

Guiding Questions for Facilitated Discussions with Staff and Youth

Facilitation questions to lead discussions with staff.

How many of you felt anxious, depressed, or overwhelmingness during this pandemic?
What were some of the things you did to assist you to feel more calm or more positive?
Were you able to connect with others?
Did you suffer personal losses?
Did you have a happy event occur (babies, wedding, graduations) during this pandemic?
What were your feelings during those sad and or happy times?
How many of you felt anxious, depressed, or overwhelmingness during this pandemic?
How does external and internal asset inform educators and staff when interacting with children and students?

Facilitation questions to lead discussions with youth.

Which community youth volunteer program do you like to participate?
In what ways you can increase awarness about social justice, ethnicity and race, bias, bullying at your school community?
In what ways high school students can celebrate cultural diversity inside and outside of the school community?
What were your good and bad moments during COVID-19 pandemic?
In what service learning and planning project do you like to participate?
How did you manage when you were sad, stressed, angry and worried during social isolation?
Who was the person that was able to help you with your feelings?

