgers New Jersey Agricultural Experiment Station, Belvidere

25. Travel the World through Ethnic Foods

Teach diversity and inclusion with recipes for delicious dishes that represent peoples and places from around the world. This fun filled program includes geography, math, language and creative arts all rolled up into kitchen science.

Virginia Krzyzanowski, Monmouth County 4-H Program Associate, Cooperative Extension of Monmouth County, Rutgers New Jersey Agricultural Experiment Station, Freehold

26. Addressing Mental Health Through Social Emotional Learning

Participants in afterschool and out-of-time programs are not exempt from the challenges deriving from matters of mental health. Issues of mental health confronted by students can impact their academic performance, their relationships and overall well-being. This workshop is designed to provide knowledge as to how matters of mental health can negatively impact students while also providing directors and staff with tools and strategies on how to work with students to address mental health issues via social emotional learning, in the context of afterschool programming.

Randy Miller, Training Consultant, NJSACC, Westfield

27. Designing Jobs That Support Program Quality

Quality programs rely on a stable workforce of skilled professionals. Together, we must design quality jobs and provide supports to develop and sustain the OST workforce. In this session, participants will review NAA's Thriving OST Workforce Initiative, discuss the Job Design Framework, and collaborate to design jobs that support program quality.

Angelica Portillo, Director of Advocacy and Workforce Initiatives, National Afterschool Association (NAA), Dallas, TX

28. Bring on the Fun with Games for Everyone!

There are so many obligations in a child's school day, so bring on the fun in out-of-school-time! This workshop is a quick "how to" on choosing and delivering a variety of games that bring out the best in a group of kids. Most where no one is eliminated; many with limited materials; all active, engaging, and fun. Please come prepared to play in this interactive, hands on workshop.

Dagmar Wojcik, NJSACC Quality Team Director, NJSACC

29. Planning Support for Youth with Autism Spectrum Disorder (SAT)

Autism Spectrum Disorder impacts the developmental skills of children and youth in a variety of ways that can impact their participation and relationships. Although no two children on the Spectrum are exactly alike, participants will learn practical strategies for supporting neuro-diverse youth in all out-of-school programs. This workshop will explore strategies to support social interactions, communication, and sensory processing needs.

Phillip Collazo, MEd, CYT, Education and Training Specialist, Kids Included Together, Fort Lauderdale, FL

30. STEM: Developing an Engineering Mindset in Youth

To create a generation of innovative problem solvers that will shape their world, we need to encourage youth to engage in engineering activities. This hands-on session introduces engineering mindset, how youth can start to think like engineers, and why it is beneficial to develop an engineering mindset in youth. Participants will engage in an engineering activity and consider how they can incorporate learning experiences that foster an engineering mindset.

Shannon McManus, Independent STEM education consultant and Adjunct Clinical Faculty at the University of Notre Dame

31. Advancing Your Afterschool Career: How to Reach the Next Level in Our Field

Are you contemplating how to navigate the next steps of your career? Did you know there is a whole field of afterschool professions? In this workshop, participants will learn about the various careers in the field of afterschool and the paths to obtain those positions. Individuals will leave having created a personal professional development plan to submit to their supervisors.

Tyneisha K. Gibbs, Director of Expanded Learning Opportunities, NJSACC, Westfield

32. The New Jersey Quality Standards for Afterschool (NJQSA)

Now even more user friendly and updated with a stronger sense of diversity, equity, inclusion, and belonging, come learn hands on how our latest version of the New Jersey Quality Standards for Afterschool (NJQSA) can help guide your program to be the best that it can be! This easy to use tool helps school age leaders explore the strengths of their program in six core areas: Administration; Human Relationships; Safety and Environmental Health; Indoor and Outdoor Environment; Programming and Activities; and Healthy Behavior: Nutrition and Physical Activity; and provides guidelines on how to use this towards developing, building, and strengthening high quality programs and best practice.

Sarah Cruz, Director of Special Projects, NJSACC, Westfield

33. Emotional Wellness: What I Can and Can't Control

Everything can't be all fun and games all of the time. We are human and sometimes our emotions get the best of us. This workshop will explore how emotions, both positive and negative, help us evaluate and respond to different situations and why a balance of emotions is key to our emotional wellness.

Kimberly Crenshaw, Site Coordinator, Willingboro Before/After School Program, Willingboro Public Schools, Willingboro

34. Being a support for transgender and gender expansive children

This workshop reviews the respectful terminology regarding sexual orientation and gender identity as well as the distinction between them, focusing on the definition of terms related to gender identity. We will look at recommendations addressed to programs serving school-age children for creating a safe and welcoming climate for all who are affected by gender identity concerns. Practical tips for enacting the recommendations as well as library resources, supports for parents, and further sources for staff learning will be included.

Carol Watchler, Community Outreach Coordinator, Bayard Rustin Center for Social Justice, Princeton Junction

35. Incorporating SEL into Afterschool Planning

Social and emotional learning (SEL) is an integral part of education and human development. Afterschool programs that promote SEL have a positive impact on a wide range of student outcomes, like academic performance, attendance, healthy relationships, mental wellness and more. In this workshop, we will explore concrete and scalable ways to cultivate authentic school-family-afterschool community partnerships and incorporate SEL into afterschool planning.

Erika Kelley, CEO & Principal Consultant, Sage Horizons, LLC

36. Project Based Art Experiences: Inspiring Spontaneous, Self-Directed Play

Join us for this hands-on workshop where we'll explore how to create safe spaces and project options for school-age youth of all ages to experience art making and personal expression as judgment free, exploratory, experimental, inspiring, spontaneous, self-directed, playful, and fun.

Kris Tucker, NJSACC Consultant, NJSACC, Westfield



37. 21st Century Afterschool Science Project (21st CASP)

Explore water and water ecosystems in this hands-on sampler of activities to be found in CASP's free, inquiry based, science curriculum that's fun for all school age programs. This is a great STEM resource to add to your afterschool program to engage staff and students in the wonders of science!

Arlyn Jimenez, NJSACC Quality Coach, NJSACC, Westfield

38. Using Group Process to Include Tweens & Teens in Summer Programs

Planning summer camp activities that tweens and teens want to participate in can be a challenge. In this workshop, participants will have the chance to practice group process strategies that strengthen social interactions, team work, and capture the interests of their children/youth. Join us for a fun group activity that helps participants use creative brainstorming, categorizing, and expanding strategies to strengthen inclusive summer camp programming.

Phillip Collazo, MSED, CYT, Education and Training Specialist, Kids Included Together, Fort Lauderdale, FL

39. High Quality STEM: Using Engineering Activities to Engage All Youth

Engineering activities can be fun and engaging for youth, but not all activities offer authentic and meaningful opportunities that allow youth to develop problem solving skills and a STEM identity. In this session, we will analyze various engineering activities and consider lesson characteristics that invite all learners to participate and engage in robust STEM experiences. Participants will leave with an understanding of what high-quality STEM activities look like, why they are important for youth, and how we can bring these opportunities to our settings.

Shannon McManus, Independent STEM education consultant and Adjunct Clinical Faculty at the University of Notre Dame

40. It's All Fun and Games: Successfully Incorporating Physical Fitness in Your OST Program

Providing an engaging physical fitness program in your Out of School Time program is a critical element in the balanced development of today's youth. The general trend toward "screen time" entertainment means students have a shorter attention span and more options to entertain themselves without movement. This workshop is aimed at providing options to overcoming some of the challenges programs may face in providing physical education programming given their resources (time, space, equipment, etc.).

We will explore strategies and options that can make a difference in any program, whether just starting out or operating for years.

TJ Coakley, BS, MBA, CPT, NJSACC Board Member, Co-Owner, Harrison Kids and Fun and Fit Aftercare, Mullica Hill

41. Creating a Thriving OST Workforce

Over the last 20 years, progress has been made in research, practice, and policies related to program quality. Yet, workforce stability, recruitment, and retention of direct service workers continues to be a challenge. As the professional association for the field, NAA's mission is to create a strong and valued profession; join this session to learn about NAA's Thriving OST Workforce Initiative.

Angelica Portillo, Director of Advocacy and Workforce Initiatives, National Afterschool Association (NAA), Dallas, TX

Saturday Session 2 (cont'd) 12:30pm - 1:45pm

42. The ABCs of Playground Safety

In this engaging, newly updated workshop, learn how to properly analyze playgrounds for potential problems and hazards; recognize unsafe play; effectively monitor play areas; develop methods of communication for use in emergency situations; and learn how to develop an effective supervision plan to reduce injuries and promote safe play.

Joyce Fircha, Director of Recreation, Edison Recreation, Edison

43. Math is for Everyone (And it's Fun and Free!)

Looking for fun activities to engage youth in Math? Bedtime Math Foundation offers a free series of engaging activities that foster Math identity while providing fun hands-on experiences. Participants in this active session will experience sample activities and will be eligible to receive materials for your students faster.

Mike MacEwan, Training Consultant, NJSACC, Westfield

44. But I Don't Want to Read!

We've all heard it. No matter what grade, sometimes our kids don't want (or like) to read. In this session, we'll talk about fun ways to build critical literacy skills in grades K-3. You'll walk away with engaging resources and ideas that will have your kids loving literacy time.

Tania Lazar, Consultant, NJSACC, Westfield

45. Adult SEL Comes First: The positive impact adult SEL skills can have on classrooms, colleagues and the community.

This session will explore the importance of adults "walking the talk" and modeling SEL skills throughout their interactions with others. Included will be an opportunity to take a SEL skill self-assessment, examples of what strong adult SEL skills look like in the classroom and beyond, as well as tips and tools to implementing a trauma-informed, strengths-based, approach to your daily practice.

Examples will be shared on how one can develop and practice SEL skills and how this can have a significant positive impact on all interactions with others whether students, colleagues and parents.

Patricia Heindel, Ph.D., Dean of the College of Professional Studies and Professor of Psychology, Director, Center for Human and Social Development, Co-Director, School Culture and Climate Initiative & Academy for Social-Emotional Learning, Saint Elizabeth University, Morristown

Christy Biedron, Director of Education, Junior Achievement of New Jersey, Edison

Saturday Session 3 2:00pm - 3:15pm

46. Get Ready to Get Creative and Bring the Music!

Come wrap up the conference in this fun and interactive workshop! Project Gametime is ready to bring the fun with this workshop that strengthens composition, collaboration and performance skills! Participants will divide into teams, create their own hip hop song, using elements of hip hop song writing. Participants will have access to backing tracks (instrumentals), end rhymes, metaphors and similes for inspiration. Groups will then display their very own "Commercial Hit Song" in a concert format. You don't want to miss this!

*The Project Gametime Crew
Kenrick "Rick" Wagner, Founder & Facilitator
Roger Redhead, Lead Facilitator
Tyhiem Floyd, Program Manager
The Untouchable DJ Fame, Director of Sound*

YOUR CONFERENCE ROAD MAP – REGISTRATION ONLINE ONLY

Friday Session 1: 9:45am - 11:15am

1. All You Need to Know About Licensing
2. Team Building for School Age Staff & Kids
3. Diversity, Equity, Inclusion and Me
4. Tips, Tricks, Tools – Strategies for Training Adult Staff
5. Equity in Afterschool STEM: Strategies and Resources
6. So Much Money, So Little Time: How one district utilized ESSER III funds
7. Welcoming Families: The Pathway to Increase Connection Opportunities
8. Supporting Students Coping with Loss: A Guide for Afterschool Caregivers
9. 4-H STEM Challenge: Explorers of the Deep

Friday Session 2: 12:45pm - 2:15pm

10. Effective Activity Planning
11. What's the Bottom Line? Budgeting strategies for Afterschool Programs
12. Skillfully Working with People with Developmental Disabilities
13. Responding to Unsafe Behavior
14. Girls Just Want to Have Fun
15. 4-H Fuels Wellness with Mindfulness Practices
16. How Should We Understand Implicit Bias?
17. Understanding the Impact of Stress on Behavior and the Role We Can Play by Loaning Our Calm

18. Using Collective Impact to Define Quality SEL Programming for Students in New Jersey

Friday Session 3: 2:30pm - 3:45pm

19. The Ins and Outs of Grant Writing
20. Feeding Your Children Through the New Jersey Child Nutrition Programs
21. The New Jersey Quality Standards for Afterschool (NJQSA)
22. Disability Inclusion: Start Here
23. Diverse STEM Role Models: Creating a meaningful role model experience
24. The Rutgers Positive Youth Development Course for Paraprofessionals
25. Travel the World through Ethnic Foods
26. Addressing Mental Health Through Social Emotional Learning
27. Designing Jobs That Support Program Quality

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42. The ABCs of Playground Safety
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CONFERENCE FEES

\$299 / 2 days

\$189 / 1 day

Conference Location and Accommodations:

The Marriott Princeton Hotel and Conference Center at Forrestal
100 College Road East, Princeton, NJ 08540

HOTEL ACCOMMODATIONS

Room Rates: \$139 per night (single) / \$149 per night (double)

Reservations must be made by individual attendees directly with Marriott reservations at (800) 228-9290 or (609) 452-7800.

Room reservations must be made on or before Friday, April 14, 2023. When you call make sure to mention the NJSACC Conference and the dates of the conference in order to receive the conference rate.

DIRECTIONS

From Northern New Jersey:

- Take the Garden State Parkway South to Exit 130, Route 1 South.
- Take Route 1 South approximately 22 miles to College Road East.
- Take College Road East, Marriott Princeton is the second driveway on your right.

OR

- Take the New Jersey Turnpike South to Exit 9 - New Brunswick.
- Follow Route 18 North for approximately 1/4 mile to Route 1 South.
- Take Route 1 South approximately 13 miles to College Road East.
- Take College Road East, Marriott Princeton is the second driveway on your right.

From Southern New Jersey:

- Follow I-295 North to Route 1 North (Exit 67).
- Take Route 1 North for approximately 6.5 miles to College Road East.
- Exit right on College Road East, Marriott Princeton is the second driveway on your right.

From Philadelphia (50 miles):

- Follow I-95 North into New Jersey to Route 1 North (Exit 67).
- Take Route 1 North for approximately 6.5 miles to College Road East.
- Exit right on College Road East, Marriott Princeton is the second driveway on your right.

If you get lost along the way, call the Marriott at: 609-452-7800 ext. 5180. Marriott Guest Services staff will be happy to assist you.



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