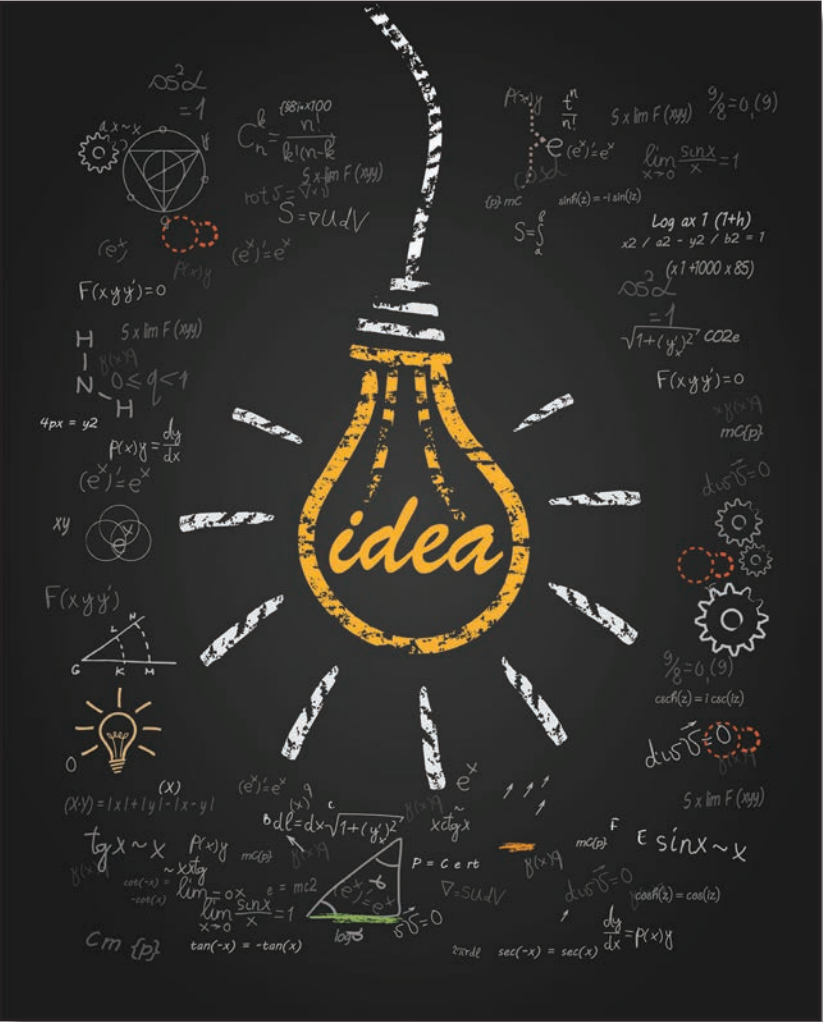


# WELCOME TO NEW JERSEY'S ANNUAL CONFERENCE ON AFTERSCHOOL FROM S.T.E.A.M. TO SUSTAINABILITY: THE FUTURE OF AFTERSCHOOL

FRIDAY, NOVEMBER 13, 2015 - SATURDAY, NOVEMBER 14, 2015







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The mission of the New Jersey School-Age Care Coalition (NJSACC) is to promote and support the development, continuity and expansion of quality programs for children and youth during out-of-school time.



**THE STATEWIDE NETWORK FOR  
NEW JERSEY'S  
AFTERSCHOOL COMMUNITIES**

Dear Colleagues:

It is my pleasure to invite you to attend NJ's only annual Afterschool Conference.

This year our conference has over 50 workshop choices. Our team at NJSACC worked very hard in response to the conference evaluations from last year to provide a program that meets your professional development needs. All the workshops are linked to one or more of the 7 NJ Quality Standards for Afterschool categories.

The theme this year, From S.T.E.A.M to Sustainability: The Future of Afterschool, reflects the continuous job of striving to provide quality afterschool care for New Jersey's youth. Providing the youth of New Jersey with quality afterschool programs is not an easy task. NJSACC is here to support you in the ongoing improvement of your programs.

I look forward to seeing you; learning with you, and helping you develop more and better opportunities for New Jersey's children. Enjoy the conference!

Diane M. Genco  
Executive Director  
NJSACC

Conference at a Glance	
Friday, November 13, 2015	
8:00 am - 9:00 am	Registration Begins & Continental Breakfast
9:00 am - 9:25 am	Opening Session
9:30 am - 11:00 am	Session 1
11:15 am - 1:00 pm	Showcase Alley and Lunch
1:15 pm - 2:45 pm	Session 2
3:00 pm - 4:30 pm	Session 3
Saturday, November 14, 2015	
8:00 am - 9:00 am	Registration Begins & Continental Breakfast
8:45 am - 9:30 am	Opening Session -- Freestyle Repertory Theater
9:45 am - 11:45 am	Session 1
12:00 pm - 1:00 pm	Lunch
1:15 pm - 2:45 pm	Session 2
3:00 pm - 4:30 pm	Session 3



Welcome



## Important Information to Make the Most of Your Conference Experience

### BEFORE CONFERENCE

- ✧ Registration is on a first-come, first-served basis. Workshops fill up quickly so register early! Last day to register is October 30, 2015.
- ✧ Invoices, receipts for payment and confirmations of registration will be available online only. If you need assistance in registering, contact Jessica Heiberg @ 908-789-0259.
- ✧ Group registrations may also be done online. The individual registering the group will be responsible for payment and communication to the group members.
- ✧ Registration fee includes continental breakfast, continuous break stations and a buffet lunch daily. Vegetarian options are always available.
- ✧ No registration refunds will be given after October 30, 2015. However, substitutions may be made at any time. Sorry, no exceptions will be made, regardless of whether or not you attend.
- ✧ If not paying online with a credit card, please mail check or PO with printout of online registration confirmation. Payment by mail MUST be received by October 30, 2015. Send to NJSACC, 208 Lenox Avenue #363, Westfield, NJ 07090.
- ✧ All conference participants will receive documentation of completed professional development hours.
- ✧ The cut-off date to reserve a hotel room is Friday, October 30, 2015. See Accommodations on page 17.
- ✧ Conference Questions? Please call NJSACC at 908-789-0259.
- ✧ When you complete your registration you will immediately receive a confirmation via email. If no confirmation is received, the registration is incomplete. Please call the NJSACC Office at 908-789-0259 immediately so that we can assist you.

### AT THE CONFERENCE

- ✧ Please dress in layers as room temperatures can fluctuate.
- ✧ Please be courteous to your presenters and fellow attendees as elevated noise levels can be disruptive during workshop sessions.
- ✧ Please put cell phones on silent or vibrate setting.
- ✧ Workshops are selected when you register online. You must attend the workshops that are listed on your nametag or you will be asked to leave the session.
- ✧ Please be patient with hotel staff, NJSACC staff and volunteers. We will do our best to help you should you need assistance.

While we at NJSACC love children and they are a driving force behind the work we do, children may not attend the conference. The conference is a professional development opportunity for adults, and as such, we respectfully request that you take this time to focus on you. If you do bring children, we must insist that you make other arrangements during conference hours. Children will not be permitted in the lunch area or in the workshops.





Finding the balance to a quality afterschool program is an ongoing process. NJSACC: The Statewide Network for NJ's Afterschool Communities - with support from the C. S. Mott Foundation and the NJ Department of Education - convened a group of afterschool leaders to answer the question, "What does quality look like in an afterschool program?"

**The NJ Quality Standards for Afterschool** are organized into seven categories:

- Administration
- Human Relationships
- Safety and Environmental Health
- Indoor and Outdoor Environment
- Programming and Activities
- Special Needs and the Whole Child
- Health Behavior: Nutrition and Physical Activity.

The Standards for each category are numbered and in bold. The Standard Elements are listed under the bold heading with letters (a, b, c, etc.). The standard elements will help you understand how to interpret the standard and what the important things to look for are. On the following page you will see each category along with the icon that represents it. Below each Standard you will see the workshops listed by number that fall under that category. Some workshops fall into more than one category and may be listed under multiple standards.

For more information on the **NJ Quality Standards for Afterschool** please visit our website at [www.njsacc.org](http://www.njsacc.org).



Below you will find a listing of the workshops by number according to what categories they fall under in the **NJ Quality Standards for Afterschool**. Some workshops may be listed more than once if they fall into multiple categories.



### Administration

Friday: 2, 3, 4, 8, 9, 12, 17, 22, 25, 28, 29

Saturday: 32, 33, 34, 35, 37, 38, 39, 40, 44, 53, 54



### Human Relationships

Friday: 5, 8, 14, 16, 19, 23, 24, 26, 29

Saturday: 31, 32, 35, 39, 46, 51, 54, 55



### Safety and Environmental Health

Friday: 2, 20

Saturday: 41



### Indoor/Outdoor Environment

Friday: 1

Saturday: 47, 51



### Programming and Activities

Friday: 1, 6, 7, 10, 11, 15, 18, 19, 21, 24, 30

Saturday: 31, 35, 39, 42, 43, 44, 48, 49, 50, 52, 55, 56, 57



### Special Needs and the Whole Child

Friday: 13, 19, 26

Saturday: 32, 36, 46, 55



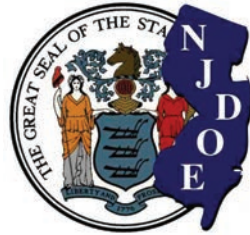
### Health Behavior

Friday: 27, 28

Saturday: 45





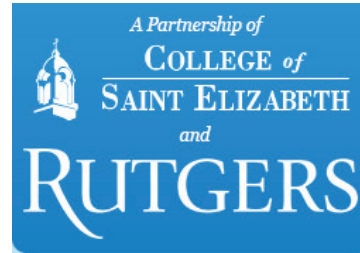


**THE RAISING OF AMERICA**  
EARLY CHILDHOOD AND THE FUTURE OF OUR NATION

ALLIANCE FOR A  
**HEALTHIER GENERATION**



**N · I · O · S · T**  
National Institute on  
Out-of-School Time



**A.C. MOORE**  
ARTS & CRAFTS  
Create More ✨ Share More ✨ Save More™

**New Jersey 4-H**

This conference is funded in part by the:

- ✦ NJ Department of Human Services, Division of Family Development as part of a Federal CCDF Block Grant Earmark
- ✦ Federal Elementary and Secondary Education Act, as amended (Title IV, Part B of No Child Left Behind), 21st Century Community Learning Centers grant funds awarded to the NJ Department of Education



Partnerships



## Freestyle Repertory Theatre

*TheatreSports: Improv Your Mind* is a series of ever-changing, improvised theatre games, created from audience suggestions and played with audience volunteers. Through demonstration and participation, *TheatreSports* shows participants that using language creatively, building upon the ideas of others and working as a team is fun. The New York Times calls Freestyle Rep "constantly entertaining... kooks on the loose."

## Showcase Alley Friday 11:15am – 1:00pm

Make sure to come and check out Showcase Alley and see what's new! Come see new vendors, new ideas and get a ticket for a chance to win some great prize baskets! Remember to bring your business cards along since this is a great chance to network!



Special Events



## Friday Session 1 9:30 am - 11:00 am

### 1. Using the Outdoors as a Classroom

Using New Jersey Audubon's Bridges to the Natural World, we will explore ways in which the outdoors can be used to enhance teaching and learning. Learn the benefits of place-based learning, outdoor classroom management, and general safety guidelines along with curriculum ideas that support STEM education and the arts. This program is great for outdoor spaces of any size or location.

*Kelly Wenzel, MCRP, Project Coordinator, Urban Education, New Jersey Audubon, Scherman Hoffman Wildlife Sanctuary, Bernardsville*

### 2. All You Need to Know About Licensing

Are you thinking about starting an afterschool program? Maybe you already run a program but just have some questions about regulations. Staff from the Office of Licensing are here to help by presenting the most current information available on licensing regulations and answering all of your licensing questions.

*Staff, Office of Licensing, Trenton*

### 3. Using the NAA Core Competencies for Staff Development

Core competencies are important because they define what professionals need to know and be able to do in order to provide quality child and youth programming, and they serve as the foundation for decisions and practices carried out by professionals in all settings and programs. This interactive workshop will address the multiple ways program administrators can use core competencies including professional development goal setting and planning, interviewing, hiring, creating job descriptions, planning staff orientation/training, conducting staff evaluations, and establishing salary scales based on demonstrated competency and/or education.

*Ellen Gannett, MS Ed, Director, NIOST, Wellesley, MA*

### 4. Creating a Professional Development Plan for Career Success in Afterschool

Make an investment of your time and energy into your growth and career advancement as an afterschool professional. Learn how to prepare and carry out a personalized professional development plan to reach your goals by utilizing technology through the NJ Registry for Childhood Professionals. The process will guide you through reflective practice, goal setting, self-discovery, and creating action steps based on your own interests and needs as part of elevating the quality of our afterschool workforce.

*Kim M. Cornell, Director of New Initiatives, Professional Impact New Jersey, Union  
Adam Cruz, Communications Coordinator, NJSACC, Westfield*

### 5. Keeping the Focus on Genuine Learning

Research indicates that afterschool and summer learning can make a critical difference in children's development and success in school. Explore how we can tap what we know about engagement and motivation in learning to build a program that works for your children, inspires your staff, and builds school collaboration.

*Susan O'Connor, MSW, O'Connor and Associates Consulting, MA*

### 6. Crafting with A.C. Moore

In this hands-on workshop, designers from A.C. Moore will provide easy, fun and inexpensive crafting ideas for your afterschool program. Workshop includes make and takes and extra ideas for crafting on a budget.

*Representative, A.C. Moore, Berlin*

### 7. More Than Community Service

Civic engagement is more than just community service. Are your youth striving to be "good citizens"? Do they devise constructive solutions to address local matters? Would you like to engage youth more in the community? The Out-of-School Time (OST) setting provides a unique platform to give students access and opportunity to truly make an impact on the community. Come and hear about a few strategies by which youth can participate in the life of a community to improve conditions for others or to help shape the community's future. This workshop will provide examples of activities and web resources and explore service opportunities in the state.

*Haydee Perez-Livingston, Coordinator, Extended Educational Services Unit, Office of Student Support Services, New Jersey Department of Education, Trenton*

### 8. Come Tell Me a Story.....Your Story

The powerful nature of storytelling through narrative inquiry holds great promise for youth development professionals in OST who have the ability to document the value and impact of their organization on youth. It is vital to tell the stories that demonstrate the life-changing effects of educational programs on youth participants, thereby proving the investment value of funding, resources, and time into youth development programs. Narrative inquiry can and should be used to highlight the community contributions and life-skill development of the dynamic youth in your programs. Come and tell me your story.

*Sharon Kinsey, Camden County 4-H Agent, Rutgers Cooperative Extension of Camden County, Cherry Hill*



**9. Diversify Your Staff Development: Peer Training, Independent Studies, and More**

Just like the children that we work with, the staff in afterschool programming have a variety of learning styles. In this workshop, we'll discuss peer training, independent studies, program observations, and more as a way to make your yearly training agenda as varied and diversified as your staff.

*Sheila Barry, School Age Care Manager, South Brunswick Community Education, South Brunswick*

**10. Achieving High Quality OST Through STEM**

This workshop will focus on the role OST leaders can play in supporting high-quality programming in OST through professional development. In particular, we will explore how collaborative STEM activities promote positive relationships among children and between children and staff. Learn to use resources from Click2SciencePD.org to support staff in facilitating collaborative STEM work.

*Melissa Fenton, Project Coordinator, Click2Science, Lincoln, NE*  
*Sandra Wever Frerichs, Science Education Specialist, Click2SciencePD, Lincoln, NE*



**Friday Session 2  
1:15 pm - 2:45 pm**

**11. We Are a World of 7 Billion**

Afterschool professionals will explore age-appropriate curricula for students relating to human population trends and their impact on natural resources, environmental quality, and human well-being. More importantly, students can think globally and act locally after learning about key issues through youth-led service projects.

*Sharon Kinsey, Camden County 4-H Agent, Rutgers Cooperative Extension of Camden County, Cherry Hill*

**12. Full STEAM Ahead: Sustainability Through Energetic Administration of Measurement**

As providers and supporters we are all aware of the impact that afterschool programs have on the children who attend them, but sharing that real impact with corporations and business-minded individuals to gain financial support can be a challenge. This workshop will help attendees view their outcomes through a financial impact lens, and provide the tools to calculate the return on investment for donors, further sustaining their program.

*Josephine S. Russo, MSW, Program Development and Evaluation Specialist, United Way of Essex and West Hudson, Newark*  
*Catherine Wilson, Senior Director of Community Impact and Strategy, United Way of Essex and West Hudson, Newark*

**13. Friends Like You, Friends Like Me: Activities to Encourage Understanding and Positive Interactions Between Children of All Abilities**

Many students learn about differences and disabilities through school presentations or reports. Interactive programs and activities provide a way to raise the bar, encouraging children to recognize similarities and the common desire to be accepted and have friends. This interactive, hands-on workshop provides thought-provoking and exciting ideas, activities, and resources to help demystify disabilities in an age-appropriate manner and promote inclusion, respect, and friendship among children of all abilities in all facets of their lives. These types of resources and activities nurture acceptance and inclusion and can help to reduce intimidation and bullying.

*Adrienne P. Robertiello, Autism Educator, Children's Specialized Hospital, Mountainside*

**14. Engaging Parents in OST Programs**

Engaging parents in the education and activities of their children is vital to the success of youth and of youth-serving programs. However, engaging parents continues to be challenging for many programs due to time constraints (for both staff and parents), language and literacy issues, and a lack of resources to devote to effective parent involvement. Using the Partners in Education: a Dual Capacity-Building Framework for Family-School Partnerships, this workshop will discuss the benefits of parent involvement, identify different approaches, and suggest strategies for engaging parents.

*Tamika Chester, 21st CCLC Program Officer, New Jersey Department of Education, Trenton*

**15. Crafting with A.C. Moore**

In this hands-on workshop, designers from A.C. Moore will provide easy, fun, and inexpensive crafting ideas for your afterschool program. Workshop includes make and takes and extra ideas for crafting on a budget.

*Representative, A.C. Moore, Berlin*

**Friday Session 3  
3:00 pm - 4:30 pm**

**16. Engaging Youth, Changing Lives**

Meaningful youth engagement is connected to productive adulthood. Establishing youth-friendly environments, building a sense of belonging, and encouraging self-efficacy are essential elements of any successful youth engagement initiative. This action-oriented session will provide creative strategies for keeping youth engaged in afterschool programming and committed to the lifelong pursuit of reaching their potential.

*Devan Blackwell, Education Program Development Specialist/Program Officer, New Jersey Department of Education, Trenton*

**17. Taking on Turnover: Create a Plan to Improve Recruitment and Retention**

We know that the foundation for high quality programs is positive and consistent adult child relationships, and yet the annual staff turnover rates for afterschool programs remain high. Explore how you can create a plan to improve recruitment and retention and share ideas for strengthening professional development, workplace climate, and compensation.

*Susan O'Connor, MSW, O'Connor and Associates Consulting, MA*

**18. Get Your Circus On!**

The world of the circus offers an inclusive way to encourage teamwork, creativity, physical literacy, and problem solving. Learn how afterschool organizations across the nation are incorporating circus skills into their offerings and who the New Jersey players are. Pick up some fun tricks and tools to use in any program.

*Zoe Brookes, Project Leader, American Youth Circus Organization Social Circus Initiative, Executive Director, Trenton Circus Squad, Princeton*

**19. No Name Calling Week: Celebrating Kindness**

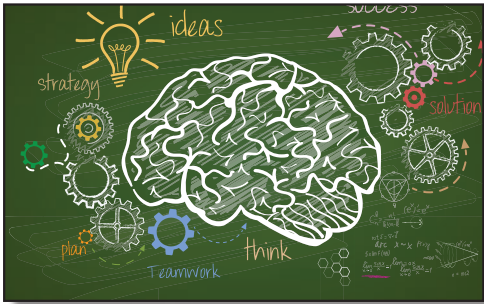
*No Name Calling Week* is an annual week of educational activities aimed at ending name-calling of all kinds and providing schools and all youth programs with the tools and inspiration to launch an on-going dialogue about ways to eliminate bullying in their communities. This workshop provides the framework for organizing an afterschool program community campaign that includes guides for student-led planning, age-appropriate student group activities, and suggestions for a creative expression exhibit designed to culminate the week. Extensive downloadable materials will be available to support your staff, children, and parents in involvement in the campaign.

*Carol Watchler, Co-Chair, The Gay, Lesbian & Straight Education Network, Central New Jersey Chapter, Hightstown*  
*Alex Lawrence, LCSW, Board Member, The Gay, Lesbian & Straight Education Network, Central New Jersey Chapter, Hightstown*

**20. Prep Rally: Helping Kids Get Ready for Emergencies**

Are you ready? To Learn? To have fun? For disaster? Save the Children's Prep Rally program helps children learn how to prepare for emergencies through engaging resources, activities, games, and discussion. Come see how you can use this free turn-key curriculum to meet the specific needs of your community.

*Jennifer Smith, Community Preparedness Manager (NY, NJ, CT), US Programs Save the Children USA, NY*



**21. Explore It! Cake Chemistry**

Do you like to eat cake? Do you like to make cakes? In this hands-on workshop you will develop your own recipe, prepare it, bake it, taste it, and explore how the ingredients work together. Cake Chemistry is one of six Explore It! afterschool science programs developed by the Education Development Center and offered by the Rutgers Cooperative Extension 4-H Youth Development and NJSACC. Explore It! is an engaging, inquiry-based, and fun STEM program designed specifically for afterschool.

*Jeannette Rea-Keywood, NJ State 4-H Agent, Rutgers Cooperative Extension, Bridgeton*

**22. Prepare Youth for the Tests of Life, Not a Life of Tests**

Afterschool settings have long been the places where youth develop their grit, become better problem solvers, and build character. Participants will get an overview of best practices, learn about exciting on-line courses to build staff competence in carrying out these practices, and become connected to networks of implementers to support continuous improvement.

*Maurice J. Elias, Director, Rutgers University Social-Emotional Learning Lab*  
*Victoria Poedubicky, On Line Course Instructor, Academy for Social-Emotional Learning in Schools, New Brunswick*

**23. Identifying Diamonds in the Rough**

As Thomas Browne said, "Rough diamonds may be mistaken for worthless pebbles." In this interactive workshop we will review what helps us better uncover diamonds within our children. Identifying the diamonds in less than perfect environments can bring immeasurable rewards not just to our children, teachers, and parents, but to volunteers and others in the community.

*Claudia Hawkins, Owner, Ethics Training and Consulting, LLC, Marlton*



**24. Beyond Science, Technology, Engineering and Math: Using a STEM Curriculum to Advocate Socialization and Self-Efficacy**

STEM can be much more than the sum of its parts. During this workshop teamwork, communication, praise, and cultural differences will be discussed. Attendees will work on exercises to increase enthusiasm, focus, and participate in an open discussion of shared experiences. We will discuss the idea that what you teach can be less important than how you teach it.

*Michelle Masarik, STEM Advisor, Friendship Train Foundation, Red Bank*

**25. Navigating the E-Child Care System**

This workshop will walk participants through the E-Child Care program, from getting a child started to monitoring attendance and payment records. Program regulations will be reviewed and clarified. Avoid the pitfalls that reduce the payments you receive for your subsidized children.

*Tom Zsiga, Assistant Director, Community Child Care Solutions, Perth Amboy*

**26. Welcoming All Children: Inclusion Awareness**

Afterschool programs offer opportunities for all students to gain and develop skills in a variety of areas. This workshop will discuss how to support children with disabilities and special needs in afterschool activities. We will examine supports, modifications, and adaptations that can enable students with special needs to participate.

*Denise Bouyer-Hargrove, NJICCP Director, SPAN/NJ Inclusive Child Care Project, Newark*  
*Veronica Luck, QRIS Inclusion Specialist, SPAN/NJ Inclusive Child Care Project, Newark*

**27. Strengthening Afterschool by Advancing Healthy OST**

In this interactive workshop participants will discuss the National Afterschool Association evidence-based healthy eating and physical activity standards. Participants will learn how to utilize nationally recognized tools, resources, and experts to help programs follow best practices for nutrition education, physical activity, and positive youth development. Attendees will leave with concrete next steps and tangible resources to take action when they return home.

*Lauren Puzen, MSW, MPH, Healthy Out-of-School Time Manager, Alliance for a Healthier Generation, Philadelphia, PA*

**28. Feeding Your Children Through The New Jersey Child Nutrition Programs**

Would you like to offer meals to children attending your afterschool program? Could your summer program be enriched by providing meals to children during the summer months when school is out? Federal funding is available through State Administered New Jersey Department of Agriculture Child Nutrition Programs. Afterschool programs can serve a dinner and snack every school day and even on Saturdays. During the summer months, a child can receive breakfast and lunch at your program to ensure proper nutrition continues through the summer, so when school begins children are ready to learn. Come learn about the Child Nutrition Programs available in New Jersey and how easy it is to become a Sponsor.

*Carrie I. Freeman-Wright, Ph.D., Assistant Coordinator, Child and Adult Care Food Program, New Jersey Department of Agriculture, Trenton*  
*Stephanie Sutton-Page, Assistant Coordinator, Summer Food Service Program, New Jersey Department of Agriculture, Trenton*

**29. What Happens When You're a Curious and Caring Director?**

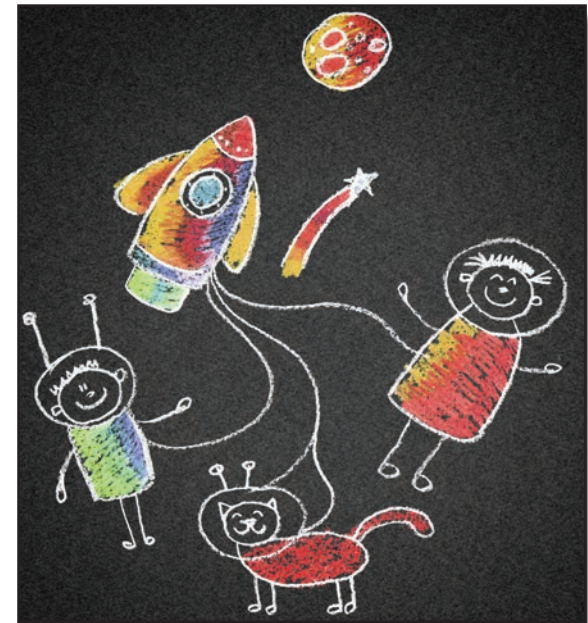
Learn three ways to care about all your staff as professionals in your program. These simple and free tools will help you guide your staff's growth in career related successes.

*Amy Savla, Career Advisor, Professional Impact New Jersey, Union*

**30. Sparking Interest in STEM**

Learn new strategies for sparking interest in STEM, find resources for your program, and explore elephant toothpaste. This hands-on session presented by Click2SciencePD will get you excited about STEM and help you develop skills to foster problem-solving and critical thinking through STEM activities.

*Melissa Fenton, Project Coordinator, Click2Science, Lincoln, NE*  
*Sandra Wever Frerichs, Science Education Specialist, Click2SciencePD, Lincoln, NE*



## Saturday Session 1 9:45 pm - 11:45 pm

### 31. Achieving High Quality OST Through STEM

This workshop will focus on the role OST leaders can take to support high quality programming in OST through professional development. In particular, we will explore how collaborative STEM activities promote positive relationships among children and between children and staff. Learn to use resources from Click2SciencePD.org to support staff in facilitating collaborative STEM work.

*Melissa Fenton, Project Coordinator, Click2Science, Lincoln, NE*  
*Sandra Wever Frerichs, Science Education Specialist, Click2SciencePD, Lincoln, NE*

### 32. Fostering Resilience in Children Coping with Loss

This program will give you resources and ideas for how to respond to children who experience loss in order to foster resilience and emotional well-being. This presentation will help you to learn the definitions of loss, grief, mourning, and resilience; discuss the myths about grief; explore the tasks of mourning; learn ways of supporting a child after a death loss; and learn how to listen to children who are grieving.

*Connie Palmer, LCSW, Clinical Training Director, Imagine, Westfield*

### 33. Social Networking: a Valuable Tool for Your Program

Are you looking for a way to take your program to the next level? Come join us to learn the essentials of social networking for your organization or program. In this session you will learn how to determine which social networks work best for your program, basic steps to attracting and promoting to an online audience, basic etiquette and rules regarding communicating online to your audience, how to stay up to date with social networks, and

much more! This workshop will help you maximize your outreach so your program can reach its full potential.

*Adam Cruz, Communications Coordinator, NJSACC, Westfield*

### 34. Struggling with Homework? Explore Tips and Best Practices

Programs often face pressure from schools and families to ensure that children complete homework. How can we structure homework policies and practices that reflect the research as well as the needs of children in afterschool hours? We will try these practices out and you will leave with resources on homework center interactions and environment so you can identify the ideas that will work best for your program.

*Susan O'Connor, MSW, O'Connor and Associates Consulting, MA*

### 35. Wild Cards, Sleeping Queens, Jokers, and More!

Snowy playground, a heat wave at camp, the only room available is crammed full of desks...it's the perfect time for some table-top games! In this workshop, we'll play some games and send you home with strategies to get staff and kids excited about playing tabletop games that are not only fun and challenging, but that generally need a minimum of supplies or equipment.

*Dagmar Wojcik, NJSACC Trainer, Westfield*  
*Kate Torsiello, School Age Coordinator, The Community YMCA, Matawan*

### 36. Let's ALL Play: the National Inclusion Project

Using materials from the Let's ALL Play manual, we'll discuss how to develop respectful accommodations to ensure that all children are included in your afterschool program. And we'll play some fun games too!

*Jane Sharp, Sharp Ideas Consulting, Medford*

### 37. Darkness to Light

A child's safety is an adult's job. Coaches, teachers, clergy, and parents are authority figures children feel they can trust. Yet a large percentage of those who sexually abuse children are from this group: adults who have the opportunity to "groom" children with affection and attention, making it difficult for children to identify certain behaviors as abuse. This workshop presents seven steps to preventing, recognizing, and reacting to child sexual abuse. Participants will receive a booklet outlining the seven steps to protecting children, including additional information and resources for those who need assistance.

*Susan Morton, Senior Director Child Care, Camp, Teen Services, Westfield Y, Westfield*

### 38. What Is Quality? NJ's Quality Standards for Afterschool

After an inclusive development process led by representatives from a diverse mix of afterschool programs and state agencies, NJ's first Quality Standards for Afterschool Programs are complete! This fun and interactive hands-on workshop will walk you through the Standards and allow you to try the Assessment Tool.

*Fred Wasiak, MS, CPC, Owner, Humanics Consulting, LLC, Medford Lakes*

### 39. Problem-Based Learning for Environmental Literacy and Sustainability

Moving towards a sustainable future requires people who are environmentally literate: who can identify, care about, and search for solutions to environmental issues. Problem-based learning (PBL) engages learners and helps them work collaboratively to find answers and solutions to complex problems such as environmental issues. Come explore the basics of PBL and learn how to implement it with your own program and help your students become environmentally literate.

*Roberta Hunter, Monmouth County 4-H Agent, Cooperative Extension of Monmouth County, Freehold*

## Saturday Session 2 1:15 pm - 2:45 pm

### 40. Creating a Professional Development Plan for Career Success in Afterschool

Make an investment of your time and energy into your growth and career advancement as an afterschool professional. Learn how to prepare and carry out a personalized professional development plan to reach your goals by utilizing technology through the NJ Registry for Childhood Professionals. The process will guide you through reflective practice, goal setting, self-discovery, and creating action steps based on your own interests and needs as part of elevating the quality of our afterschool workforce.

*Kim M. Cornell, Director of New Initiatives, Professional Impact New Jersey*  
*Adam Cruz, Communications Coordinator, NJSACC, Westfield*

### 41. Prep Rally: Helping Kids Get Ready for Emergencies

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*Jennifer Smith, Community Preparedness Manager (NY, NJ, CT), US Programs*  
*Save the Children USA, NY*

### 42. Sparking Interest in STEM

Learn new strategies for sparking interest in STEM, find resources for your program, and explore elephant toothpaste. This hands-on session presented by Click2SciencePD will get you excited about STEM and help you develop skills to foster problem solving and critical thinking through STEM activities.

*Melissa Fenton, Project Coordinator, Click2Science, Lincoln, NE*  
*Sandra Wever Frerichs, Science Education Specialist, Click2SciencePD, Lincoln, NE*

### 43. Get Your Circus On!

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*Zoe Brookes, Project Leader, American Youth Circus Organization Social Circus Initiative, Executive Director, Trenton Circus Squad, Princeton*

### 44. The Raising of America: Childhood and the Future of Our Nation

The U.S. is a can-do nation. So why is child well-being in the U.S. so much worse than in other rich countries? How does what Paul Kershaw calls "the growing squeeze" on so many young families and caregivers—the squeeze for time, for money, and for resources—"drip down" on their infants and children, literally altering the wiring of their developing brains with potential long-term consequences for learning, earning, and mental and physical health? How might we do better? See the film and join the conversation. After all, as the afterschool workforce you are all involved in the Raising of America.

*Diane Genco, Executive Director, NJSACC, Westfield*

### 45. Building Support to Create Sustainable Healthy OST Environments

What wellness goals do you want to achieve at your OST site? Do you have the right partners and players at the table to build support, success, and sustainability? Join this session to map your community and site assets, discuss building support through partnerships and utilizing resources locally or nationally to help sustain your wellness goals.

*Lauren Puzen, MSW, MPH, Healthy Out-of-School Time Manager, Alliance for a Healthier Generation, Philadelphia, PA*

### 46. Fostering Positive Behavior

Challenging behaviors are on the increase, and that means that programs need to adopt a more comprehensive approach to dealing with them. Learn how to improve the social-emotional climate in your program by setting the foundation with warm, respectful relationships; clear and consistent rules; routines and limits; making changes in the program environment and schedule; and practicing effective interventions.

*Susan O'Connor, MSW, O'Connor and Associates Consulting, MA*

### 47. ABCs of Playground Safety

Using the National Program for Playground Safety Safe Supervision Kit, you will learn how to analyze the playground for potential problems and hazards; how to recognize unsafe play; how to effectively monitor play areas; how to develop methods of communication for use in emergency situations; and how to develop an effective supervision plan to reduce injuries and promote safe play.

*Dagmar Wojcik, Trainer, NJSACC Westfield*

### 48. Time to Tinker

PVC pipe is an inexpensive material you can use to ignite imaginations and engage scientific inquiry. From underwater robots and stomp rockets to sprinklers, play houses, and garden structures, you can utilize PVC pipe in design challenges selected to promote critical thinking, community service, and collaborative inventing among your afterschool students.

*Julie Karavan, County 4-H Agent, Rutgers Cooperative Extension, Millville*





## Saturday Session 3 3:00 pm - 4:30 pm

### 49. 21st Century Afterschool Science Project (21st CASP)

See a demonstration of a free curriculum funded by NJ DOE. This curriculum is designed to enrich student learning through inquiry-based, interactive science experiences with everyday materials.

*Willa Thayer, Trainer, NJSACC, Westfield*

### 50. Yogarate

Participants will learn unique deep breathing martial arts and yoga techniques and movements. These skills can be brought into your program to reduce stress, use up energy, and strengthen growing bodies.

*Ron Shuali, CEO, Shua Life Skills, Highland Park*

### 51. An Unforgettable Approach for Positive Outcomes

Extraordinary behavior of youth begins with your first impression and leadership characteristics. This exhilarating and interactive workshop will help you understand the essential role you play in building strong relationships, leading youth to express themselves in an acceptable manner, and helping them understand the importance of age-appropriate expectations through character building. The participants will walk away with a balanced set of back pocket tools, strategies, and experiential activities.

*Fred Wasiak, MS, CPC, Owner, Humanics Consulting, LLC, Medford Lakes*

### 52. Coding in Afterschool

You don't need to be a computer programmer to teach the fundamentals of programming to kids in afterschool. In this workshop you will learn user-friendly ways to teach coding with free or inexpensive materials. Combining board games, free software, and an open-source curriculum, this

workshop will show how teaching coding is both vitally important and easier than you might think.

*Mark Simmons, Site Director, Haddonfield Child Care, Haddonfield*

### 53. Leading Effective Group Activities

In this interactive workshop, participants will discuss group dynamics and the roles that participants assume when part of a group. The session will include strategies to lead group activities with program youth or staff and will model proven group facilitation techniques.

*Mike MacEwan, Director of 21st CCLC and STEM Initiatives, NJSACC, Westfield*

### 54. Coping Skills for Practitioners

You have devoted your professional career to caring for, educating, and assisting children in pursuing their life's goals, but no one ever said it was an easy job. Teachers, childcare providers, and similar professionals are natural nurturers and caretakers; but who takes care of you? Learn some techniques for self-care in your daily job.

*Ebony Grace, Director of Expanded Learning Opportunities, NJSACC, Westfield*

### 55. Managing Impulse Control in Children Through Art and Talk

Out of control children push our buttons, break the rules, and are full of impulses awaiting action. Out of control/action mode behaviors quickly move from the impulse to the action without time to consider. How can the child become directed towards creating productive and social relationships? How can we avoid turning the child's aggression into self doubt and direct the child's energies productively towards cooperation and problem solving? Strategies for working towards communication and cooperation will be explored, and techniques for working verbally and non-verbally with children will be presented.

*Lisa Thomas, ACAP, Livingston*

### 56. Build, Tinker, Create: Incorporating Maker Programming in Afterschool

The maker movement is a DIY-based approach to creating and exploring through active hands-on projects, incorporating either technology or traditional tools and materials. The values embodied in maker culture include embracing failure as a path to success, modifying the world around you, and encouraging creative problem-solving and collaboration among peers. During this workshop, the presenters will discuss how the maker movement is being incorporated in leading programs for school-age children and teens in a variety of ways. Topics covered will include creating an environment for young makers, tools and materials for projects, activity planning, best practices for successful programs, educational resources, and more. The workshop will also include a hands-on opportunity for participants to actively make projects themselves, become familiar with various types of tools and resources, and gain insight into successful implementation of these types of programs.

*Doug Baldwin, Emerging Technologies Librarian, Piscataway Public Library, Piscataway*

### 57. Get Your Green On

Design, create, and explore in the garden. Sample projects include creating unique containers, soil painting, constructing and launching seed bombs, and engaging youth in collaborative upcycled pallet projects. Using natural specimens, a jeweler's loupe, and simple questions, accelerate science, writing, art, and math. Magnify minds, bring the outdoors in, and move your afterschool program from "me" to "we."

*Julie Karavan, County 4-H Agent, Rutgers Cooperative Extension, Millville*

## Your Conference Road Map – Registration Online Only

### Friday Session 1: 9:30 am - 11:00 am

1. Using the Outdoors as a Classroom
2. All You Need to Know About Licensing
3. Using the NAA Core Competencies for Staff Development
4. Creating a Professional Development Plan for Career Success in Afterschool
5. Keeping the Focus on Genuine Learning
6. Crafting with A.C. Moore
7. More Than Community Service
8. Come Tell Me a Story...Your Story
9. Diversify Your Staff Development: Peer Training, Independent Studies and More
10. Achieving High Quality OST Through STEM

### Friday Session 2: 1:15 pm - 2:45 pm

11. We Are a World of 7 Billion
12. Full STEAM Ahead: Sustainability Through Energetic Administration of Measurement
13. Friends Like You, Friends Like Me: Activities to Encourage Understanding and Positive Interactions Between Children of All Abilities
14. Engaging Parents in OST Programs
15. Crafting with A.C. Moore
16. Engaging Youth, Changing Lives
17. Taking on Turnover: Create a Plan to Improve Recruitment and Retention
18. Get Your Circus On!
19. No Name Calling Week: Celebrating Kindness
20. Prep Rally: Helping Kids Get Ready for Emergencies

### Friday Session 3: 3:00 pm - 4:30 pm

21. Explore It! Cake Chemistry
22. Prepare Youth for the Tests of Life, Not a Life of Tests
23. Identifying Diamonds in the Rough
24. Beyond Science, Technology, Engineering and Math: Using a STEM Curriculum to Advocate Socialization and Self-Efficacy
25. Navigating the E-Child Care System
26. Welcoming All Children: Inclusion Awareness
27. Strengthening Afterschool By Advancing Healthy OST
28. Feeding Your Children Through The New Jersey Child Nutrition Programs
29. What Happens When You're a Curious and Caring Director?
30. Sparking Interest in STEM

### Saturday Session 1: 9:45 am - 11:45 am

31. Achieving High Quality OST Through STEM
32. Fostering Resilience in Children Coping with Loss
33. Social Networking: a Valuable Tool for Your Program
34. Struggling with Homework? Explore Tips and Best Practices
35. Wildcards, Sleeping Queens, Jokers and More!
36. Let's ALL Play: The National Inclusion Project
37. Darkness to Light
38. What is Quality? NJ's Quality Standards for Afterschool
39. Problem-Based Learning for Environmental Literacy and Sustainability

### Saturday Session 2: 1:15 pm - 2:45 pm

40. Creating a Professional Development Plan for Career Success in Afterschool
41. Prep Rally: Helping Kids Get Ready for Emergencies
42. Sparking Interest in STEM
43. Get Your Circus On!
44. The Raising of America: Childhood and the Future of Our Nation
45. Building Support to Create Sustainable Healthy OST Environments
46. Fostering Positive Behavior
47. ABCs of Playground Safety
48. Time to Tinker

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52. Coding in Afterschool
53. Leading Effective Group Activities
54. Coping Skills for Practitioners
55. Managing Impulse Control in Children Through Art and Talk
56. Build, Tinker, Create: Incorporating Maker Programming in Afterschool
57. Get Your Green On



## CONFERENCE FEES

\$273 / 2 days

\$163 / 1 day

### Conference Location and Accommodations:

The Marriott Princeton Hotel and Conference Center at Forrestal  
(formerly the Doral)  
100 College Road East, Princeton, NJ 08540

### ACCOMMODATIONS:

Room Rates: \$124 per night

Reservations must be made by individual attendees directly with  
Marriott reservations at (800) 228-9290 or (609) 452-7800.

Room reservations must be made on or before Friday, November 8,  
2015.

When you call make sure to mention the NJSACC Conference and the  
dates of the conference in order to receive the conference rate.



[www.njsacc.org](http://www.njsacc.org)

## DIRECTIONS

### From Northern New Jersey:

- Take the Garden State Parkway South to Exit 130, Route 1 South.
- Take Route 1 South approximately 22 miles to College Road East.
- Take College Road East, Marriott Princeton is the second driveway on your right.
- -OR-
- Take the New Jersey Turnpike South to Exit 9 - New Brunswick.
- Follow Route 18 North for approximately 1/4 mile to Route 1 South.
- Take Route 1 South approximately 13 miles to College Road East.
- Take College Road East, Marriott Princeton is the second driveway on your right.

### From Southern New Jersey:

- Follow I-295 North to Route 1 North (Exit 67).
- Take Route 1 North for approximately 6.5 miles to College Road East.
- Exit right on College Road East, Marriott Princeton is the second driveway on your right.

### From Philadelphia:

(50 miles)

- Follow I-95 North into New Jersey to Route 1 North (Exit 67).
- Take Route 1 North for approximately 6.5 miles to College Road East.
- Exit right on College Road East, Marriott Princeton is the second driveway on your right.

*If you get lost along the way,  
call the Marriott at 609-452-7800 ext. 5180.  
Marriott Guest Services staff will be happy  
to assist you with directions.*