### LEVEL UP AFTERSCHOOL.





### MEW JERSEY'S ANNUAL CONFERENCE ON AFTERSCHOOL

NOVEMBER 22-23, 2019



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The mission of the New Jersey School-Age Care Coalition (NJSACC) is to promote and support the development, continuity and expansion of quality programs for children and youth during out-of-school time.



### THE STATEWIDE NETWORK FOR

**NEW JERSEY'S** 

### AFTERSCHOOL COMMUNITIES

### Greetings,

All of us at NJSACC: The Statewide Afterschool Network for New Jersey are very excited about this year's conference, Level Up Afterschool! Our theme focuses on laying the foundation for long-term success while improving quality within the ever-changing landscape of Afterschool, Out of School Time and Expanded Learning.

In gaming, to progress to the next level one needs experience points. There are 55 workshops to Level Up your experience and gain points in the Afterschool Realm.

So come be part of a time of learning, networking and experiencing ways to improve your daily work.

See you in November!

Diane Genco

**Executive Director** 

NJSACC

Conference at a Glance	
Friday, November 22, 2019	
8:00 am - 9:00 am	Registration Begins & Continental Breakfast
9:00 am - 9:25 am	Opening Session
9:30 am - 11:00 am	Session 1
11:15 am - 1:00 pm	Showcase Alley and Lunch
1:15 pm - 2:45 pm	Session 2
3:00 pm - 4:30 pm	Session 3
Saturday, November 23, 2019	
8:00 am - 9:00 am	Registration Begins & Continental Breakfast
8:45 am - 9:30 am	Hip Hop Fundamentals
9:45 am - 11:45 am	Session 1
12:00 pm - 1:00 pm	Lunch
1:15 pm - 2:45 pm	Session 2
3:00 pm - 4:30 pm	Session 3







### IMPORTANT!!!

As of October 2017, the PINJ Registry has changed to the NJ Workforce Registry. Anyone who was in the PINJ registry will be in the NJ Workforce Registry. All previous PINJ Registry ID's are still valid and are now known as NJ Workforce Registry ID's.

If you do not have a PINJ Registry ID you will need to get a NJ Workforce ID to attend NJSACC trainings. The process is simple and will take a few minutes of your time.

Please follow these steps to register in the NJ Workforce Registry:

- 1. Go to www.njccis.com and click Log In in the upper right hand corner of the screen.
- 2. On the next screen click Register in the gray bar that asks if you are a new user.
- 3. On the next screen fill in all the required information. It will ask you what you are requesting approval for. Please select either Director, ECE Assistant Teacher or ECE Teacher. Then click Register in the lower right hand corner.
- 4. You should receive an email to activate your account.
- 5. When you log in to your account, click on the Account tab and select Profile.
- 6. On the Profile page, click Print Membership Card to see your ID number. This is the number you will need to register for the conference and other training events. If you have a technical question about the NJ Workforce Registry please call PCG at 1-877-522-1050 or email them at njworkforceregistry@pcgus.com.

### Important Information to Make the Most of Your Conference Experience

- You must have a NJ Work Force Registery ID Number to register for the conference. Not required for non-New Jersey residents.
- Registration is on a first-come, first-served basis. Workshops fill up quickly so register early! Last day to register is November 8, 2019.
- Invoices, receipts for payment and confirmations of registration will be available online only. If you need assistance in registering, contact Jessica Heiberg @ 908-789-0259.
- Group registrations may also be done online. The individual registering the group will be responsible for payment and communication to the group members. Each person will need to have a NJ Work Force Registery ID Number.
- Registration fee includes continental breakfast, continuous break stations and a buffet lunch daily. Vegetarian options are always available.
- No registration refunds will be given after November 8, 2019. However, substitutions may be made at any time. Sorry, no exceptions will be made, regardless of whether or not you attend.
- If not paying online with a credit card, please mail check or PO with printout of online registration confirmation. Payment by mail MUST be received by November 8, 2019. Send to NJSACC, 208 Lenox Avenue #363, Westfield, NJ 07090.
- All conference participants will receive documentation of completed professional development hours.
- The cut-off date to reserve a hotel room is Friday, November 8, 2019. See Accommodations on page 17.
- Conference questions? Please call NJSACC at 908-789-0259.
- When you complete your registration you will immediately receive a confirmation via email. If no confirmation is received, the registration is incomplete. Please call the NJSACC Office at 908-789-0259 immediately so that we can assist you.

### AT THE CONFERENCE

- WiFi is available in the lobby area only.
- Please dress in layers as room temperatures can fluctuate.
- Please be courteous to your presenters and fellow attendees as elevated noise levels can be disruptive during workshop sessions.
- Please put cell phones on silent or vibrate setting.
- Workshops are selected when you register online. You must attend the workshops that are listed on your nametag or you will be asked to leave the session.

While we at NJSACC love children and they are a driving force behind the work we do, children may not attend the conference. The conference is a professional development opportunity for adults, and as such, we respectfully request that you take this time to focus on you. If you do bring children, we must insist that you make other arrangements during conference hours. Children will not be permitted in the lunch area or in the workshops.





Finding the balance to a quality afterschool program is an ongoing process. NJSACC: The Statewide Network for NJ's Afterschool Communities - with support from the C. S. Mott Foundation and the NJ Department of Education - convened a group of afterschool leaders to answer the question, "What does quality look like in an afterschool program?"

The NJ Quality Standards for Afterschool are organized into seven categories:

- Administration
- Human Relationships
- Safety and Environmental Health
- Indoor and Outdoor Environment
- Programming and Activities
- Special Needs and the Whole Child
- Health Behavior: Nutrition and Physical Activity.

The Standards for each category are numbered and in bold. The Standard Elements are listed under the bold heading with letters (a, b, c, etc.). The standard elements will help you understand how to interpret the standard and what the important things to look for are. On the following page you will see each category along with the icon that represents it. Below each Standard you will see the workshops listed by number that fall under that category. Some workshops fall into more than one category and may be listed under multiple standards.

For more information on the NJ Quality Standards for Afterschool please visit our website at www.njsacc.org.



for Afterschool and Youth Development Professionals

All professional societies share common characteristics. Among them are a body of knowledge and skills, culture, a code of ethics, and public recognition. The NAA Core Knowledge and Competencies have been developed to enable afterschool and youth development practitioners to demonstrate expertise and gain a higher level of recognition within their communities. NJSACC has adopted these competencies for the afterschool workforce of New Jersey.

The conference workshops reflect the ideas and principles embodied by the Core Knowledge Competencies and the NJ Quality Standards for Afterschool.

Here are the ten competency content areas:

- Child and Youth Growth and Development
- Learning Environment and Curriculum
- Child/Youth Observation and Assessment
- Interactions with Children and Youth
- Youth Engagement

- Cultural Competency and Responsiveness
- Family, School, and Community Relationships
- Safety and Wellness
- Program Planning and Development
- Professional Development and Leadership



Below you will find a listing of the workshops by number according to what categories they fall under in the NJ Quality Standards for Afterschool. Some workshops may be listed more than once if they fall into multiple categories. Workshops with an asterisk(\*) denotes a workshop that is relevant to Family Child Care providers.



### **Administration**

Friday: 1, 2, 4, 6, 7, 10, 14, 15, 18, 21, 28 Saturday: 29, 31\*, 33, 36, 41, 46, 50, 55



### **Human Relationships**

Friday: 1, 6, 10, 11, 17\*, 18, 19\*, 20, 22, 24\*, 26, 27

Saturday: 29, 31\*, 34, 37, 39\*, 49, 55\*



### **Safety and Environmental Health**

Friday: 7 Saturday: 38



### **Indoor/Outdoor Environment**

Friday: 15 Saturday: 38



### **Programming and Activities**

Friday: 5, 8, 12\*, 19, 23, 25\*

Saturday: 32, 34\*, 35, 37, 40\*, 42, 43, 44, 45, 47, 51, 52, 53, 54\*



### **Special Needs and The Whole Child**

Friday: 3\*, 13\*, 17\*, 19, 22, 24, 27, 30

Saturday: 30\*, 39\*, 48\*



### **Health Behavior**

Friday: 4, 9 Saturday: 31\*















































New Jersey 4-H



- NJ Department of Human Services, Division of Family Development as part of a Federal CCDF Block Grant Earmark
- Federal Elementary and Secondary Education Act, as amended (Title IV, Part B of No Child Left Behind), 21st Century Community Learning Centers grant funds awarded to the NJ Department of Education









Special thanks to our sponsor IEEE!

IEEE Photonics Society Website: PhotonicsSociety.org

The IEEE Photonics Society is the professional home for a global network of scientists and engineers who represent the laser, optoelectronics and photonics community, within the parent IEEE. The Society provides its members with professional growth opportunities, publishes journals, sponsors conferences and supports local chapter and student activities around the world. This includes K-12 STEM, teacher instructions and pre-university outreach.

IEEE

Website: IEEE.org

Website: Tryengineering.org

Founded in 1884, the IEEE is the largest technical, professional association in the world, dedicated to advancing technology for the benefit of humanity. IEEE and its 430,000 members inspire a global community through its highly cited publications, conferences, technology standards, and educational activities.

This includes TryEngineering, powered by the IEEE, that aims to encourage educators to foster the next generation of technology innovators. The IEEE provides educators and students with resources, lesson plans, and activities that engage and inspire.



NJSACC is once again proud to bring you a selection of workshops from Kids Included Together.

Kids Included Together (KIT) is the national leader in disability inclusion and behavior support. KIT provides organizations the necessary tools and training to ensure that their programs are welcoming and accessible to the 1 in 6 children who have disabilities. By creating inclusive environments where no child is excluded, everyone benefits.

KIT was founded in San Diego in 1997, having grown out of a partnership between the San Diego Jewish Community Foundation and the Lawrence Family Jewish Community Center to increase inclusive programming. In the mid-2000s, KIT began to get national attention for its work promoting inclusive practices and in 2010 signed a contract with the Department of Defense to implement inclusion training in every military child and youth program throughout the world. Over the past 20 years, KIT has supported more than 600 organizations that represent community child and youth, state and national organizations, school districts, arts and recreation, and military child and youth programs in 48 states and 13 countries. KIT has trained over 100,000 people in more than 2,500 in-person training sessions, developed 156 online trainings, and completed over 3,300 coaching and consultations by phone.

KIT provides best-in-class training and technical assistance through job-embedded professional development, on-going coaching and consulting. KIT's areas of expertise include accommodations and program modifications, behavior support, assistive technology, social-emotional learning, communication with families, the laws supporting inclusion and more. KIT is simultaneously driving the national conversation on inclusion for child and youth programs while teaching inclusive practices on an international scale. As part of this national scope, KIT and the National Afterschool Association formally became partners in 2018 to advance disability inclusion in afterschool.

This year KIT will be presenting workshops on topics including fostering friendships, creating a bag of tricks, planning supports for youth with Autism Spectrum Disorder, and creating a culture of acceptance for tween and teens. If you'd like to learn more about how KIT can help you build disability inclusion capacity at your organization, visit www. kit.org or reach out to Kathryn King, Partnerships Director at <a href="mailto:Kathryn@kit.org">Kathryn@kit.org</a>.





### Hip Hop Fundamentals Presents: Civil Rights Movements

This ground-breaking performance focuses on student involvement in the American Civil Rights movement through dance, audience participation, and a variety of interactive activities. They tackle racism, segregation, and the struggle for freedom in a safe, family friendly atmosphere of Hip Hop. Students hear the words of Dr. King, learn how nonviolent direct action helped end segregation, and experience firsthand the power of unity and diversity.

### Showcase Alley Friday 11:15am - 1:00pm

Make sure to come and check out Showcase Alley and see what's happening! Everyone who attends on Friday will have time built into the day to go through Showcase Alley during the lunch break. Come see new vendors, new ideas and remember to bring your business cards along since this is a great chance to network. Also, if you have any questions about the New Jersey Workforce Registry, please stop by their table to speak with a representative. You have to be in it to win it! Don't forget that Showcase Alley is the ONLY chance for you to put your tickets in for a chance to win a prize basket! Every Friday registrant will have tickets in their name tag to enter to win the baskets.



## **Special Events**



### Friday Session 1 9:30 am - 11:00 am

### 1. Level Up With Families

Given the changing configurations and needs of the families participating in our programs, it is time we change the way we engage with them. Attend this session to obtain innovative ideas for engaging with the families in your programs. Come willing to share your struggles and successes pertaining to family involvement. Liz Joye, Program Improvement Specialist, EDJ Consulting, Charleston, SC

### 2. Lessons Learned from the NCASE Peer Learning Community on Quality Improvement

The National Center on Afterschool and Summer Enrichment (NCASE) supports school-age care and summer learning programs by working with state-wide school-age networks and other community partners to expand learning opportunities for school-age children; identifying and promoting family engagement approaches; and coordinating with early childhood and school-age stakeholder groups and other federal programs. This interactive session will introduce you to the work of NCASE and share the experiences of states, including New Jersey, that participated in a Peer Learning Community on Quality Improvement.

Ellen Gannett, MSEd, Director, NIOST, Wellesley, MA

### 3. Foundations of Inclusion

Including youth with disabilities in afterschool programs can be very challenging, but nothing is more rewarding than witnessing a youth make a friend, enjoy a game, or experience an accomplishment. This highly interactive workshop will allow participants to face the fears involved in inclusion (I don't know what to do! I don't know anything about that disability!) through activities designed to promote an understanding of inclusion and supporting all youth. Highlights include videos of youth with disabilities sharing what they wish you understood to better collaborate with them and ensure they are valued members of your afterschool community. Kathryn King, Partnerships Director, Kids Included Together (KIT), San Diego, CA

### 4. Feeding Your Children Through the New Jersey Child Nutrition Programs

Would you like to offer meals to children attending your afterschool program? Could your summer program be enriched by providing meals to children during the summer months when school is out? Federal funding is available through state-administered New Jersey **Department of Agriculture Child Nutrition** Programs, Afterschool programs can serve a dinner and snack every school day and even on Saturdays. During the summer months, a child can receive breakfast and lunch at your program to ensure proper nutrition continues through the summer, so when school begins children are ready to learn. Come learn about the Child Nutrition Programs available in New Jersey and how easy it is to become a sponsor.

Carrie I. Freeman-Wright, PhD, Assistant
Coordinator, Child and Adult Care Food Program,
New Jersey Department of Agriculture, Trenton
Stephanie Sutton-Page, Assistant Coordinator,
Summer Food Service Program, New Jersey
Department of Agriculture, Trenton
Robin Wilson, Assistant Coordinator, Summer
Food Service Program, New Jersey Department of
Agriculture, Trenton

### 5. Bringing STEM to Light: Teaching About Light and Optics

Light is a fascinating and familiar topic for children. But how do you lay the foundation for this exciting topic and teach the youngest would-be scientists about light-based sciences, such as optics and photonics? Starting with a simple kit and some basic activities, we'll work through understanding the basics of light, color, shadows, reflection, and refraction. This handson workshop will offer easy-to-digest science content and engaging activities designed to build your comfort and confidence with light and optics. Participants will receive a free STEM kit as well as guidance on using it to create learning experiences for children.

Representative from IEEE Photonics Society, Piscataway Sponsored by IEEE Photonics Society

### 6. Staff Supervision and Leadership

Effective supervision of staff involves the ability to set clear expectations, monitor staff performance, and provide constructive feedback in order to help staff meet programmatic expectations, all of which are integral to maintaining the quality and effectiveness of programming for the children and families in your care. However, being the "supervisor" is not always comfortable for people, especially when it involves staff with whom you have become friends and/or staff who are not meeting expectations. This workshop will examine the challenges and the rewards of effectively supervising staff.

Kenneth A. Anthony II, EdD, Director of Professional Development and Research, Connecticut After School Network, Hartford, CT

### 7. All You Need to Know About Licensing

Are you thinking about starting an afterschool program? Maybe you already run a program but just have some questions about regulations. Staff from the Office of Licensing are here to help by presenting the most current information available on licensing regulations and answering all your licensing questions.

Staff, Office of Licensing, Trenton





# Workshops — Friday (cont'd

### 8. Climate Science Education: A Hands-on Resource

Global climate change is one of the most critical issues impacting our world today, from local communities to the world stage. It will continue to be a topic of concern for the scientific community, due to its multilayer effect on society from an environmental, political, social, and economic standpoint. To help our community address and understand this issue, we present the Rutgers 4-H Climate Science program, a series of hands-on lessons for youth to explore the science behind climate change. We will share other opportunities to engage with current climate science education resources at Rutgers University and participants will go home with all the materials needed to lead a climate science education program.

Marissa Staffen, Essex County 4-H Agent, Rutgers

Marissa Staffen, Essex County 4-H Agent, Rutgers Cooperative Extension, Newark

### 9. What You Need to Know About Food Allergy Management in Aftercare Programs

Do you know the difference between a food intolerance and a food allergy? What measures does your program take BEFORE a child with food allergies enters your program? Do you know how to prevent an allergic reaction through awareness of triggers, cleaning, sanitizing, and prevention of cross contamination? Can you read food labels for hidden allergens? What is the real deal with gluten intolerance anyway? All of this will be discussed, as well as hands-on Epipen training to ensure that you are not just informed, but comfortable with, administration of an Epipen in an emergency. Note: Epipen training is for generalized knowledge only, not for certification. Judi Connor, BSN, RN, CCHC, Health Consultant, Central Jersey Family Health Consortium, North Brunswick

### 10. Quality Coaching and Team Building

Join NJSACC's new team of Quality Coaches to learn more about building the teams within your school-age programs to bring out the best in your kids, families, and staff. In this hands-on interactive workshop geared towards directors and site supervisors, we'll explore team building, goal oriented self-assessment, collaboration, reflection, and more!

Dennis Groomes, NJSACC Quality Coach, Westfield

Tania Lazar, NJSACC Quality Coach, Westfield Dagmar Wojcik, NJSACC Quality Coach Team Leader, Westfield

### Friday Session 2 1:15 pm - 2:45 pm

### 11. Level Up with SEL in Your Afterschool!

All of us frequently experience situations where a lack of personal integrity, perseverance, or empathy is apparent. What can we do to develop and strengthen these traits in the children and youth in our program? Join this workshop which explores a variety of resources and techniques to help Level Up your social and emotional learning (SEL). Come willing to share your own tried and true strategies.

Liz Joye, Program Improvement Specialist, EDJ Consulting, Charleston, SC

### 12. Hurry Up and Wait!

How many times has your group rushed to get ready for their next activity only to have to sit and wait for it to start? Participants will learn quick games to play with school-age children while you are waiting for the bus, filling up a few extra minutes in between activities, or when you just want to have some quick fun. When it's the end of the day, everything is put away, but you still have several children waiting to get picked up, reach for Fantastic Finales. These activities will keep your children entertained and challenged for those last few minutes with little or no supplies. Dagmar Wojcik, Quality Coach, NJSACC, Westfield

### 13. Gear up for Inclusion: Disability Inclusion Power Tools

Ever hear staff say, "We weren't trained for this!"? As the field leader in inclusion, Kids Included Together (KIT) is your friendly guide to enhancing disability inclusion and supporting positive behavior in your afterschool program. This highly interactive workshop will provide practical steps to achieve your disability inclusion goals. Through scenarios taken from real world situations, KIT will outline a path of resources and supports to access at time of need. Participants will leave with several resources including a tool to gather information from families and three self-assessments to gauge your program's inclusive practices.

Kathryn King, Partnerships Director, Kids Included Together (KIT), San Diego, CA

### 14. Recruiting and Retaining High Quality Staff

Do you have difficulty recruiting and retaining staff? Where can you find quality staff and how do you get them to show up for the first interview? Learn how to attract and keep staff members who will become part of your team and will contribute to a shared mission of serving families. You will leave this training with realistic steps to implement immediately to help make the hiring process less stressful and more productive. Joan Dillon, Executive Director, Glassboro Child Development Centers, Glassboro

### 15. NJ Quality Standards for Afterschool: Tools for Success!

After an inclusive development process led by representatives from a diverse mix of afterschool programs and state agencies, NJ's first Quality Standards for Afterschool Programs is an excellent self-assessment tool, using state-licensed childcare regulations to establish and implement high-quality programming. This fun and interactive hands-on workshop will walk you through the Standards and the newly developed Standards Rubric and allow you to try the Assessment Tool. Tyneisha K. Gibbs, Director of Expanded Learning Opportunities, NJSACC, Westfield

### 16. Conquering Conflict in Your Program: Why it Happens and How to Handle It!

Students with students, staff with students, and staff with staff: conflicts happen and can negatively affect the best programs. In this workshop you will learn some of the underlying reasons that conflicts--and not just the obvious ones--escalate and take valuable time away from fun, learning, and personal development. We will work on skills to identify possible situations and stop them before they start, as well as discuss deescalating a crisis in progress. By taking a deeper look into the "why" of conflict, you can work your way to a peaceful resolution and a much happier program environment!

Jen Adkins, Community School Coordinator, Morris School District, Morristown

### 17. The Trauma- & Grief-Informed Afterschool Caregiver

Growing up can be tough these days. There is no shortage of daily stresses. And unfortunately, some of our children are dealing with grief and trauma as well. In this workshop we will look at the definitions of trauma and grief, how trauma and grief impact behavior, how Adverse Childhood Experiences impact development and how we can support traumatized and grieving children and teens.

Connie Palmer, LCSW, Clinical Training Director, Imagine, Mountainside

### 18. Do You Know Your True Colors?

There are many personalities that comprise your afterschool staff. In this fun and interactive True Colors personality identification workshop you will learn to identify and recognize different personalities so that you can better understand yourself and others, leading to stronger communication and teamwork.

Sharon Kinsey, Camden County 4-H Agent, Rutgers Cooperative Extension of Camden County, Cherry Hill

### 19. Using Books to Foster Diversity, Equity, and Inclusivity in Afterschool

Using Dr. Rudine Sims Bishop's concept of books as "mirrors, windows, and sliding glass doors," we will discuss the current state of diversity, inclusion, and equity in children's literature and considerations for selecting and incorporating children's books into afterschool programming. We will also review best practices for sharing these books with youth in afterschool settings through interactive read-alouds and studentled book clubs, drawn from our experience implementing ExpandED Schools' Ready Readers and Rising Readers program models.

Tarilyn Little, Early Literacy Manager, ExpandED Schools. New York. NY

### Friday Session 3 3:00 pm - 4:30 pm

### 20. Level Up with SEL in Your Afterschool Revisited

All of us frequently experience situations where a lack of forgiveness, problem solving, or teamwork is apparent. What can we do to develop and strengthen these traits in the children and youth in our program? Join this workshop which explores a variety of resources and techniques to increase social and emotional learning (SEL). Come willing to share your own tried and true strategies. This workshop will build on the discussions from Session 2's Level Up with SEL workshop; however, you may sign up for this session even if you did not attend the first workshop.

Liz Joye, Program Improvement Specialist, EDJ Consulting, Charleston, SC

### 21. Helping Your Staff Stay in Their Lane

For an afterschool program to function, everyone needs to know the roles and responsibilities they were hired for. When staff don't fully understand how things should operate, the proverbial wheels can come off fast. This workshop will help you provide your staff with the guidance they need to understand their job description and what it requires, how to handle situations and challenges that may arise, and how to follow the chain of command before they cross the line into someone else's lane.

Darnell Scott, Director of Children's Programs, Jointure Child Enrichment and Adult Education, Branchburg

### 22. Tweens and Teens: Creating a Culture of Acceptance

Tweens and teens deal with a lot of emotional highs and lows: one minute they feel great, the next they feel sad and tearful. Creating a welcoming and supportive environment during these often-turbulent years requires intentional planning. This session will explore the physical, cognitive, social, and emotional changes that are happening and guide participants to support tweens and teens in their programs. Participants will learn to create accepting cultures within their programs and provide a safe environment for tweens and teens to thrive.

Kathryn King, Partnerships Director, Kids Included Together (KIT), San Diego, CA

### 23. Coding? There's a FREE Club for That!

It seems like everywhere you turn today you hear about coding. But what is coding? How do you do it and facilitate others learning it? What can you do with it? Come discover the answers to these questions and also learn about an amazing opportunity to start a free coding club in your program from Girls Who Code (GWC)! GWC is an international non-profit working to close the gender gap in technology that has over 340 clubs in NJ serving grades 3-12. Get all the info on how to start a club, facilitate it, and get \$300 funding and free books to boot. No computer science experience required!

Eve Balick, New Jersey Regional Partnership Coordinator, New York, New York

### 24. Making Sense of the Alphabet Soup: TS, OCD, ADHD, and More

As many as 1 out of 100 individuals show signs of Tourette Syndrome: most of them undiagnosed, misdiagnosed, and/or misunderstood. Additionally, almost 90% of individuals who have Tourette Syndrome are diagnosed with at least one additional mental health, behavioral, or developmental disorder: ADHD, OCD, learning disabilities, anxiety, depression, etc. In fact, these other disorders are often more problematic than Tourette Syndrome itself. The workshop will discuss effective strategies and accommodations. Participants will engage in meaningful exercises and leave with practical tools to use when working with children. Learn why it's important to understand these disorders and their impact on families and a child's social and emotional wellness.

Patricia Phillips, Education Outreach Coordinator, NJ Center for Tourette Syndrome & Associated Disorders, Somerville

### 25. But I Don't Want to Read!

We've all heard it. No matter what grade, sometimes our kids don't want (or like) to read. In this session, we'll talk about fun ways to build critical literacy skills in grades K-3. You'll walk away with engaging resources and ideas that will have your kids loving literacy time.

Tania Lazar, Quality Coach, NJSACC, Westfield

### 26. Creative Dramatics Leadership: Fostering Creativity and Social Skills

In this workshop, participants will learn how to lead a variety of theatre arts afterschool activities focusing on life skill development, student creativity, and social skills. Participants will be introduced to verbal and non-verbal activities including puppetry, theatre games, creative movement, pantomime, improvisation, playwriting, and monologues. No prior theatre experience necessary. All attendees will receive resource materials including creative dramatics leadership techniques and activities.

Ellen Williams, 4-H Agent, Expressive Arts, Rutgers University, New Brunswick

### 27. Cultural Competency and the Brain

Our afterschool programs are comprised of people who come with different histories, experiences, and influences. Staff must be aware of how such differences in culture and perspective shape the way children learn and process information. This session will offer research-based strategies for working with a changing youth demographic while keeping our different rhythms in mind. Participants will learn eight rules with respect to cultural competency and the brain and also gain ideas for making culturally responsive experiences for youth.

Randy R. Miller, MPA, Director, 21st Century Program, Camden County Technical Schools, Sicklerville

### 28. Understanding the Child Care Development Block Grant (CCDBG) and New Jersey's Child Care Subsidy Program

In this session we will discuss the Federal CCDBG reauthorization, and the impact on child care subsidies. You will learn about policy change and how it applies to child care and families in your program. We will also discuss the role of the local Child Care Resource and Referral agencies and the many ways they support child care programs in this fast-changing landscape.

Monica Orozco, Subsidy Case Manager, Child Care Resources of Monmouth County, Neptune



### Norkshops - s aturday

### Saturday Session 1 9:45 am - 11:45 am

### 29. Level Up with Families

Given the changing configurations and needs of the families participating in our programs, it is time we change the way we engage with them. Attend this session to obtain innovative ideas for engaging with the families in your programs. Come willing to share your struggles and successes pertaining to family involvement. Liz Joye, Program Improvement Specialist, EDJ Consulting, Charleston, SC

### 30. Planning Supports for Children and Youth with Autism Spectrum Disorder (ASD)

Planning supports requires an understanding of a child or youth's unique strengths and needs. When planning supports for children and youth with ASD, we need to think about their strengths and needs related to social communication, interaction, and sensory processing. How do these three domains impact participation and relationships? How do we adjust the environment to support friendship development and meaningful participation? We'll answer these questions and more, enabling you to develop accommodations that match up with each youth's strengths and talents.

Kathryn King, Partnerships Director, Kids Included Together (KIT), San Diego, CA

### 31. Caring for the Caregiver

You have devoted your professional career to caring for, educating, and assisting in the development of youth, but did anyone tell you how difficult of a job it would be? How much time do you dedicate to caring for yourself? Childcare providers, teachers, and like-minded professionals are natural nurturers and caretakers, but who takes care of you? Join us in this fun and interactive workshop to learn and practice techniques for prioritizing your own care and self-preservation.

Ebony Grace, Director of Partnerships and Quality Initiatives, NJSACC, Westfield

### 32. Coding? There's a FREE Club for That!

It seems like everywhere you turn today you hear about coding. But what is coding? How do you do it and facilitate others learning it? What can you do with it? Come discover the answers to these questions and also learn about an amazing opportunity to start a free coding club in your program from Girls Who Code (GWC)! GWC is an international non-profit working to close the gender gap in technology that has over 340 clubs in NJ serving grades 3-12. Get all the info of how to start a club, facilitate it, and get \$300 funding and free books to boot. No computer science experience required!

Eve Balick, New Jersey Regional Partnership Coordinator, New York, New York

### 33. Advancing Your Afterschool Career: How to Reach the Next Level in Our Field

Are you contemplating how to navigate the next steps of your career? Did you know there is a whole field of afterschool professions? In this workshop, participants will learn about the various careers in the field of afterschool and the paths to obtain those positions. Individuals will create a personal professional development plan, and working groups will map out a career lattice for the field.

Tyneisha K. Gibbs, Director of Expanded Learning Opportunities, NJSACC, Westfield

### 34. Adventures in Peacemaking

The Adventures in Peacemaking program gives staff the tools they need to guide their kids through creative conflict resolution, communication, negotiation, and problem solving using games, cooperative team challenges, drama, crafts, music, and more. Based on the Curriculum Guide "Adventures in Peacemaking: A Conflict Resolution Activity Guide for School-Age Programs" by William J. Kreidler and Lisa Furlong, this workshop is hands on, active, and fun, so come prepared to play.

Dagmar Wojcik, Trainer, NJSACC, Westfield

### 35. All Morphed Up!

Mirror Anamorphosis is an art distortion technique developed several hundred years ago in order to hide secret messages and information in paintings. This clever and visually surprising illusion draws on the science and mathematics of light and optics. In this workshop, you'll uncover the secrets of mirror anamorphosis and learn to create your own "morphed up" drawings with a simple grid transfer technique. The workshop's sponsor, IEEE Photonics Society, is providing each participant with free kits, supplied by LASER Classroom.

Representative from IEEE Photonics Society, Piscataway Sponsored by IEEE Photonics Society

### 36. Recruiting and Retaining High Quality Staff

Do you have difficulty recruiting and retaining staff? Where can you find quality staff and how do you get them to show up for the first interview? Learn how to attract and keep staff members who will become part of your team and will contribute to a shared mission of serving families. You will leave this training with realistic steps to implement immediately to help make the hiring process less stressful and more productive.

Joan Dillon, Executive Director, Glassboro Child Development Centers. Glassboro

### 37. Supporting Social and Emotional Development in Out-of-School Time

Social and emotional development is a cornerstone that provides children and youth with skills that help them learn and succeed in school and life. In this workshop, participants will learn how to enhance what they are already doing in programs through a social-emotional lens. Throughout the session, we will look at selected social-emotional learning (SEL) frameworks, how to turn theory into practice, designing SEL activities including planning and implementation, integrating SEL and behavior management strategies into programming, and goal setting for your program.

Kenneth A Anthony II, EdD, Director of Professional Development and Research,
Connecticut After School Network, Hartford, CT

## Workshops aturday

### Saturday Session 2 1:15 pm - 2:45 pm

### 38. ABCs of Playground Safety

Using the National Program for Playground Safety Safe Supervision Kit, you will learn how to analyze the playground for potential problems and hazards; how to recognize unsafe play; how to effectively monitor play areas; how to develop methods of communication for use in emergency situations; and how to develop an effective supervision plan to reduce injuries and promote safe play.

Joyce Fircha, Supervisor of Recreation, Edison Recreation Department, Edison

### 39. Making Connections: Fostering Friendships for Children with and Without Disabilities

The best thing that a youth can gain from your program is quality friendships. Many times, children with disabilities and complex needs struggle with initiating and maintaining friendships in school-age programs. In this workshop, participants will learn how to help all youth develop their friendship skills. Highly interactive and fun activities which you can take back and use in your program will be included in the workshop. Learning objectives include practicing an activity to remove the barriers to friendships for children with and without disabilities; applying a social mapping tool to examine friendship interactions; and using a scenario to develop a plan to enhance friendship interaction.

Kathryn King, Partnerships Director, Kids Included Together (KIT), San Diego, CA

### 40. Fun for Free: Interactive Activities that Don't Require Resources or Preparation

Fun activities don't have to cost you a lot of time and money. In this workshop, we will cover a variety of zero-cost, zero-prep activities including indoor and outdoor games, nature-based adventures, and songs and dances.

Alida Cintron, Membership Development Manager, Girl Scouts of Greater NY, New York, NY

### 41. Extending Student Educational Experience Through Authentic Partnerships

Operating an afterschool program in a school can be challenging. Having a positive working relationship with the school administration is beneficial to all. In this workshop you will learn tips and strategies to create a mutually beneficial partnership from a program and school who are successfully navigating the process so the youth they both serve can thrive.

Jonathan Ponds, EdD, Superintendent/Principal, Robert L. Craig School, Moonachie Philip A. Facendola, YMCA Project Director, Meadowlands YMCA 21st CCLC, Moonachie James S. Knipper, Director of Curriculum and Instruction, Moonachie School District, Moonachie

### 42. New Jersey Audubon on Call: Teaching STEM

Through Nature Discovery (Leveled Up with a **National Geographic Perspective)** Join New Jersey Audubon staff for an engaging session exploring Nature Discovery experiences that can easily be implemented at any out-ofschool-time program--no science background required! Some of our tried-and-true activities will "level up" by incorporating new perspectives based on the National Geographic Educator Certification course recently completed by New Jersey Audubon staff. Participants will leave with activities that foster a connection to our world that inspires positive action from our future leaders, a common goal of both New Jersey Audubon and National Geographic. Christine Whorton, Teacher Naturalist, Urban

### 43. WISTEM2D J&J

Education, New Jersey Audubon

In 2015, Johnson & Johnson launched Women in Science, Technology, Engineering, Math, Manufacturing, and Design (WISTEM2D) initiative to promote learning and career opportunities in STEM2D disciplines. Led by a network of volunteers from across Johnson & Johnson, this ambitious initiative seeks to spark enchantment with STEM2D subjects in young women and girls through creative problem solving and play. Research clearly shows that by fifth grade, many students make up their minds about whether they can pursue a STEM path toward college or career.

We want to make certain that young students have the opportunity to not only engage in STEM2D activities firsthand in the classroom, but to interact firsthand with scientists, technologists, engineers, mathematicians, manufacturers, and designers so they can see themselves in these roles.

Tiffany Boyer, Senior Analyst, Supply Chain Customer Solutions, Johnson & Johnson, Johnson & Johnson Health Care Systems, Piscataway

### 44. The Art of Invention

Are your students inventive? Through handson engineering with simple materials, students explore cause and effect in artistic sculptures, simple machines, and elegant design. Problem solving in teams, competitive challenges, and the consequences of economics add to the excitement, along with introductions to ancient Rome, Leonardo da Vinci, and the ever-popular idea that "form follows function."

Molly Gaston Johnson, Artist, Young Audiences of New Jersey, Trenton

### 45. Woke Wednesday

Through examination, interpretation, discussion and creation of the Arts, this workshop will teach others how to plan and facilitate engaging activities that will empower afterschool students to become social change agents within their community.

Tinishia Bass, Program Coordinator of Education Outreach and Project Director of 21st CCLC, Rutgers IGNITE, Camden

### 46. Sustainability the SMART Way

This workshop is for anyone who is interested in keeping their wonderful program thriving even when funding sources change. Fund development might not always be fun, but it doesn't have to be awful either. Engaging stakeholders with passion and purpose aligns the needs and wants of the organization with the benefits to the communities they serve. Participants will learn strategies to identify key stakeholders, methods of engagement, and best practices around building sustainable partnerships. Join us to learn and share tricks and strategies

Louise McCants, Director of School Based Services, The Children's Home Society of New Jersey, Trenton



# aturday (cont'i

### Saturday Session 3 3:00 pm - 4:30 pm

### 47. Games, Games, Games!

This workshop for new staff will keep the ball rolling with new ideas for non-competitive games to play with school-age children. A variety of cooperative games that can be utilized with large and small multi-age groups will be taught in this fun and interactive workshop. Be prepared to participate!

Dennis Groomes, Quality Coach, NJSACC, Westfield

### 48. It's in the Bag: Creating a Bag of Tricks for Real World Challenges

This hands-on workshop will prepare every afterschool staff member to go back and create an effective, portable treasure chest of youth supports, referred to as a Bag of Tricks. Participants will discover simple and inexpensive items found in any dollar store that can be used to support youth when they are struggling. One lucky learner will leave the session with a bag of tricks as a door prize!

Kathryn King, Business Development Manager, Kids Included Together (KIT), Washington, DC

### 49. Team Building Even When We Don't See Eve to Eve

We all have to work together, but how do we do that when we don't even know each other? Or if we are coming together with different ideas and different opinions? In this session, participants will learn leadership strategies to build a team and come to a consensus. The lessons learned can be used in out of school settings or even with your friends!

Matthew Newman, 4-H Agent/CEDH Monmouth County, Rutgers Cooperative Extension, Freehold

### 50. Your Program Is Sweet! Building a Self-Assessment Plan with the NJ Quality Standards for Afterschool

We've all been there. We want to take time to review our program, but things get in the way. In this engaging and interactive workshop geared towards directors, we will share ideas and strategies on implementing an assessment plan for your program that will have everyone asking for more.

Tania Lazar, NJSACC Quality Coach, Westfield

### 51. Student Voice/Student Choice: Scheduling to Meet Their Wants and Needs

This workshop will cover the steps needed to create a schedule of varying academic and enrichment activities that cover multiple areas of enrichment. By the end of this workshop, participants will have created an 8- to 12-week schedule which includes Academic Remediation, Academic Enrichment, Cultural/Arts, Positive Youth Development, Health, Nutrition, Fitness and Physical Activity, and Character Education/

Kristen Boyd, Project Director of Extended School Enrichment Programs, Egg Harbor Township School District, Egg Harbor

### 52. Games to Inspire Creative Writing with 4-H

Afterschool creative writing programs do not have to be solitary experiences for youth: they can be interactive fun! Learn about creative writing prompts and games that come from improv comedy, writer's retreats, and 4-H curricula that get youth in grades 4 and up excited to explore stories through writing.

Laura Eppinger, Salem County 4-H Agent, Rutgers Cooperative Extension, Woodstown, NJ

### 53. The Art of Invention

Are your students inventive? Through hands-on engineering with simple materials, students explore cause and effect in artistic sculptures, simple machines, and elegant design. Problem solving in teams, competitive challenges, and the consequences of economics add to the excitement, along with introductions to ancient Rome, Leonardo da Vinci, and the ever-popular idea that "form follows function."

Molly Gaston Johnson, Artist, Young Audiences of New Jersey, Trenton

### 54. How to Diversify Activities for Different Age Levels

No matter how much you've prepared ageappropriate, varied learning style, and diverse activities you will inevitably at some point end up with a mixed group of various-aged children. What now? You don't want the younger students to be lost or the older ones to be bored. In this workshop, participants will use hands-on activities and shared experience to develop on-the-spot techniques to transform just about any activity to a multi-grade one.

Alida Cintron, Membership Development Manager, Girl Scouts of Greater NY, New York, NY

### 55. Supporting Immigrant Student Pathways to the American Dream

It can be difficult to understand the realities of being an immigrant in the United States and the challenges they face. In this workshop we will address the myths vs realities immigrants face, the fears of navigating basic services and the impact on immigrant families' Education, Health and Finances and the role we play in impacting immigrant families short and long term in realizing the American Dream. Learn how you can assist the families you serve while remaining culturally sensitive to their needs.

Carlos Valentin, Executive Director, ASPIRA, Inc. of New Jersey, Newark



### Workshops at a Glance

### Your Conference Road Map - Registration Online Only

### Friday Session 1: 9:30 am - 11:00 am

- 1. Level up with Families
- 2. Lessons Learned from the NCASE Peer Learning Community on Quality Improvement
- 3. Foundations of Inclusion
- 4. Feeding Your Children Through the New Jersey Child Nutrition Programs
- 5. Bringing STEM to Light: Teaching About Light and Optics
- 6. Staff Supervision and Leadership
- 7. All You Need to Know About Licensing
- 8. Climate Science Education: A Hands-on Resource
- 9. What You Need to Know About Food Allergy Management in Aftercare Programs
- 10. Quality Coaching and Team Building

### Friday Session 2: 1:15 pm - 2:45 pm

- 11. Level Up with SEL in Your Afterschool!
- 12. Hurry Up and Wait!
- 13. Gear Up for Inclusion: Disability Inclusion
  Power Tools
- 14. Recruiting and Retaining High Quality Staff
- 15. NJ Quality Standards for Afterschool: Tools for Success!
- 16. Conquering Conflict in Your Program: Why it Happens and How to Handle It!
- 17. The Trauma- & Grief-Informed Afterschool Caregiver
- 18. Do You Know Your True Colors?
- 19. Using Books to Foster Diversity, Equityand Inclusivity in Afterschool

### Friday Session 3: 3:00 pm - 4:30 pm

- 20. Level Up with SEL in Your Afterschool Revisited
- 21. Helping Your Staff Stay in Their Lane
- 22. Tweens and Teens: Creating a Culture of Acceptance
- 23. Coding? There's a FREE Club for That!
- 24. Making Sense of the Alphabet Soup: TS, OCD, ADHD, and More
- 25. But I Don't Want to Read!
- 26. Creative Dramatics Leadership: Fostering Creativity and Social Skills
- 27. Cultural Competency and the Brain
- 28. Understanding the Child Care Development Block Grant (CCDBG) and New Jersey's Child Care Subsidy Program

### Saturday Session 1: 9:45 am - 11:45 am

- 29. Level Up with Families
- 30. Planning Supports for Children and Youth with Autism Spectrum Disorder (ASD)
- **31.** Caring for the Caregiver
- 32. Coding? There's a FREE Club for That!
- 33. Advancing Your Afterschool Career: How to Reach the Next Level in Our Field
- 34. Adventures in Peacemaking
- 35. All Morphed Up!
- 36. Recruiting and Retaining High Quality Staff
- 37. Supporting Social and Emotional Development in Out-of-School Time

### Saturday Session 2: 1:15 pm - 2:45 pm

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- 40. Fun for Free: Interactive Activities that Don't Require Resources or Preparation
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- 42. New Jersey Audubon on Call: Teaching STEM Through Nature Discovery (Leveled Up with a National Geographic Perspective)
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- 51. Student Voice/Student Choice: Scheduling to Meet Their Wants and Needs
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- 53. The Art of Invention
- 54. How to Diversify Activities for Different Age Levels
- 55. Supporting Immigrant Student Pathways to the American Dream



### **CONFERENCE FEES**

\$283 / 2 days \$173 / 1 day

**Conference Location and Accommodations:** 

The Marriott Princeton Hotel and Conference Center at Forrestal 100 College Road East, Princeton, NJ 08540

### **ACCOMMODATIONS:**

Room Rates: \$129 per night

Reservations must be made by individual attendees directly with

Marriott reservations at (800) 228-9290 or (609) 452-7800.

Room reservations must be made on or before Friday, November 8, 2019. When you call make sure to mention the NJSACC Conference and the dates of the conference in order to receive the conference rate.



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### **DIRECTIONS**

### From Northern New Jersey:

- Take the Garden State Parkway South to Exit 130, Route 1 South.
- Take Route 1 South approximately 22 miles to **College Road East.**
- Take College Road East, Marriott Princeton is the second driveway on your right.
- -OR-
- Take the New Jersey Turnpike South to Exit 9 -New Brunswick.
- Follow Route 18 North for approximately 1/4 mile to Route 1 South.
- Take Route 1 South approximately 13 miles to **College Road East.**
- Take College Road East, Marriott Princeton is the second driveway on your right.

### From Southern New Jersey:

- Follow I-295 North to Route 1 North (Exit 67).
- Take Route 1 North for approximately 6.5 miles to College Road East.
- Exit right on College Road East, Marriott Princeton is the second driveway on your right.

### From Philadelphia:

### (50 miles)

- Follow I-95 North into New Jersey to Route 1 North (Exit 67).
- Take Route 1 North for approximately 6.5 miles to College Road East.
- Exit right on College Road East, Marriott Princeton is the second driveway on your right.

If you get lost along the way, call the Marriott at 609-452-7800 ext. 5180. Marriott Guest Services staff will be happy to assist you with directions.





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