

NJSACC PRESENTS: NEW JERSEY'S  
ANNUAL CONFERENCE ON AFTERSCHOOL  
**STRENGTHENING  
TOMORROW'S  
LEADERS!**



**NOVEMBER 16-17, 2018**







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The mission of the New Jersey School-Age Care Coalition (NJSACC) is to promote and support the development, continuity and expansion of quality programs for children and youth during out-of-school time.



**THE STATEWIDE NETWORK FOR  
NEW JERSEY'S  
AFTERSCHOOL COMMUNITIES**

Greetings,

Strengthening Tomorrow's Leaders is the theme for this year's Annual Afterschool Conference.

Good news: Leadership skills can be learned!

Afterschool programs support youth in developing the ability to analyze their own strengths and weaknesses, set personal and professional goals, and have the self-esteem, confidence, motivation, and abilities to carry them out. Your afterschool program mentors, guides, and trains youth to become dynamic future leaders. Your program can provide opportunities for youth to learn to manage time, work in a team setting, set goals and start conversations, all of which are positive life skills that they will carry into adulthood.

Come to the conference and take advantage of the 54 workshops, networking and learning how to hone your skills in preparing youth to become our future leaders.

See you in November.

Diane Genco  
Executive Director  
NJSACC

**Conference at a Glance**

**Friday, November 16, 2018**

<b>8:00 am - 9:00 am</b>	<b>Registration Begins &amp; Continental Breakfast</b>
<b>9:00 am - 9:25 am</b>	<b>Opening Session</b>
<b>9:30 am - 11:00 am</b>	<b>Session 1</b>
<b>11:15 am - 1:00 pm</b>	<b>Showcase Alley and Lunch</b>
<b>1:15 pm - 2:45 pm</b>	<b>Session 2</b>
<b>3:00 pm - 4:30 pm</b>	<b>Session 3</b>

**Saturday, November 17, 2018**

<b>8:00 am - 9:00 am</b>	<b>Registration Begins &amp; Continental Breakfast</b>
<b>8:45 am - 9:30 am</b>	<b>The Human Jungle Gym</b>
<b>9:45 am - 11:45 am</b>	<b>Session 1</b>
<b>12:00 pm - 1:00 pm</b>	<b>Lunch</b>
<b>1:15 pm - 2:45 pm</b>	<b>Session 2</b>
<b>3:00 pm - 4:30 pm</b>	<b>Session 3</b>



**Welcome**



# IMPORTANT!!!

As of October 2017, the PINJ Registry has changed to the NJ Workforce Registry. Anyone who was in the PINJ registry will be in the NJ Workforce Registry. All previous PINJ Registry ID's are still valid and are now known as NJ Workforce Registry ID's.

If you do not have a PINJ Registry ID you will need to get a NJ Workforce ID to attend NJSACC trainings. The process is simple and will take a few minutes of your time.

Please follow these steps to register in the NJ Workforce Registry:

1. Go to [www.njccis.com](http://www.njccis.com) and click Log In in the upper right hand corner of the screen.
2. On the next screen click Register in the gray bar that asks if you are a new user.
3. On the next screen fill in all the required information. It will ask you what you are requesting approval for. Please select either Director, ECE Assistant Teacher or ECE Teacher. Then click Register in the lower right hand corner.
4. You should receive an email to activate your account.
5. When you log in to your account, click on the Account tab and select Profile.
6. On the Profile page, click Print Membership Card to see your ID number. This is the number you will need to register for the conference and other training events. If you have a technical question about the NJ Workforce Registry please call PCG at 1-877-522-1050 or email them at [njworkforceregistry@pcgus.com](mailto:njworkforceregistry@pcgus.com).



## Important Information to Make the Most of Your Conference Experience

- You must have a NJ Work Force Registry ID Number to register for the conference. Not required for non-New Jersey resident.
- Registration is on a first-come, first-served basis. Workshops fill up quickly so register early! Last day to register is November 2, 2018.
- Invoices, receipts for payment and confirmations of registration will be available online only. If you need assistance in registering, contact Jessica Heiberg @ 908-789-0259.
- Group registrations may also be done online. The individual registering the group will be responsible for payment and communication to the group members. Each person will need to have a NJ Work Force Registry ID Number.
- Registration fee includes continental breakfast, continuous break stations and a buffet lunch daily. Vegetarian options are always available.
- No registration refunds will be given after November 2, 2018. However, substitutions may be made at any time. Sorry, no exceptions will be made, regardless of whether or not you attend.
- If not paying online with a credit card, please mail check or PO with printout of online registration confirmation. Payment by mail MUST be received by November 2, 2018. Send to NJSACC, 208 Lenox Avenue #363, Westfield, NJ 07090.
- All conference participants will receive documentation of completed professional development hours.
- The cut-off date to reserve a hotel room is Friday, November 2, 2018. See Accommodations on page 17.
- Conference questions? Please call NJSACC at 908-789-0259.
- When you complete your registration you will immediately receive a confirmation via email. If no confirmation is received, the registration is incomplete. Please call the NJSACC Office at 908-789-0259 immediately so that we can assist you.

## AT THE CONFERENCE

- WiFi is available in the lobby area only.
- Please dress in layers as room temperatures can fluctuate.
- Please be courteous to your presenters and fellow attendees as elevated noise levels can be disruptive during workshop sessions.
- Please put cell phones on silent or vibrate setting.
- Workshops are selected when you register online. You must attend the workshops that are listed on your nametag or you will be asked to leave the session.

While we at NJSACC love children and they are a driving force behind the work we do, children may not attend the conference. The conference is a professional development opportunity for adults, and as such, we respectfully request that you take this time to focus on you. If you do bring children, we must insist that you make other arrangements during conference hours. Children will not be permitted in the lunch area or in the workshops.







Finding the balance to a quality afterschool program is an ongoing process. NJSACC: The Statewide Network for NJ's Afterschool Communities - with support from the C. S. Mott Foundation and the NJ Department of Education - convened a group of afterschool leaders to answer the question, "What does quality look like in an afterschool program?"

The NJ Quality Standards for Afterschool are organized into seven categories:

- Administration
- Human Relationships
- Safety and Environmental Health
- Indoor and Outdoor Environment
- Programming and Activities
- Special Needs and the Whole Child
- Health Behavior: Nutrition and Physical Activity.

The Standards for each category are numbered and in bold. The Standard Elements are listed under the bold heading with letters (a, b, c, etc.). The standard elements will help you understand how to interpret the standard and what the important things to look for are. On the following page you will see each category along with the icon that represents it. Below each Standard you will see the workshops listed by number that fall under that category. Some workshops fall into more than one category and may be listed under multiple standards.

For more information on the **NJ Quality Standards for Afterschool** please visit our website at [www.njsacc.org](http://www.njsacc.org).

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## Core Knowledge and **COMPETENCIES** for Afterschool and Youth Development Professionals

All professional societies share common characteristics. Among them are a body of knowledge and skills, culture, a code of ethics, and public recognition. The NAA Core Knowledge and Competencies have been developed to enable afterschool and youth development practitioners to demonstrate expertise and gain a higher level of recognition within their communities. NJSACC has adopted these competencies for the afterschool workforce of New Jersey.

The conference workshops reflect the ideas and principles embodied by the Core Knowledge Competencies and the NJ Quality Standards for Afterschool.

Here are the ten competency content areas:

- Child and Youth Growth and Development
- Learning Environment and Curriculum
- Child/Youth Observation and Assessment
- Interactions with Children and Youth
- Youth Engagement
- Cultural Competency and Responsiveness
- Family, School, and Community Relationships
- Safety and Wellness
- Program Planning and Development
- Professional Development and Leadership



Below you will find a listing of the workshops by number according to what categories they fall under in the NJ Quality Standards for Afterschool. Some workshops may be listed more than once if they fall into multiple categories. An asterisk(\*) denotes a workshop that is relevant to Family Child Care providers.



**Administration**

**Friday: 2, 3, 4, 5, 8, 9, 10, 13, 15, 16, 20\*, 24**

**Saturday: 33, 36, 38\*, 39, 40, 47\*, 48, 52**



**Human Relationships**

**Friday: 4, 6, 8, 10, 12\*, 13, 14, 18, 24, 26**

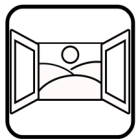
**Saturday: 29, 30, 32, 35, 37, 41, 44**



**Safety and Environmental Health**

**Friday: 3, 5,**

**Saturday: 42**



**Indoor/Outdoor Environment**

**Friday: 3, 6, 16**

**Saturday: 42, 43**



**Programming and Activities**

**Friday: 7, 11, 18, 21, 22, 23, 25, 26, 27**

**Saturday: 32\*, 41, 45, 49\*, 50, 51, 53, 54**



**Special Needs and the Whole Child**

**Friday: 1\*, 14\*, 18\*, 19\***

**Saturday: 28\*, 29\*, 31, 35\*, 37\*, 44, 46\***

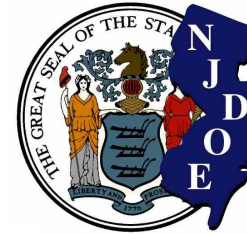


**Health Behavior**

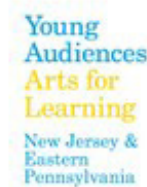
**Friday: 9**

**Saturday: 29, 34\***





A Center for Empathy, Empowerment, Social-Emotional Skills and Diversity Education



This conference is funded in part by the:

- NJ Department of Human Services, Division of Family Development as part of a Federal CCDF Block Grant Earmark
- Federal Elementary and Secondary Education Act, as amended (Title IV, Part B of No Child Left Behind), 21st Century Community Learning Centers grant funds awarded to the NJ Department of Education

Partnerships





Once again, NJSACC is pleased to bring you a series of workshops from Kids Included Together (KIT). Kids Included Together is a center of excellence on disability inclusion. KIT specialize in providing leadership, best practices, training and support to people and organizations who serve children.

In the mid 1990's, a woman named Theresa Woodard left a large bequest to the San Diego Jewish Community Foundation (JCF) with the instructions that it be used "to help children with disabilities." Marjory Kaplan, JCF CEO, decided to involve Gayle and Don Slate, new San Diego residents and parents of a child with cerebral palsy. Understanding the isolation faced by families who have children with disabilities, Gayle had a vision of helping this often overlooked group of people feel more connected to and included in their communities.

A partnership was established with the Lawrence Family Jewish Community Center (JCC) in San Diego to host an inclusive summer camp. Mary Shea was hired to create and direct the program. Mary was an experienced occupational therapist who had previously directed a three-year project at the San Diego State University Foundation, which was focused on inclusion and funded by the National Maternal and Child Health Bureau. While Gayle and Don gathered local support, Mary reached out to families of children with significant disabilities and trained the JCC staff. The program was so successful that in 1997, it became a separate nonprofit, with the mission to teach inclusive practices to child and youth programs throughout San Diego County. The KIT San Diego Affiliate program—generously funded by a variety of local corporations, foundations, and individual donors—served as a learning laboratory. Over 300 programs in San Diego County have implemented inclusive practices as a result.

In the early 2000's, word of the KIT mission began to spread beyond San Diego. Organizations from other states began asking how they could "get KIT in their community." KIT began to expand through an annual national conference on inclusion, out-of-state training, and online training programs. In 2010, KIT partnered with the Department of Defense to implement inclusion in every military child and youth program throughout the world. In 2013, KIT began work with the US Department of Education's 21st Century Community Learning Centers.

Today, KIT teaches over 20,000 learners a year, conducting training programs in 220 locations domestically and 49 internationally. KIT is simultaneously driving the national conversation on inclusion for child and youth programs while teaching inclusive practices on an international scale.





## The Human Jungle Gym

Prepare to be amazed! Combining acrobatic modern dance with clever choreography and jaw-dropping weight-sharing, these three performers create gravity-defying poses while exhibiting uncanny balance and spectacular feats of physical strength. Their unique dance vignettes highlight collective creativity, trust, and collaboration to demonstrate to students what real teamwork is all about.

## Showcase Alley Friday 11:15am – 1:00pm

Make sure to come and check out Showcase Alley and see what's happening! Everyone who attends on Friday will have time built into the day to go through Showcase Alley during the lunch break. Come see new vendors, new ideas and remember to bring your business cards along since this is a great chance to network. Also, if you have any questions about the New Jersey Workforce Registry, please stop by their table to speak with a representative. You have to be in it to win it! Don't forget that Showcase Alley is the **ONLY** chance for you to put your tickets in for a chance to win a prize basket! Every Friday registrant will have tickets in their name tag to enter to win the baskets.



Special Events



## Friday Session 1 9:30 am - 11:00 am

### 1. Helping Children and Youth Develop Coping Skills

There are many demands placed on children in school-age, middle school, or teen programs. Many youths have trouble managing stress in these group settings. This training covers different types of coping difficulties and how they apply to program settings. It focuses on teaching coping skills to youth in planned and everyday activities.

*Kathryn King, Business Development Manager, Kids Included Together (KIT), Washington, DC*

### 2. Grants 101

This workshop will provide attendees with tips for effectively writing and managing grants. Learn commonly used terminology, understand basic principles of the variety of funds available, explore writing strategies, avoid writing pitfalls, and more. Take home new insights into the fundamentals of grant writing and grant management.

*Haydee Perez-Livingston, Coordinator, Extended Educational Services Unit, Office of Student Support Services, New Jersey Department of Education, Trenton*

### 3. All You Need to Know About Licensing

Are you thinking about starting an afterschool program? Maybe you already run a program but just have some questions about regulations. Staff from the Office of Licensing are here to help by presenting the most current information available on licensing regulations and answering all of your licensing questions.

*Staff, Office of Licensing, Trenton*

### 4. Strengthening Our Expertise as Leaders and Coaches

The goal of this workshop is to grow our confidence as leaders and coaches. We will explore how communication, skilled dialogue, and optimistic framing contribute to your growth as a leader in the field of afterschool.

*Ellen Gannett, MS Ed, Director, NIOST, Wellesley, MA  
Diane Genco, MS Ed, Executive Director, NJSACC*

### 5. School Safety and Afterschool Programs

The workshop will consist of current trends in policies and procedures that have been presented to School Safety Specialists throughout New Jersey. Security exercises that will be addressed during this session will include Active Shooter, Bomb Threat, Evacuation (Non-Fire), Lockdowns, and Shelter-In-Place. It will focus on how to address these exercises in afterschool programs and in different afterschool settings.

*John Brovak, Vice Principal, School Safety Specialist, Anti-Bullying Coordinator, 21st CCLC Supervisor, Freehold Borough*

### 6. Discipline Practices that Promote Self Discipline

Are you feeling frustrated with a lack of control in your program or group setting? Do you want to learn how to empower students and build a climate of personal responsibility and mutual respect? Join this session as we explore how giving careful thought to the arrangement of the physical environment, setting clear expectations, establishing logical consequences, and teaching self-control, personal responsibility, and perseverance can help you promote self-discipline in the children and youth you serve.

*Liz Joye, Program Improvement Specialist, EDJ Consulting, Charleston, SC*

### 7. Like Yogi Said, You Can Observe a Lot by Just Watching

In this workshop, sports and the extraordinary life of famed Yankee catcher Yogi Berra fuel exciting teaching lessons in STEM, English Language Arts, and Social Studies. We'll take you through fun, interactive activities in these three content areas, all of which incorporate values such as respect, excellence, perseverance, and teamwork, which defined Yogi's life.

*Jenny Pollack, Education Director, Yogi Berra Museum & Learning Center, Little Falls*

### 8. Staff Supervision and Leadership

Effective supervision of staff involves the ability to set clear expectations, monitor staff performance, and provide constructive feedback in order to help staff meet programmatic expectations: all of which are integral to maintaining the quality and effectiveness of programming for the children and families in your care. However, being the "supervisor" is not always comfortable for people, especially when it involves staff with whom you have become friends and/or staff who are not meeting expectations. This workshop will examine the challenges and the rewards of effectively supervising staff.

*Kenneth A. Anthony II, EdD, Director of Professional Development and Research, Connecticut After School Network, Hartford, CT*

### 9. Feeding Your Children Through the New Jersey Child Nutrition Programs

Would you like to offer meals to children attending your afterschool program? Could your summer program be enriched by providing meals to children during the summer months when school is out? Federal funding is available through state-administered New Jersey Department of Agriculture Child Nutrition Programs. Afterschool programs can serve a dinner and snack every school day and even on Saturdays. During the summer months, a child can receive a breakfast and a lunch at your program to ensure proper nutrition continues through the summer, so when school begins children are ready to learn. Come learn about the Child Nutrition Programs available in New Jersey and how easy it is to become a sponsor.

*Stephanie Sutton-Page, State Coordinator, Child and Adult Care Food Program, New Jersey Department of Agriculture, Trenton, New Jersey  
Dr. Carrie I. Freeman-Wright, PhD, Assistant Coordinator, Child and Adult Care Food Program, New Jersey Department of Agriculture, Trenton, New Jersey*

*Tracii Butler Proctor, Coordinator, Summer Food Service Program, New Jersey Department of Agriculture, Trenton, New Jersey  
Robin B. Wilson, Assistant Coordinator, Summer Food Service Program, New Jersey Department of Agriculture, Trenton, New Jersey*



## Friday Session 2 1:15 pm - 2:45 pm

### 10. Coaching, Mentoring, and More: a Manager's Role

This session will help managers explore their skills for supporting staff to improve inclusive practices within their programs. We will discuss and practice using coaching and mentoring techniques and assessments to create attainable goals for children and staff. You will also be given an easy-to-use worksheet for planning how to implement child and staff support strategies.

*Kathryn King, Business Development Manager, Kids Included Together (KIT), Washington, DC*

### 11. Experiential Learning Through Service

Service-learning opportunities help students acquire the skills, values, and knowledge necessary to become effective citizens in the future. Service and social-emotional learning are interrelated practices. Research supports the expanded use of both practices in learning environments via project-based activities and structured opportunities with service outcomes. This interactive workshop will share best practices and strategies for practitioners looking to implement this type of experiential learning in their work with youth, and offer ideas for how to guide meaningful student-directed initiatives that address human and community needs.

*Devan Blackwell, Education Program Development Specialist/Program Officer, New Jersey Department of Education, Trenton*

### 12. Parent and Family Engagement: Moving from Theory to Practice

Engaging parents in the education and activities of their children is vital to the success of youth and youth-serving programs. However, engaging and involving parents continues to be challenging for many programs due to time constraints, language and literacy issues, and a lack of resources. This workshop will discuss the differences between involvement and engagement, identify various approaches to parent and family involvement and engagement, and explore best practices and strategies for involving and engaging parents and families.

*Tamika Chester, 21st CCLC Program Officer, New Jersey Department of Education, Trenton*

### 13. Leadership for Life

Leaders are made, not born. Leadership is influence. Leadership is about turning vision into reality. Attend this interactive workshop to discuss questions and ideas about what leadership is and what it is not. As leaders in the afterschool profession, join the conversation and share your leadership experiences, both triumphs and challenges.

*Sharon Kinsey, Camden County 4-H Agent, Rutgers Cooperative Extension of Camden County, Cherry Hill*

### 14. A Week of Celebrating Kindness

Celebrating Kindness Week, long known as No-Name-Calling Week, is an annual week of educational activities aimed at ending name-calling of all kinds and providing schools and all youth programs with the tools and inspiration to launch an ongoing dialogue about ways to celebrate positive interactions and eliminate harassment and bullying in their communities. This workshop provides the framework for organizing an afterschool community campaign that includes guides for student-led planning, age-appropriate student group activities, and suggestions for a Creative Expression exhibit designed to culminate the week. Extensive downloadable materials will be available to support your staff, children, and parents' involvement in the campaign.

*Representative, The Gay, Lesbian & Straight Education Network, Central New Jersey Chapter, Hightstown*

### 15. Finding Strong Staff for Your Program

Are you struggling with recruiting, interviewing, and orienting strong staff? Then join us as we tackle some of the challenges and highlight some of the successful strategies for finding staff that will enhance your program. Come prepared to share your best interviewing tips or questions. You may want to stay for the next session—Helping Your Staff Grow, Not Go-- that covers tips for retaining staff.

*Liz Joye, Program Improvement Specialist, EDJ Consulting, Charleston, SC*

### 16. Imagine: Afterschool Space that Works

This interactive workshop will explore the components of quality indoor space design for afterschool programs. Participants will be exposed to a variety of resources and techniques to help them learn how to make the most of your space! This workshop is based on the book *Imagine: Afterschool Space That Works*, written by Mav Pardee and published by NJSACC.

*Fred Wasiak, MS, CPC, Owner, Humanics Consulting, LLC, Medford Lakes*

### 17. Creating Holistic Partnerships Between School and Afterschool

What does a strong partnership between a school and a community partner look like? How can you build or strengthen a partnership? This interactive session will address these questions with examples, tools, and strategies for holistic relationship building. Effective partnerships between schools, afterschool programs, and the community can directly influence a child's ability to learn year-round and improve a child's attendance in school. Walk away with new ideas on how to leverage impactful partnerships in order to move the needle on student success.

*Kenneth A. Anthony II, EdD, Director of Professional Development and Research, Connecticut After School Network, Hartford, CT*

### 18. 9 Ways You Can Support Children Experiencing Trauma

Come participate in an interactive workshop with our partners from First Book. Participants will learn about the definition and causes of childhood trauma and how it affects students' learning, will learn research-based action steps to support students experiencing trauma, and will receive concrete tools and materials to take back to their schools and programs.

*Julye Williams, Director of Resource and Program Development, First Book, Washington, DC*



**Friday Session 3**  
**3:00 pm - 4:30 pm**

**19. It's in the Bag: Creating a Bag of Tricks for Success with Real World Behavior Challenges**

This highly interactive workshop will prepare participants to create an effective, portable treasure chest of behavior and sensory supports, referred to as a "Bag of Tricks." Participants will discover simple and inexpensive items found in any dollar store that can be used to support youth when they are struggling. You will identify items to include in a bag of tricks and recognize how these items can support youth in school-age programs during difficult times of the day. Highlights include a competition for the most creative use of an item and a door prize drawing for a complete Bag of Tricks.

*Kathryn King, Business Development Manager, Kids Included Together (KIT), Washington, DC*

**20. NJ Quality Standards for Afterschool: Tools for Success!**

After an inclusive development process led by representatives from a diverse mix of afterschool programs and state agencies, NJ's first Quality Standards for Afterschool Programs is an excellent self-assessment tool, using state-licensed childcare regulations to establish and implement high-quality programming. This fun and interactive hands-on workshop will walk you through the Standards and the newly developed Standards Rubric and allow you to try the Assessment Tool.

*Fred Wasiak, MS, CPC, Owner, Humanics Consulting, LLC, Medford Lakes*

**21. NJ Audubon on Call: Teaching STEM Through Nature Discovery**

Join NJ Audubon staff for easy-to-do activities that can be implemented in any out of school time program. Materials come from nature, and experiences encourage problem-solving, collaboration, and creativity: all qualities required for strengthening tomorrow's leaders. Participants will leave the session with activities they can do the next day. No science background required.

*Dale Rosselet, NJ Audubon Vice-President for Education*

**22. Best Practices in Urban Teen STEM Programming**

The presenters will highlight two case studies of effective urban teen STEM programs in NJ 4-H. They will share best practices in programming and program guides. Workshop participants will take part in a hands-on activity, identifying the successful components in urban teen STEM programs. All will participate in a brainstorming session to help plan new urban teen STEM programs in their community, or make improvements to current programming. Presenters will provide participants with a list of resources to help plan and improve their urban teen STEM programs.

*Marycarmen Kunicki, Passaic County 4-H Agent/Assistant Professor, Department of 4-H Youth Development, Rutgers University, New Brunswick*  
*Marissa Staffen, Essex County 4-H Agent/Assistant Professor, Department of 4-H Youth Development, Rutgers University, New Brunswick*

**23. Hooked on Fishing--Not on Drugs (HOFNOD)**

Are you searching for a fun, new, and FREE activity for your program? Are you located somewhere that offers you access to a river or lake? HOFNOD could be just the thing you are looking for! New Jersey's Hooked on Fishing--Not on Drugs program provides a great opportunity to get kids involved in positive recreational activities. The goal of this program is to introduce youth to the fun and excitement of fishing, to teach them about aquatic ecosystems, and to teach and engage them in meaningful life skills, so that they can imagine and create unlimited possibilities for themselves rather than falling prey to the pitfalls of drug and alcohol abuse. HOFNOD is sponsored by the Division of Fish and Wildlife, part of the NJ Department of Environmental Protection.

*Liz Jackson, HOFNOD Coordinator, NJDEP Division of Fish & Wildlife, Oxford*

**24. Helping Your Staff Grow, Not Go**

Staff retention is a real problem in our field. Split shifts, low pay, and lack of benefits are repeatedly cited as reasons why staff leave. During this session innovative morale boosters will be shared along with many dynamic tips and techniques to help you retain staff.

*Liz Joye, Program Improvement Specialist, EDJ Consulting, Charleston, SC*

**25. Bringing STEM to Light: Teaching About Light and Optics**

Light is a fascinating and familiar topic for children. But how do you lay the foundation for this exciting topic and teach the youngest would-be scientists about light-based sciences, such as optics and photonics? Starting with a simple kit and some basic activities, we'll work through understanding the basics of light, color, shadows, reflection, and refraction. This hands-on workshop will offer easy to digest science content and engaging activities designed to build your comfort and confidence with light and optics. Participants will receive a free STEM kit as well as guidance on using it to create learning experiences for children.

*Representative from IEEE Photonics Society, Piscataway*  
*Sponsored by IEEE Photonics Society*

**26. Expanding Horizons: Integrating Global Learning into Out-of-School-Time Programs**

Knowledge about the rest of the world, skills to communicate and collaborate across boundaries, and values of respect and understanding are critical in the 21st century. These issues present an urgent challenge and opportunity for OST programs as they continue their innovative work preparing youth for future success. A global learning framework supports youth's 21st century skills development and prepares them for college, careers, and civic engagement. Participants will be introduced to global competencies and their connection to youth development outcomes and learn how to integrate global learning activities into existing programming. Planning tools and global learning resources will also be provided.

*Heather Loewecke, Assistant Director, Global Learning Beyond School, Center for Global Education at Asia Society, New York, NY*

**27. National Geographic's Geo-Inquiry Process in Action!**

Learn how National Geographic's Geo-Inquiry process can further your students' understanding of the world and empower them to generate solutions that make a difference. In this interactive session, educators will learn new strategies to help students develop the critical thinking skills to ask geographic questions, collect information, use GIS to visualize data, create a compelling story, and ultimately become advocates for change in their community.

*Anastasia Cronin, Regional Director, Educator Network, Washington, DC*





## Saturday Session 1 9:45 am - 11:45 am

### 28. Positive Accommodations for Youth with Autism

Too often, autism is connected to the things children and youth “can’t” do: make eye contact, make friends, be a part of the group. In this session, we will rethink these assumptions about autism and focus on how to use a strength-based perspective, so we can embrace the unique humanity and gifts of people with autism. As a result, you will be able to develop accommodations that match up with each child’s strengths and talents.

*Kathryn King, Business Development Manager, Kids Included Together (KIT), Washington, DC*

### 29. Mindfulness Basics for (Me and) My AfterSchool Programs: Where Do I Begin?

This interactive workshop introduces the basics of mindfulness; the importance of self-care; the power of breathing; and how to introduce a variety of practical methods for implementing mindfulness activities for you and your programs. This workshop is based on the Mindful Schools (mindfulschools.org) research-supported curriculum, used by educators, mental health professionals, social workers, and parents across the U.S. and over 100 countries. It is adaptable for classrooms, afterschool programs, and home. It uses developmentally appropriate language for explaining key mindfulness concepts and practices to youth. Teaching mindfulness to youth helps to build attention, self-regulation, and empathy.

*Fred Wasiak, MS, CPC, Owner, Humanics Consulting, LLC, Medford Lakes*

### 30. Everyday Leaders: a Source of Strength

Do you consider yourself a leader? Chances are others do even if you don’t. Join us as we explore characteristics and traits of leaders and examine what it means to be an everyday leader. Six characteristics of leadership will be introduced, and we will discuss common challenges the participants encounter in their role as leaders in their programs. Each table team will select a challenge that applies to them. Working in small group the participants will be asked to consider the challenge they have selected and brainstorm ways they could overcome the challenge and demonstrate everyday leadership.

*Liz Joye, Program Improvement Specialist, EDJ Consulting, Charleston, SC*

### 31. “Trans”forming Your World: Creating Safe Spaces for Transgender and Gender-Nonconforming Students

This workshop will offer resources to program staff to help ensure an environment free of harassment, intimidation, and bullying. We will look at understanding “gender identity” including relevant terminology, the experience of transgender and gender-nonconforming young people, and the importance of addressing these concerns including a look at developmental needs for K-12 youth, emerging law, and additional public policy around transgender students.

*Representative, The Gay, Lesbian & Straight Education Network, Central New Jersey Chapter, Hightstown*

### 32. Adventures in Peace

This workshop is designed to help staff in afterschool programs teach children effective, non-violent ways to resolve conflict. It was developed to meet the unique needs of program providers and will focus on implementing instruction in key conflict resolution concepts, further developing children’s skills using experiential education strategies and developing approaches for resolving conflict in childcare settings. The focus will be on “The Peaceable Program” model and will use an adventure-based approach to teaching conflict resolution.

*Dagmar Wojcik, Trainer, NJSACC, Westfield*

### 33. Let’s Talk About It: How to Incorporate Student Voice and Choice

Tired of administering the same student surveys? Not getting the feedback you’re looking for? Let’s talk about it! In this workshop, we will explore how to facilitate child focus groups to better understand points of interest within your afterschool program and how they affect your students’ success. The goal of the workshop is to learn how to analyze student responses in order to identify these variables and inform future programmatic decision making.

*Sydney Pentland, 21st CCLC Data Coordinator, Asbury Park Public Schools, Asbury Park*

### 34. What You Need to Know About Food Allergy Management in Aftercare Programs

Do you know the difference between a food intolerance and a food allergy? What measures does your program take BEFORE a child with food allergies enters your program? Do you know how to prevent an allergic reaction through awareness of triggers, cleaning, sanitizing, and prevention of cross contamination? Can you read food labels for hidden allergens, and what is the real deal with gluten intolerance anyway? All of this will be discussed, as well as hands-on Epipen training to ensure that you are not just informed, but comfortable with administration of an Epipen in an emergency. Note: Epipen training is for general-knowledge only--not for certification.

*Judi Connor, BSN, RN, CCHC, Health Consultant, Central Jersey Family Health Consortium, North Brunswick*

### 35. Supporting Kids Through Adverse Childhood Experiences (ACE’s)

Today’s youth can experience any number of traumatic experiences throughout their development. This workshop will discuss the significance of the CDC-Kaiser ACE’s study and give professionals insight on creating a trauma-informed environment for kids and families.

*Regina Fitch, LCSW, Community-Based Clinician and Adolescent Specialist, Newark*

### 36. Culture Building 101

Project Gametime empowers teachers, parents, and other youth-service professionals with basic tools they need to create a positive culture and a healthy learning/working environment for our future leaders.

*Rick Wagner, Founder, Project Gametime LLC, Passaic*

## Saturday Session 2 1:15 pm - 2:45 pm

### 37. Success with Challenging Behavior: ADHD

Chances are you serve children with ADHD every day in your existing programs. Explore myths about children with ADHD and discover what to look for as you design accommodations for them in your program. You will learn to prevent challenging behaviors with positive support strategies to help all children be successful; use a role play to accurately describe the three signs or signals indicating a child with ADHD needs support; and discuss how to apply accommodations to support children with ADHD.

*Kathryn King, Business Development Manager, Kids Included Together (KIT), Washington, DC*

### 38. NJ Quality Standards for Afterschool: Tools for Success!

After an inclusive development process led by representatives from a diverse mix of afterschool programs and state agencies, NJ's first Quality Standards for Afterschool Programs is an excellent self-assessment tool, using state-licensed childcare regulations to establish and implement high-quality programming. This fun and interactive hands-on workshop will walk you through the Standards and the newly developed Standards Rubric and allow you to try the Assessment Tool.

*Ebony Grace, Director of Expanded Learning Opportunities, NJSACC, Westfield*

### 39. Cultural Competence: How Competent Is Your Organization?

Do you serve a diverse population of students? How well does your organization reflect the community you serve? This workshop will be an opportunity for organizational leaders to take an introspective look at their organizations through the lens of their consumers. Participants will be able to develop strategies to improve engagement, communication, and outcomes with culturally diverse populations.

*Tyneisha K. Gibbs, Founder & Principal Consultant, 144th & Vine, LLC Nonprofit & Education Consulting Agency, Newark*

### 40. Empowering Youth Workers: How to Train, Manage, and Inspire Professional Young Employees

You've set your curriculum, ordered your supplies, and completed the necessary paperwork; that should have been the hard part. Unfortunately, you are now faced with unpredictable temperaments and sometimes distracted and slightly reluctant youth workers. In this workshop, participants will engage with one another and learn and develop techniques and strategies to co-exist with youth workers. This will include hiring, training, and empowering youth to be assets to your program.

*Alida Cintron, Membership Development Manager, Girl Scouts of Greater NY, New York, NY*

### 41. Team Building

It's true: a team that plays together stays together. Team building with staff and kids can be challenging, but should be fun. You will leave with easy team-building activities to bring to your staff and kids. Come to this hands-on workshop ready to play and have fun.

*Dagmar Wojcik, Trainer, NJSACC, Westfield*

### 42. ABCs of Playground Safety

Using the National Program for Playground Safety Safe Supervision Kit, you will learn how to analyze the playground for potential problems and hazards; how to recognize unsafe play; how to effectively monitor play areas; how to develop methods of communication for use in emergency situations; and how to develop an effective supervision plan to reduce injuries and promote safe play.

*Joyce Fircha, Supervisor of Recreation, Edison Recreation Department, Edison*

### 43. Imagine: Afterschool Space that Works

This interactive workshop will explore the components of quality indoor space design for afterschool programs. Participants will be exposed to a variety of resources and techniques to help them learn how to make the most of your space! This workshop is based on the book *Imagine: Afterschool Space That Works*, written by Mav Pardee and published by NJSACC.

*Fred Wasiak, MS, CPC, Owner, Humanics Consulting, LLC, Medford Lakes*

### 44. When Push Comes to Shove, Will Children Know the Right Thing to Do?

When it comes to safety issues with cyberbullying and bullying, children often lack the courage and strategies to do the right thing. This workshop will teach you strategies that Kidsbridge has found to be effective in helping children report negative situations, know the correct steps to recognize and report inappropriate online content, and feel empowered by understanding that choosing to let someone know about it is a good thing.

*Lynne Azarchi, Executive Director, Kidsbridge, Ewing*

### 45. Bars and Hooks

Participants will create their own hip hop song, using elements of hip hop song writing. Participants will have access to backing tracks (instrumentals), end rhymes, metaphors, and similes for inspiration. We will identify song structures including the verse (bars), and chorus (hooks), counting out the number of measures. This activity strengthens composition, collaboration, and performance.

*Rick Wagner, Founder, Project Gametime LLC, Passaic*

## Saturday Session 3 3:00 pm - 4:30 pm

### 46. It's in the Bag: Creating a Bag of Tricks for Success with Real World Behavior Challenges

This highly interactive workshop will prepare participants to create an effective, portable treasure chest of behavior and sensory supports, referred to as a "Bag of Tricks." Participants will discover simple and inexpensive items found in any dollar store that can be used to support youth when they are struggling. You will identify items to include in a bag of tricks and recognize how these items can support youth in school-age programs during difficult times of the day. Highlights include a competition for the most creative use of an item and a door prize drawing for a complete Bag of Tricks.

*Kathryn King, Business Development Manager, Kids Included Together (KIT), Washington, DC*

### 47. Always Caring for Others—How About You?

You have devoted your professional career to caring for, educating, and assisting in the development of youth, but no one told you how difficult a job it would be! Teachers, childcare providers, and like-minded professionals are natural nurturers and caretakers, but who takes care of you? Join us in this workshop to learn techniques for self-care and self-preservation in your career.

*Ebony Grace, Director of Expanded Learning Opportunities, NJSACC, Westfield*

### 48. Recruitment and Retention: How to Find and Keep Quality Staff!

Have you struggled with high turnover rates in your organization? This workshop will take a deep look at the current workforce development trends, examine what factors increase employee satisfaction, and discuss how effective hiring practices affect retention. Participants will review the recruitment/selection process from applicant to employee and be equipped with tools to increase their retention rates.

*Tyneisha K. Gibbs, Founder & Principal Consultant, 144th & Vine; LLC Nonprofit & Education Consulting Agency, Newark*

### 49. How to Diversify Activities for Different Age Levels

No matter how much you've prepared age-appropriate, varied learning style, and diverse activities you will inevitably at some point end up with a mixed group of various aged children. What now? You don't want the younger students to be lost or the older ones to be bored. In this workshop, participants will use hands-on activities and shared experience to develop on-the-spot techniques to transform just about any activity to a multi-grade one.

*Alida Cintron, Membership Development Manager, Girl Scouts of Greater NY, New York, NY*

### 50. Girls and STEM Go Great Together!

You don't have to be a STEM expert; you just need to have a desire to teach girls how to excel and build confidence in the Science, Technology, Engineering and Math arena and careers. This interactive workshop will demonstrate how easy it is to infuse the Latina SciGirls curriculum into your afterschool and community programs.

*Silvia Jaramillo-Regalado, Latina Sci Girls Role Model, Morristown Neighborhood House, Morristown  
Dayjahnae Rogers-Martin, Director of Child Care Services, Morristown Neighborhood House, Morristown*

### 51. Bringing STEM to Light: Teaching About Light and Optics

Light is a fascinating and familiar topic for children. But how do you lay the foundation for this exciting topic and teach the youngest would-be scientists about light-based sciences, such as optics and photonics? Starting with a simple kit and some basic activities, we'll work through understanding the basics of light, color, shadows, reflection, and refraction. This hands-on workshop will offer easy to digest science content and engaging activities designed to build your comfort and confidence with light and optics. Participants will receive a free STEM kit as well as guidance on using it to create learning experiences for children.

*Representative from IEEE Photonics Society, Piscataway  
Sponsored by IEEE Photonics Society*

### 52. Helping Your Staff Stay in Their Lane

For an afterschool program to function, everyone needs to know the roles and responsibilities they were hired for. When staff don't fully understand how things should operate, the proverbial wheels can come off fast. This workshop will help you provide your staff the with the guidance they need to understand their job description and what it requires, how to handle situations and challenges that may arise, and how to follow the chain of command before they cross the line into someone else's lane.

*Darnell Scott, Director of Children's Programs, Jointure Child Enrichment and Adult Education, Branchburg*

### 53. Engaging Students in Financial Literacy for Afterschool Programs: Micro Businesses

Experience a hands-on way to prepare children for the ins and outs of business. During this workshop you will learn how to introduce the concept of global economy; participants will fill out job applications for desired ventures, apply for business loans, and manufacture goods to resell for profits. We will learn how to prepare and experience first-hand some options that will spark the students' interest.

*Lindsay Cicchino, Gifted and Talented teacher, Folwell Elementary, Mount Holly  
Ashley Irving, 3rd grade Special education, Folwell Elementary, Mount Holly  
Maria Rivera-Butler, 4th grade Special Education teacher and Site Coordinator, REAL Center 21st Century After School Program, Mount Holly*

### 54. Loops and Sounds

The purpose of this workshop is to gain an understanding of how hip hop tracks (instrumentals) are created. Participants will explore, create, and identify sounds commonly used in hip hop beat production. This session includes beat boxing, live looping, sampling, and ear training on beats by region. This session supports performance, collaboration, and approximation. And it works for kids too!

*Rick Wagner, Founder, Project Gametime LLC, Passaic*



## Your Conference Road Map – Registration Online Only

### Friday Session 1: 9:30 am - 11:00 am

1. Helping Children and Youth Develop Coping Skills
2. Grants 101
3. All You Need to Know About Licensing
4. Strengthening Our Expertise As Leaders and Coaches
5. School Safety and Afterschool Programs
6. Discipline Practices that Promote Self Discipline
7. Like Yogi Said, You Can Observe a Lot by Just Watching
8. Staff Supervision and Leadership
9. Feeding Your Children Through The New Jersey Child Nutrition Programs

### Friday Session 2: 1:15 pm - 2:45 pm

10. Coaching, Mentoring, and More: A Manager's Role
11. Experiential Learning Through Service
12. Parent and Family Engagement: Moving From Theory to Practice
13. Leadership for Life
14. A Week of Celebrating Kindness
15. Finding Strong Staff for Your Program
16. Imagine: Afterschool Space that Works
17. Creating Holistic Partnerships Between School and Afterschool
18. 9 Ways You Can Support Children Experiencing Trauma

### Friday Session 3: 3:00 pm - 4:30 pm

19. It's in the Bag: Creating a Bag of Tricks for Success with Real World Behavior Challenges
20. NJ Quality Standards for Afterschool: Tools for Success!
21. NJ Audubon on Call: Teaching STEM through Nature Discovery

22. Best Practices in Urban Teen STEM Programming
23. Hooked on Fishing–Not on Drugs (HOFNOD)
24. NJ Quality Standards: Tools for Success!
25. Bringing STEM to Light: Teaching About Light and Optics
26. Expanding Horizons: Integrating Global Learning into Out-of-School Time Programs
27. National Geographic's Geo-Inquiry Process in Action!

### Saturday Session 1: 9:45 am - 11:45 am

28. Accommodations for Youth with Autism
29. Mindfulness Basics for (Me and) My AfterSchool Programs: Where do I begin?
30. Everyday Leaders: a Source of Strength
31. 'Trans' forming your world: Creating Safe Spaces for Transgender and Gender Nonconforming Students
32. Adventures in Peace
33. Let's Talk About It: How to Incorporate Student Voice and Choice
34. What You Need to Know About Food Allergy Management in After Care Programs!
35. Supporting Kids through Adverse Childhood Experiences (ACE's)
36. Culture Building 101

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37. Success with Challenging Behavior: ADHD
38. NJ Quality Standards for Afterschool: Tools for Success!
39. Cultural Competence: How Competent is your organization?

40. Empowering Youth Workers: How to Train, Manage, and Inspire Professional Young Employees
41. Team Building
42. ABCs of Playground Safety
43. Imagine: Afterschool Space that Works
44. When Push Comes to Shove, Will Children Know the Right Thing to Do?
45. Bars and Hooks

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46. It's in the Bag: Creating a Bag of Tricks for Success with Real World Behavior Challenges
47. Always Caring for Others—How About You?
48. Recruitment and Retention: How to Find and Keep QUALITY Staff!
49. How to Diversify Activities for Different Age Levels
50. Girls and STEM Go Great Together!
51. Bringing STEM to Light: Teaching About Light and Optics
52. Helping Your Staff Stay in Their Lane
53. Engaging Students in Financial Literacy for Afterschool Programs: Micro Businesses
54. Loops and Sounds



## CONFERENCE FEES

\$278 / 2 days

\$168 / 1 day

### Conference Location and Accommodations:

The Marriott Princeton Hotel and Conference Center at Forrestal  
100 College Road East, Princeton, NJ 08540

### ACCOMMODATIONS:

Room Rates: \$122 per night

Reservations must be made by individual attendees directly with  
Marriott reservations at (800) 228-9290 or (609) 452-7800.

Room reservations must be made on or before Friday, November 2, 2018.  
When you call make sure to mention the NJSACC Conference and the  
dates of the conference in order to receive the conference rate.



[www.njsacc.org](http://www.njsacc.org)

## DIRECTIONS

### From Northern New Jersey:

- Take the Garden State Parkway South to Exit 130, Route 1 South.
- Take Route 1 South approximately 22 miles to College Road East.
- Take College Road East, Marriott Princeton is the second driveway on your right.
- -OR-
- Take the New Jersey Turnpike South to Exit 9 - New Brunswick.
- Follow Route 18 North for approximately 1/4 mile to Route 1 South.
- Take Route 1 South approximately 13 miles to College Road East.
- Take College Road East, Marriott Princeton is the second driveway on your right.

### From Southern New Jersey:

- Follow I-295 North to Route 1 North (Exit 67).
- Take Route 1 North for approximately 6.5 miles to College Road East.
- Exit right on College Road East, Marriott Princeton is the second driveway on your right.

### From Philadelphia:

(50 miles)

- Follow I-95 North into New Jersey to Route 1 North (Exit 67).
- Take Route 1 North for approximately 6.5 miles to College Road East.
- Exit right on College Road East, Marriott Princeton is the second driveway on your right.

*If you get lost along the way,  
call the Marriott at 609-452-7800 ext. 5180.  
Marriott Guest Services staff will be happy  
to assist you with directions.*



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