



Hungry? Get Help.

From babies to the elderly, people who live in New Jersey may be able to get help from programs that provide money to buy food or that serve free meals.

This includes:

- SNAP (aka food stamps)
- WIC (For pregnant women and young children)
- School Meals
- Afterschool Meals
- Summer Meals
- Food for Children in Child Care
- Meals for Seniors

A Program of
Center for Food Action

**Hunger Free
New Jersey**

Fueling Change. Feeding All.

Learn more at
hungerfreenj.org/help/