

*On The*



**WELCOME TO**   
NEW JERSEY'S ANNUAL AFTERSCHOOL CONFERENCE  
**NOVEMBER 22 & 23, 2013**



<b>Welcome</b>	<b>3</b>
<b>Important Conference Information</b>	<b>4</b>
<b>NJ Quality Standards for Afterschool</b>	<b>5-6</b>
<b>Partnerships</b>	<b>7</b>
<b>Special Events</b>	<b>8</b>
<b>Workshops</b>	
<b>Friday Session 1</b>	<b>9</b>
<b>Friday Session 2</b>	<b>10</b>
<b>Friday Session 3</b>	<b>12</b>
<b>Saturday Session 1</b>	<b>13</b>
<b>Saturday Session 2</b>	<b>14</b>
<b>Saturday Session 3</b>	<b>16</b>
<b>Conference Road Map</b>	<b>17</b>
<b>Fees/Directions</b>	<b>18</b>



The mission of the New Jersey School-Age Care Coalition (NJSACC) is to promote and support the development, continuity and expansion of quality programs for children and youth during out-of-school time.



THE STATEWIDE NETWORK FOR  
NEW JERSEY'S  
AFTERSCHOOL COMMUNITIES

Dear Colleagues:

It is my pleasure to invite you to attend The NJSACC Annual Afterschool Conference.

This year our conference has 54 workshop choices. We worked very hard in response to the conference evaluations last year to bring new workshops. All are linked to one or more of the 7 NJ Quality Standards for Afterschool categories.

The theme this year, **On the Road to Quality**, reflects the continuous journey of striving to provide quality afterschool care for New Jersey's youth. Providing the youth of New Jersey with a quality afterschool programs is not an easy task. You all encounter road blocks such as staffing issues, funding concerns and hurricanes, yet you all forge ahead.

I look forward to seeing you, learning with you and helping you develop more and better opportunities for New Jersey's children. Enjoy the conference!

Diane M. Genco  
Executive Director

Conference at a Glance

Friday, November 22, 2013

8:00 am - 9:00 am	Registration Begins & Continental Breakfast
9:00 am - 9:25 am	Opening Session
9:30 am - 11:00 am	Session 1
11:15 am - 1:00 pm	Showcase Alley and Lunch
1:15 pm - 2:45 pm	Session 2
3:00 pm - 4:30 pm	Session 3

Saturday, November 23, 2013

8:00 am - 9:00 am	Registration Begins & Continental Breakfast
8:45 am - 9:30 am	Opening Session RHYTHM POETS: SAMBA TO SALSA
9:45 am - 11:45 am	Session 1
12:00 pm - 1:00 pm	Lunch
1:15 pm - 2:45 pm	Session 2
3:00 pm - 4:30 pm	Session 3

NJSACC  
Welcomes

U.S. Department of Education Mid-Atlantic Regional Meeting  
For

SEA 21st CCLC Coordinators  
Thursday, November 21, 2013



Welcome



## Important Information to Make the Most of Your Conference Experience

### BEFORE CONFERENCE

- ✧ Registration is on a first-come, first-served basis. Workshops fill up quickly so register early! Last day to register is November 8, 2013.
- ✧ Invoices, receipts for payment and confirmations of registration will be available online only. If you need assistance in registering, contact Jessica Heiberg @ 908-789-0259.
- ✧ Group registrations may also be done online. The individual registering the group will be responsible for payment and communication to the group members.
- ✧ Registration fee includes continental breakfast, continuous break stations and a buffet lunch daily. Vegetarian options are always available.
- ✧ No registration refunds will be given after November 8, 2013. However, substitutions may be made at any time. Sorry, no exceptions will be made, regardless of whether or not you attend.
- ✧ If not paying online with a credit card, please mail check or PO with printout of online registration confirmation. Payment by mail MUST be received by November 8, 2013. Send to NJSACC, 231 North Avenue West #363, Westfield, NJ 07090.
- ✧ All conference participants will receive documentation of completed professional development hours.
- ✧ The cut-off date to reserve a hotel room is Friday, November 8, 2013. See Accommodations on page 18.
- ✧ Conference Questions? Please call NJSACC at 908-789-0259.
- ✧ When you complete your registration you will receive a confirmation via email. If no confirmation is received, the registration is incomplete, please call the NJSACC Office at 908-789-0259.

### AT THE CONFERENCE

- ✧ Please dress in layers as room temperatures can fluctuate.
- ✧ Please be courteous to your presenters and fellow attendees as elevated noise levels can be disruptive during workshop sessions.
- ✧ Please put cell phones on silent or vibrate setting.
- ✧ Workshops are selected when you register online. You must attend the workshops that are listed on your nametag or you will be asked to leave the session.
- ✧ Please be patient with hotel staff, NJSACC staff and volunteers. We will do our best to help you should you need assistance.





The road to a quality afterschool program is a continuous journey. NJSACC: The Statewide Network for NJ's Afterschool Communities - with support from the C. S. Mott Foundation and the NJ Department of Education - convened a group of afterschool leaders to answer the question, "What does quality look like in an afterschool program?"

This year's conference, **On the Road to Quality**, will serve as the official launch of the **NJ Quality Standards for Afterschool**. There is one workshop each day specifically about the standards entitled "What is Quality? NJ Standards for Afterschool." The workshop will walk you through the standards and introduce you to using the assessment tool.

The NJ Quality Standards for Afterschool are organized into seven categories

- Administration
- Human Relationships
- Safety and Environmental Health
- Indoor and Outdoor Environment
- Programming and Activities
- Special Needs and The Whole Child
- Health Behavior: Nutrition and Physical Activity.

The Standards for each category are numbered and in bold. The Standard Elements are listed under the bold heading with letters (a, b, c, etc.). The standard elements will help you understand how to interpret the standard and what the important things to look for are. On the following page you will see each category along with the icon that represents it. Below each Standard you will see the workshops listed by number that fall under that category. Some workshops fall into more than one category and may be listed under multiple standards.

For more information on the **NJ Quality Standards for Afterschool** please visit our website at [www.njsacc.org](http://www.njsacc.org).



Below you will find a listing of the workshops by number according to what categories they fall under in the NJ Quality Standards for Afterschool. Some workshops may be listed more than once if they fall into multiple categories.



#### Administration

Friday: 2, 4, 5, 6, 8, 9, 10, 13, 16, 17, 20, 21, 22, 25, 27

Saturday: 29, 39, 41, 43, 44, 45, 50, 52, 53, 54



#### Human Relationships

Friday: 7, 13, 14, 17, 21, 26, 27

Saturday: 29, 31, 32, 35, 44, 45, 49, 51, 52, 53, 54



#### Safety and Environmental Health

Friday: 2, 12

Saturday: 39, 40



#### Indoor/Outdoor Environment

Friday: 11, 15, 23

Saturday: 40



#### Programming and Activities

Friday: 1, 3, 9, 11, 13, 14, 15, 18, 19, 24

Saturday: 28, 30, 31, 32, 33, 34, 35, 36, 37, 38, 42, 46, 47, 48, 51



#### Special Needs and The Whole Child

Friday: 9, 12

Saturday: 45, 52, 54

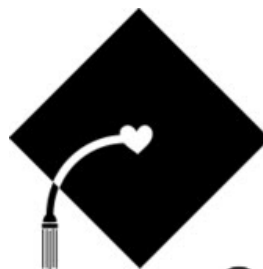


#### Health Behavior

Friday: 11, 20, 24

Saturday: 43, 47, 50





Partnerships

This conference is funded in part by the:

- ✦ NJ Department of Human Services, Division of Family Development as part of a Federal CCDF Block Grant Earmark
- ✦ Federal Elementary and Secondary Education Act, as amended (Title IV, Part B of No Child Left Behind), 21st Century Community Learning Centers grant funds awarded to the NJ Department of Education





## Samba to Salsa: A Journey Through Latin Percussion

Master percussionists Josh Robinson, Alex Shaw and Francois Zayas introduce students to the language of drums and demonstrate the power of communication beyond words while celebrating the traditions of Latin and Brazilian percussion. The audience takes a journey through the origins, history and classic rhythms of samba, salsa and more and learns how percussion relates to their everyday world. Under the expert guidance of the artists, the audience participates and connects to the music through the mesmerizing rhythms of Latin music.

## Showcase Alley Friday 11:15am 1:00pm

Once again, Showcase Alley will feature interactive demonstrations of great program ideas, commercial exhibits and lots of fun and excitement! Remember to bring your business cards along since this is a great chance to network!

### Take the scenic route through Showcase Alley – No Buses Required!

Presented by: Young Audiences New Jersey & Eastern Pennsylvania

Take advantage of a great opportunity to preview artists and programs offered to your children and school community through our Young Audiences' Showcase!

We specialize in creating arts-rich Extended Learning Opportunities (ELO's) that are:

- Engaging
- Curriculum Aligned
- Arts Focused
- FUN!



#### STOP BY AND:

- Watch a performance by one of our top-notch companies
- Participate in hands-on art making workshops
- Observe how Young Audiences' unparalleled artists make learning engaging and fun

Our programs are priced to meet your afterschool budget needs!

Learn more at [www.yanj-yaep.org](http://www.yanj-yaep.org) or by calling 866-500-9265.

Young Audiences New Jersey & Eastern Pennsylvania is the premiere arts-in-education resource in the region, providing high-quality performances and artist-in-residence programs to nearly 500,000 children pre-kindergarten through 12th grade annually. Young Audiences' extensive professional artist roster represents all art forms from dance and theater to music, language and visual arts.



**Friday Session 1:  
9:30am 11:00am**

**1. Explorations in Your After School Program – See the World Through Writing, Sketching and Building**

Put STEAM (Science, Technology, Engineering, Arts and Math) in your afterschool program with Explorations. Engage youth in environmental stewardship and artistic self expression. In this hands-on workshop, staff will explore and learn how to facilitate environmental education through the artistic media of writing, sketching and building. Explorations correlates to the core curriculum standards in environmental science, visual arts and writing. Exploration's creative process promotes life skill development (e.g., critical thinking, wise use of resources, decision making). Activities can be integrated into afterschool community service and workforce development programs.

*Richard Alomar, Landscape Architecture, Assistant Professor, Rutgers University, New Brunswick*

*Tobiah Horton, Landscape Architecture, Assistant Professor, Rutgers University, New Brunswick*

*Ellen Williams, Expressive Arts 4-H Agent, Associate Professor, Rutgers University, New Brunswick*

**2. All You Need to Know About Licensing**

Are you thinking about starting an afterschool program? Maybe you already run a program but just have some questions about regulations. Staff from the Office of Licensing are here to help by presenting the most current information available on licensing regulations and answering all of your licensing questions.

*Staff, Office of Licensing, Trenton*

**3. Publish Hardcover Books in Your Afterschool Programs...in Minutes!**

**FUN=ENGAGED=SUCCESS!** Come learn about a myriad of publishing ideas for your afterschool programs using the LINTOR Make-A-Book process for easy and affordable classroom publishing. See how much fun it is to create professional-looking hardcover books in just minutes!

*Janice Miller, President, LINTOR Make-A-Book, Inc., Ft. Myers, FL*



**4. Creating a Common Core Learning Environment in Afterschool**

What can Common Core Standards do to transform your programs and strengthen your partnerships? Participants will learn how to identify the Common Core and "Habits of Mind" in what they are already doing in their programs. Activity choices, the role of afterschool in the implementation of the common core standards, the importance of staff culture and climate, relevant research and partnerships with school districts in adapting the Common Core are the cornerstones of this engaging workshop for directors, site coordinators and front line staff. As the standards are implemented in 46 states, and policymakers and funders look for innovative

models in afterschool, alignment with the learning day and common core is an opportunity to showcase the impact programs have on children. This workshop provides tools to start these conversations and create greater impact on the children, families and communities that your program serves.

*Ken Anthony, Director of Professional Development, Connecticut After School Network, Farmington, CT*

**5. Linking With the School Day**

Aligning school day learning with afterschool activities through intentional planning and on-going communication between school-day and program staff will enhance participants' academic skills and social progress. Afterschool programs and schools share the mission of helping youth achieve success; as such, collaboration between the two can be mutually beneficial. Attendees will learn how to establish and maintain effective collaborations through intentional planning, coordination and professional development.

*Haydee Perez-Livingston, Coordinator, Extended Educational Services Unit, Office of Student Support Services, New Jersey Department of Education, Trenton*

**6. What is Quality? NJ's Quality Standards for Afterschool**

After an inclusive development process led by representatives from a diverse mix of afterschool programs and state agencies, NJ's first Quality Standards for Afterschool Programs are complete! This hands-on workshop will walk you through the Standards and allow you to try the Assessment Tool.

*Sarah Cruz, Director of Expanded Learning Opportunities, NJSACC, Westfield*



**Friday Session 2:  
1:15pm – 2:45pm**

**7. Interactive Afterschool Parent Activities**

Successful parenting programs require specific measures and practices to be put in place. Key components for successful parent events include effective marketing of opportunities for parental participation, hiring of enthusiastic staff and intentional interactions with parent volunteers. In this hands-on workshop you will experience how parents interact with their children in afterschool activities, learn how to create materials that will ensure parental participation and gain first-hand experience in giving students and parents a choice through voice.

*Dawn C. Bishop-Wistreich, 21st Century After School Program Coordinator, 4th Grade Gifted & Talented Educator, Perth Amboy Public Schools, Perth Amboy*

**8. Using Data to Create Positive Child and Youth Outcomes**

Data and Positive Youth Outcomes are all the buzz in afterschool. In this workshop participants will learn: how to connect program quality and youth outcomes data to deepen quality improvement efforts within a site, across multiple sites, and/or at a system level; how to bring multiple stakeholders together to agree upon and promote desired outcomes; how to explore and interpret data to identify opportunities for improvement; ways to introduce data and findings to staff and other stakeholders.

*Ellen Gannett, MS Ed, Director, NIOST, Wellesley, MA*

**9. Kids with Autism in Afterschool Programs – Best Practices for Inclusion**

Inclusion is more than letting children with disabilities into your afterschool program. The true essence of inclusion is the sense of belonging. This presentation will highlight important areas related to providing a welcoming and nurturing environment for children of all abilities. Although there is no standard methodology for inclusion, participants will discover some best practices of understanding and embracing differences, sharing strengths, guiding and adapting activities, supporting different levels of need, and facilitating meaningful relationships. The group will work together to discover strategies for educational supports, inclusive recreational activities, and social interactions.

*Adrienne P. Robertiello, Autism Educator, Children's Specialized Hospital, Mountainside*



**10. Creating High Quality School-Community Partnerships**

This presentation will introduce participants to NYSAN's new guidebook on Designing an Expanded Learning Time (ELT) Program. Participants will learn how to use the free guidebook to assist in developing strong school-community partnerships and will be introduced to many of the valuable resources included in the guidebook. This presentation will be valuable to those who are looking to create strong school-community partnerships even if they aren't implementing a fully integrated ELT program.

*Alli Lidie, Policy and Communications Coordinator, New York Afterschool Network (NYSAN)*

*Nora Niedzielski-Eichner, PhD, Executive Director, New York Afterschool Network (NYSAN)*

**11. NJ Kids in Nature**

Join us to learn more about this statewide initiative to celebrate and coordinate getting kids outdoors. Research shows that children who have access to outdoor green spaces during the day are more engaged in learning, interact better with their peers and think more creatively and critically. No matter where your facility is--urban, suburban or rural--your afterschool program can better facilitate outdoor nature play and support healthy children!

*Dale Rosselet, Vice President for Education, NJ Audubon Society, Cape May Courthouse*

## 12. Autism and Safety: It's Unpredictable

With current estimates that autism affects one percent of the population, leisure and recreation service providers can expect to interact with people who have autism as part of their regular activities and events. This important workshop developed through Children's Specialized Hospital will provide resources and strategies regarding safety matters related to children with autism spectrum disorder (ASD) and those who protect them. Participants will learn important characteristics of ASD that pose potential danger to self, others and property; communication and behavioral challenges affecting safety; and other complex challenges relating to this group at increased risk for accidental injury. This comprehensive, resourceful presentation includes such topics as safety risks, wandering, bullying/abuse, fire safety, transportation issues, safeguards and prevention and many more. Interventions to teach safety skills will be addressed.

*Adrienne P. Robertiello, Autism Educator, Children's Specialized Hospital, Mountainside*

## 13. "Which Way Do I Go?" Career Awareness and Exploration for Older Adolescents

Career awareness and exploration are key components to helping youth develop who they are and who they want to become. The Out-of-School Time (OST) setting provides a unique opportunity to give students access to career awareness and exploration, by allowing the time for youth to develop and expand their interests as well as offering a forum for professionals to engage with the students as speakers or mentors. This workshop will provide practical strategies for assisting youth in identifying career interests, values, goals and skills and teaching them to research and explore career pathways that support their interests. The workshop will demonstrate how to assist

students in gaining awareness of the world of work and how to participate and apply learning experiences that reflect career interests (i.e., job shadowing, volunteering and service learning).

*Ebony Grace, Education Program Development Specialist II, Office of Student Support Services, New Jersey Department of Education, Trenton*

## 14. Leading Effective Group Activities

In this interactive workshop, participants will discuss group dynamics and the roles that participants assume when part of a group. The session will include strategies to lead group activities with program youth or staff and will model proven group facilitation techniques.

*Mike MacEwan, Director of 21st CCLC and STEM Initiatives, NJSACC, Westfield*

## 15. A World of 7 Billion – Understand Our Growing Planet Through Population Connection

Take part in hands-on activities that explore how the growth of human population has impacted the Earth and remade the natural world in unprecedented ways. Help students understand how they can help care for the environment and make a positive impact through daily life activities.

*Sharon Kinsey, Camden County 4-H Agent, Rutgers Cooperative Extension of Camden County, Cherry Hill*

## 16. The Value of Partnerships in Afterschool and Summer Learning: A National Case Study of 21st Century Community Learning Centers

This workshop will provide concrete evidence of the important role partnerships play in

leveraging cash and in-kind resources to sustain 21st CCLC. Participants will receive tools and resources to help grantees begin to track and communicate the value of partnerships for their own programs.

*Cara Patrick, Senior Program Associate, The Finance Project, Washington, DC*

*Shawn Stelow, Vice President of Education and Children's Services, The Finance Project, Washington, DC*



## 17. Creating a School and Parent Partnership

Parents are the first teachers of our youth and the key to our students' success. Our school-based program intentionally communicates with parents on a regular basis and results in greater parental participation: our evaluator has noted that 94% of the parents responded that the program has made a positive impact in their lives, and 53% of the students reported that their parents were more involved in their education as a result of the program. This workshop will focus on the varying strategies school-based programs can use to increase parental involvement.

*Joanne Flynn, Project Director, Phillipsburg REACH 21st CCLC, Phillipsburg*



## 18. Implementing Technology with Dr. Green Screen

Bridging the gap between education and technology, this workshop will provide participants with the opportunity to successfully incorporate audio-visual themes and skills into their afterschool programs. It will take participants through the full step-by-step process, beginning with a brainstorming segment and working right up to the finished product. Let your creativity be the star!

*Karen Marino, Site Supervisor, Farmington Extended Care and Learning, Farmington, CT*

*Bryan Zerio, Program Coordinator, Farmington Extended Care and Learning, Farmington, CT*



## Friday Session 3: 3:00pm – 4:30pm

### 19. Bots, Bubbles and Buoyancy

A world of new knowledge is rising to the surface as scientists employ robots and gliders to explore ocean wonders. Spark youth interest in marine science and engineering with an underwater robot project. In this workshop, you will make a buoyancy demonstrator you can use to create a learning experience kids will enjoy. Using simple materials, build the component parts and assemble an underwater robot. Easy to follow instructions and demonstrations will guarantee success. Fun, hands-on learning activities can be duplicated and adapted for your unique setting.

*Wendy Byar, 4-H Program Assistant (military), Rutgers University, Westampton*  
*Stephen Costa, Robotics 4-H Club Teen Leader, Rutgers University, Westampton*

*Gloria Kraft, Burlington County 4-H Agent, Rutgers University, Westampton*

### 20. Policy, Practice and People

This workshop will look at the ways afterschool programs in the UK promote healthy eating and behavior and how you can apply these methods to your own program. Discussion will focus on best practices for promoting healthy behavior, the link between healthy students and community well-being and useful resources for staff.

*Lindsay Graham, School Food and Health Advisor, United Kingdom*

### 21. NJDCF Father Engagement in Education

This workshop will provide an opportunity to learn about NJ's Department of Children and Families Father Engagement Initiative. Participants will have an opportunity to discuss how children and youth benefit from greater engagement by fathers.

*Shondelle C. Wills-Bryce, MSW, Administrator, Office of School Linked Services, Division of Prevention and Community Partnerships, Trenton*

### 22. Joint Professional Development to Increase Staff Capacity

The Foundation for Educational Administration has focused on joint professional development between schoolday and afterschool staff to facilitate productive reflection and exchange on how the 21st CCLC programming can support the schoolday lessons. This workshop will discuss the program's strategies for professional development collaboration.

*Mary Reece, EdD, Director of Special Projects, NJ Foundation for Educational Administration, Monroe Township*

### 23. Imagine: Afterschool Space That Works

This interactive workshop will explore the components of quality indoor space design for afterschool programs, focusing on a variety of resources and techniques. This workshop is based on the book *Imagine: Afterschool Space That Works*, written by Mav Pardee and published by NJSACC.

*Joan Dillon, Executive Director, Glassboro Child Development Center, Glassboro*

**Saturday Session 1:  
9:45am – 11:45am**

**24. “CATCH” Kids Afterschool: Build Healthy Behaviors!**

Be inspired and become aware of CATCH: Coordinated Approach to Child Health evidence-based resource. CATCH Kids Club builds healthy physical activity, nutrition knowledge and eating habits for your K-8 afterschool programs and also impacts parents. Have fun with physical activities that encourage participation without elimination, and see how CATCH nutrition learning activities and snack prep help influence children to be active and eat right in and out of school. CATCH is also a childhood obesity risk-reduction program resource. Learn which CATCH tools, training options and support are right for your program.

*Representative, Flaghouse, Hasbrouck Heights*

**25. Summer Starts in September: Improving the Quality of Your Summer Program**

Summer starts in September, so we're already two months behind! Let the National Summer Learning Association help you catch up. As soon as last summer slips into the past, it is time to start thinking, assessing and planning for next summer while summer's lessons are still fresh in your mind and easy to retrieve. Carefully planned summer learning programs provide youth with life-changing experiences, so it is important to begin with the end in mind, establishing definite goals and the steps needed to achieve them. In this workshop, participants will receive the Comprehensive Assessment of Summer Programs (CASP) quality standards and hear and practice ideas for using them in continuous program improvement. Using the interactive program planning guide the facilitator will model activities and tools that participants can use to plan a fantastic summer learning program.

*Larry Smith, Program Quality Manager, National Summer Learning Association, Baltimore, MD*

**26. Increasing High School Student Engagement**

The Boys and Girls Club of Perth Amboy has maximized student engagement and attendance in its high school afterschool program by focusing on key elements and associated new strategies, creating a multi-culture club, refocusing staff interests and creating a 21st CCLC student community within the school. This workshop will discuss strategies for increasing student engagement in high school afterschool programs.

*Brieem Towns, Unit Director, Boys & Girls Club of Perth Amboy-Carteret Unit, Carteret*

**27. Transformational Leadership: Becoming Agents of Change**

What is a transformational leader? Transformational leaders focus on followers, motivating them to high levels of performance, and in the process, help them develop their own leadership potential. Professional Impact New Jersey is committed to building transformational leaders in the afterschool and early care and education fields. Participants will engage in discussions about transformative learning through authentic practices, teacher and child as co-learners and intentional teaching.

*Kim M. Cornell, Director of New Initiatives, Professional Impact New Jersey*

*Arlene R. Martin, PhD, Executive Director, Professional Impact New Jersey*

**28. Explore It! Cake Chemistry**

Do you like to eat cake? Do you like to make cakes? In this hands-on workshop you will develop your own recipe, prepare it, bake it, taste it and explore how the ingredients work together. Cake Chemistry is one of six Explore It! afterschool science programs developed by the Education Development Center and offered by the Rutgers Cooperative Extension 4-H Youth Development and NJSACC. Explore It! is an engaging, inquiry-based and fun STEM program designed specifically for afterschool.

*Jeannette Rea-Keywood, County 4-H Agent, Rutgers Cooperative Extension, Bridgeton*

**29. Community Connection**

They say it is better to give than to receive, and that is just what the Community Connections program is all about. This workshop will provide you with innovative ideas to better connect your program with your community. Learn creative ways to increase your program's visibility while encouraging families to give back to people, animals and the earth. Discover how to partner with organizations to build a better tomorrow.

*Chris Jorn, Site Coordinator, Prime Time, Cranford*



### 30. Making Make Believe

All kids love to make believe, and a focus and goal can make imaginary play all the better. This workshop emphasizes inventive storytelling to provide an introduction to drama with simple and fun theater-oriented exercises that anyone can facilitate. Participants create their own "make believe" drama piece with use of voice, music, props (use whatever you have), costumes and, most importantly, their own ideas. These creative sessions, which can be done independently or on a continuum, allow children to exercise their bodies and minds.

*Paul Caruso, Teaching Artist, Instructor of Dramatic Writing, Montclair State University, Montclair*

### 31. Team Building Through STEM

It's true: a team that plays together stays together. Team-building with staff and kids can be challenging but should be fun. In this hands-on workshop you will learn STEM-themed and inquiry-based team building activities that work great as staff exercises or as activities to engage kids. The session will include tips to use when leading these activities at your sites, as well as a discussion on extension activities to supplement the training. Come to this workshop ready for a fun challenge.

*Mike MacEwan, Director of 21st CCLC and STEM Initiatives, NJSACC, Westfield*

### 32. Adventures in Peace

This workshop is designed to help staff in afterschool programs teach children effective, nonviolent ways to resolve conflict. It was developed to meet the unique needs of program providers and will focus on implementing instruction in key conflict resolution concepts, further developing children's skills using experiential education strategies and developing

approaches for resolving conflict in childcare settings. The focus will be on "The Peaceable Program" model and will use an adventure based approach to teaching conflict resolution.

*Dagmar Wojcik, Trainer, NJSACC, Westfield*

### 33. Crafts, Crafts, Crafts!

In this fun workshop you will learn a variety of crafts and crafty ideas to bring to your program and take home your new creations!

*Adrienne Mtume, Assistant SACC Director, South Mountain YMCA, Maplewood*

### 34. Recycled Crafts: Good for the Earth and Your Budget!

Are you always looking for new craft ideas that won't break the bank? Recycled art projects are a fantastic way to save your budget and the environment! In this workshop you will create cool crafts by giving new life to old or discarded items. It's a great way to showcase children's creativity and teach them how to be kind to the earth.

*Natasha Klochkova, Craft Artist, Westfield*

### 35. The Language of Music

Join this fun and interactive percussion workshop where you will be a part of the action while you learn exercises and games geared towards communication skills and engaging the group, instrument making/found object ideas and multi-disciplinary project inspirations. Don't miss the fun!

*Josh Robinson, Artist, Young Audiences of New Jersey, Trenton*

### 36. Bridging the Gap

This summer education alignment program was designed by the YMCA of Montclair to help keep kids on track during the summer months with reading, writing and math skills and includes DEAR (Drop Everything and Read). Come learn the program outline, which includes Bring a Book to Life and lessons learned on how to combat summer learning loss.

*Kim Griffiths, Youth, Teen and Family Director, Montclair YMCA, Montclair*

*Kate Pastorino, Elementary Education Teacher, Specialty Instructor, Montclair YMCA, Montclair*

### Saturday Session 2: 1:15pm – 2:45pm

### 37. Your Afterschool Program: a Place for Imagination in Action Through Theater

Open the world of theater to your students through the National 4-H Council Theater Arts curriculum! Your afterschool program will become a creative play space as children engage in a variety of exciting activities such as improvisation, pantomime, puppetry, playwrighting, costume design and mask making. Workshop attendees will participate in a selection of these activities and learn how to conduct them with youth. Each participant will receive a packet containing sample theater arts activity plans from the curriculum. Life skills and workforce development concepts are woven throughout the curriculum, which includes online learning components; facilitator guide to enhancing activity leadership; experiential learning process questions; internet resources to enhance learning; integration with national theater standards; and progressive challenge opportunities through beginner, intermediate and advanced levels. Make your afterschool program a place that sparks Imagination in Action!

*Ellen Williams, Expressive Arts 4-H Agent, Associate Professor, Rutgers University, New Brunswick*



### 38. Play in a Day

Creating a play doesn't have to involve elaborate props and costumes. From one word to one sentence, we can create an entire story or narrative on phrase at a time. The key is to LISTEN, not anticipate. We then replace the narrative with dialogue. Finally, we add action. With no materials needed your play is complete!

*Paul Caruso, Teaching Artist, Instructor of Dramatic Writing, Montclair State University, Montclair*

### 39. What is Quality? NJ's Quality Standards for Afterschool

After an inclusive development process led by representatives from a diverse mix of afterschool programs and state agencies, NJ's first Quality Standards for Afterschool Programs are complete! This hands-on workshop will walk you through the Standards and allow you to try the Assessment Tool.

*Sarah Cruz, Director of Expanded Learning Opportunities, NJSACC, Westfield*

### 40. ABCs of Playground Safety

Using the National Program for Playground Safety Safe Supervision Kit, you will learn how to analyze the playground for potential problems and hazards; how to recognize unsafe play; how to effectively monitor play areas; how to develop methods of communication for use in emergency situations and how to develop an effective supervision plan to reduce injuries and promote safe play.

*Joyce Fircha, Supervisor of Recreation, Edison Recreation Department, Edison*

### 41. So What Do I Do Next? Understanding and Using the NJ Registry Career Lattice

This workshop will introduce you to Professional Impact NJ's Core Knowledge and Competencies, Professional Standards for Working With Children Birth Through Age Eight and in Afterschool Programs and the updated NJ Registry Career Lattice. The Lattice is made up of ten levels determined by your education and experience in the early childhood or afterschool field. You will learn how to apply online to the newly upgraded NJ Registry to find where you fall on the Lattice now, and use Professional Impact NJ's Core

Knowledge and Competencies to determine what you have to do to move up to the next level. Come hear how the NJ Registry Career Lattice and the Core Knowledge and Competencies can work for you!

*Mary Manning-Falzarano, Clearinghouse Manager, Professional Impact NJ, Union*

### 42. Play Factory

Premiere Stages will host a playwriting workshop designed for educators hoping to utilize playwriting as an ELO technique. Based on Premiere Stages Play Factory Residency Program, this interactive workshop will detail the fundamentals of playwriting through a series of writing and acting exercises. The workshop will also feature a discussion of the ways in which playwriting can reinforce classroom learning and promote literacy and collaborative skills in a fun and active way.

*Clare Drobot, Resident Dramaturg, Premiere Stages, Kean University, Union*

*John Wooten, Artistic Director, Premiere Stages, Kean University, Union*

### 43. Policy, Practice and People

This workshop will look at the ways afterschool programs in the UK promote healthy eating and behavior and how you can apply these methods to your own program. Discussion will focus on best practices for promoting healthy behavior, the link between healthy students and community well-being and useful resources for staff.

*Lindsay Graham, School Food and Health Advisor, United Kingdom*

### 44. Positive Discipline in Afterschool

During this session you will learn positive techniques and intervention strategies for dealing with inappropriate behavior. The session consists of group discussions, real life examples and fun activities. We will discuss setting clear limits and rules and exploring why children 'act out' and what to do about it. Bring your personal stories, your questions and your toolkits for a successful training session.

*Stephanie Wilson, Trainer, NJSACC, Westfield*

### 45. Fostering Resilience in Children Coping with Loss

This program will give you resources and ideas for how to respond to children who experience loss in order to foster resilience and emotional well-being. This presentation will help you to learn the definitions of loss, grief, mourning and resilience; discuss the myths about grief; explore the tasks of mourning; learn ways of supporting a child after a death loss; learn how to listen to children who are grieving.

*Connie Palmer, LCSW, Clinical Training Director, Imagine, Westfield*



## Saturday Session 3: 3:00pm – 4:30pm

### 46. Kitchen Science

What is a chemical reaction? What are solutions and emulsions? What can you make with cornstarch? These are some of the questions we might answer as we explore basic biology, chemistry and physics using common items from the kitchen. During this session, you will have fun with kitchen science and chemical reactions as you combine ingredients and prepare a variety of mixtures.

*Jeannette Rea-Keywood, County 4-H Agent, Rutgers Cooperative Extension, Bridgeton*

### 47. Games, Games, Games!

This workshop for new staff will keep the ball rolling with new ideas for non-competitive games to play with school-age children. A variety of cooperative games that can be utilized with large and small multi-age groups will be taught in this fun and interactive workshop. Be prepared to participate!

*Dennis Groomes, Trainer, NJSACC, Westfield*

### 48. Making Math Fun!

Getting the children in your program excited about math doesn't have to be hard. This hands-on workshop will provide you with fun activities for a variety of ages that will reinforce math skills learned during the school day. Using unconventional techniques, you will learn how games and activities you are already doing incorporate math without students even realizing it!

*Adriane Collett, Trainer, NJSACC, Westfield*

### 49. The Healing Power of Humor

When humor is an integral part of all you do, everyone reaps the benefits. This workshop will show you how to boost the mood and morale of your children and staff by incorporating humor into every aspect of your program.

*Karen M. Theiss, Child Care Director, Westfield Area Y, Westfield*

*Lori E. Theiss, Creative Director & Certified Laughter Leader, AristaCare Health Services, South Plainfield*

### 50. Healthy Meals and Afterschool Snacks

Does your program serve children from a school where at least 50% of the school population qualifies for free or reduced lunch? If so, you most likely can take advantage of the At-Risk Afterschool Meals Program, a federal program that provides reimbursement to programs serving full nutritious suppers. Come learn about the At-Risk Afterschool Meals Program, as well as nutrition and healthy snack ideas.

*Lindsay Seagull, Child Nutrition Outreach Coordinator, VISTA, NJSACC, Westfield*

### 51. The Benefits of Cooperative Gaming

As afterschool providers, we have a unique opportunity to positively impact the youth that we work with. One area that is key to healthy development is acquiring life skills. Communication, teamwork and logical reasoning are all important aspects of cooperative gaming. Come and learn about Forbidden Island and see how this game and others like it can get kids involved and help them cultivate these skills in a fun way!

*Mark Simmons, Site Director, Haddonfield Child Care, Haddonfield*

### 52. That's a Family

In this workshop based on the groundbreaking video *That's a Family*, you will see the many different shapes that families take today. Designed especially for elementary-school children, the video takes you into the lives of children in a variety of family situations, explaining concepts like birth mom, mixed race, guardian, gay and lesbian, and stepdad. The film's message of inclusion and respect for all is a crucial one for children and adults to learn.

*Diane Genco, Executive Director, NJSACC, Westfield*

### 53. Positive Discipline in Afterschool

During this session you will learn positive techniques and intervention strategies for dealing with inappropriate behavior. The session consists of group discussions, real life examples and fun activities. We will discuss setting clear limits and rules and exploring why children 'act out' and what to do about it. Bring your personal stories, your questions and your toolkits for a successful training session.

*Stephanie Wilson, Trainer, NJSACC, Westfield*

### 54. Be an Upstander!

Don't be a bully, don't be a victim: be an Upstander! If we merely wag our fingers at kids and adults when they bully others, we are wasting our time because they aren't really listening. Come learn how an underlying foundation of empathy, self-esteem and empowerment can be used to explain to bullies the permanent pain they cause, teach victims that everyone deserves respect and inspire bystanders to be Upstanders.

*Lynne Azarchi, Executive Director, KidsBridge, Tolerance Museum at the College of New Jersey, Ewing*





## Your Conference Road Map – Registration Online Only

### Friday Session 1: 9:30 am 11:00 am

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1. Explorations in Your After School Program See the World Through Writing, Sketching and Building
2. All You Need to Know About Licensing
3. Publish Hardcover Books in Your Afterschool
4. Creating a Common Core Learning Environment in Afterschool
5. Linking With the School Day
6. What is Quality? NJ's Quality Standards for Afterschool
7. Interactive Afterschool Parent Activities
8. Using Data to Create Positive Child and Youth Outcomes
9. Kids With Autism in Afterschool - Best Practices for Inclusion

### Friday Session 2: 1:15 pm 2:45 pm

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10. Creating High Quality School-Community Partnerships
11. NJ Kids in Nature
12. Autism and Safety: It's Unpredictable
13. "Which Way Do I Go?" Career Awareness and Exploration for Older Adolescents
14. Leading Effective Group Activities
15. A World of 7 Billion - Understand Our Growing Planet through Population Connection
16. The Value of Partnerships in Afterschool and Summer Learning: A National Case Study of 21st Century Community Learning Centers
17. Creating a School and Parent Partnership
18. Implementing Technology with Dr. Green Screen

### Friday Session 3: 3:00 pm 4:30 pm

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19. Bots, Bubbles and Buoyancy
20. Policy, Practice and People
21. NJDCF Father Engagement in Education
22. Joint Professional Development to Increase Staff Capacity
23. Imagine: Afterschool Space That Works
24. "CATCH" Kids Afterschool: Build Healthy Behaviors!
25. Summer Starts in September: Improving the Quality of Your Summer Program
26. Increasing High School Student Engagement
27. Transformational Leadership: Becoming Agents of Change

### Saturday Session 1: 9:45 am 11:45 am

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28. Explore It? Cake Chemistry
29. Community Connection
30. Making Make Believe
31. Team Building through STEM
32. Adventures in Peace
33. Crafts, Crafts, Crafts!
34. Recycled Crafts Good for the Earth and Your Budget!
35. The Language of Music
36. Bridging the Gap

### Saturday Session 2: 1:15 pm 2:45 pm

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37. Your Afterschool Program: a Place for Imagination in Action Through Theater
38. Play in a Day
39. What is Quality? NJ's Quality Standards for Afterschool
40. ABC's of Playground Safety
41. So What Do I Do Next? Understanding and Using the NJ Registry Career Lattice
42. Play Factory
43. Policy, Practice and People
44. Positive Discipline in Afterschool
45. Fostering Resilience in Children Coping with Loss

### Saturday Session 3: 3:00 pm 4:30 pm

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46. Kitchen Science
47. Games, Games, Games!
48. Making Math Fun!
49. The Healing Power of Humor
50. Healthy Meals and Afterschool Snacks
51. The Benefits of Cooperative Gaming
52. That's a Family
53. Positive Discipline in Afterschool
54. Be an Upstander!



## CONFERENCE FEES

NJSACC Members	Non-Members
\$251 / 2 days	\$296 / 2 days
\$151 / 1 day	\$196 / 1 day

Conference Location and Accommodations:  
The Marriott Princeton Hotel and Conference Center at Forrestal  
(formerly the Doral)  
100 College Road East, Princeton, NJ 08540

## ACCOMMODATIONS:

Room Rates: \$119 per night  
Reservations must be made by individual attendees directly with Marriott  
reservations at (800) 228-9290 or (609) 452-7800.  
Room reservations must be made on or before Friday, November 8, 2013.  
When you call make sure to mention the NJSACC Conference and the  
dates of the conference in order to receive the conference rate.



[www.njsacc.org](http://www.njsacc.org)



## DIRECTIONS

### From Northern New Jersey:

- Take the Garden State Parkway South to Exit 130, Route 1 South.
- Take Route 1 South approximately 22 miles to College Road East.
- Take College Road East, Marriott Princeton is the second driveway on your right.

-OR-

- Take the New Jersey Turnpike South to Exit 9 - New Brunswick.
- Follow Route 18 North for approximately 1/4 mile to Route 1 South.
- Take Route 1 South approximately 13 miles to College Road East.
- Take College Road East, Marriott Princeton is the second driveway on your right.

### From Southern New Jersey:

- Follow I-295 North to Route 1 North (Exit 67).
- Take Route 1 North for approximately 6.5 miles to College Road East.
- Exit right on College Road East, Marriott Princeton is the second driveway on your right.

### From Philadelphia:

(50 miles)

- Follow I-95 North into New Jersey to Route 1 North (Exit 67).
- Take Route 1 North for approximately 6.5 miles to College Road East.
- Exit right on College Road East, Marriott Princeton is the second driveway on your right.

*If you get lost along the way,  
call the Marriott at 609-452-7800 ext. 5180.  
Marriott Guest Services staff will be happy*