

# Think Globally, Act Locally



November 18 and 19, 2011  
NJ's Annual Afterschool Conference





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The mission of the New Jersey School-Age Care Coalition (NJSACC) is to promote and support the development, continuity and expansion of quality programs for children and youth during out-of-school time.

Dear Colleagues,

I would like to extend an invitation for you to attend the **NJSACC Annual Conference**. This year our conference will help you make your afterschool program even more valuable to children, youth and families with new tools, activities and information on high quality expanded learning opportunities.

Our conference this year, **Think Globally, Act Locally**, celebrates embedding global awareness in afterschool and extended learning opportunities to help New Jersey's youth develop the knowledge and skills they need to function as workers, citizens and fulfilled individuals in an increasingly interconnected world. Afterschool staff are experts in building partnerships in communication, problem solving, and team work. These skills are vital for young people to develop in order to be able to successfully enter today's workforce. In keeping with the theme we have some exciting partners this year who will bring a global perspective to the conference.

I look forward to seeing you, learning with you and helping you develop more and better opportunities for New Jersey's youth!

Diane M. Genco  
Executive Director

## Conference at a Glance

### Friday, November 18, 2011

8:00 am - 9:00 am	Registration Begins & Continental Breakfast
9:00 am - 9:25 am	Opening Session – Greetings by Dr. Paul Young, NAA
9:30 am - 11:00 am	Session 1
11:15 am - 1:00 pm	Showcase Alley and Lunch
1:15 pm - 2:45 pm	Session 2
3:00 pm - 4:30 pm	Session 3

### Saturday, November 19, 2011

8:00 am - 9:00 am	Registration Begins & Continental Breakfast
8:45 am - 9:30 am	Opening Session – Performance by Dance China New York
9:45 am - 11:45 am	Session 1
12:00 pm - 1:00 pm	Lunch

1:15 pm - 2:45 pm	Session 2	<b>OR</b>	1:15 pm - 4:30 pm	Double Sessions (with scheduled breaks)
3:00 pm - 4:30 pm	Session 3			



# THE NETWORK FOR NEW JERSEY'S AFTERSCHOOL COMMUNITIES



Welcome

## Important Information to Make the Most of Your Conference Experience

- ✧ This year's conference celebrates embedding global awareness in afterschool and extended learning opportunities to help NJ's youth develop the knowledge and skills they need to function as workers, citizens, and fulfilled individuals in an increasingly interconnected world. Registration is on a first-come, first-served basis. Workshops fill up quickly so register early!
- ✧ Invoices, receipts for payment and confirmations of registration will be available online only. If you need assistance in registering contact Jessica Heiberg @ 908-789-0259.
- ✧ Group Registrations may also be done on-line. The individual registering the group will be responsible for payment and communication to the group members.
- ✧ Registration fee includes continental breakfast, continuous break stations and a buffet lunch daily. Vegetarian options are always available.
- ✧ No registration refunds will be given after November 4, 2011. However substitutions may be made at any time. Sorry, no exceptions will be made, regardless of whether or not you attend.
- ✧ If not paying on-line with a credit card, please mail check or PO with printout of online registration confirmation. Payment by mail MUST be received by November 4, 2011. Send to NJSACC, 231 North Avenue West #363, Westfield, NJ 07090.
- ✧ All conference participants will receive documentation of completed professional development hours.
- ✧ The cut-off date to reserve a hotel room is Friday, November 4, 2011. See Accommodations on page 15.
- ✧ Conference Questions? Please call NJSACC at 908-789-0259.
- ✧ Please dress in layers as room temperatures can fluctuate.
- ✧ Please be courteous to your presenters and fellow attendees as elevated noise levels can be disruptive during workshop sessions.
- ✧ Please put cell phones on silent or vibrate setting.
- ✧ Workshops are selected when you register online. You must attend the workshops that are listed on your nametag or you will be asked to leave the session.
- ✧ Please be patient with hotel staff and NJSACC staff and volunteers. We will do our best to help you should you need assistance.





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IMPACT NJ  
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early childhood educators



New Jersey 4-H



Young Audiences  
Arts for Learning  
New Jersey



**TEACHunicef**  
[www.teachunicef.org](http://www.teachunicef.org)

**This conference is funded in part by the:**

- ✧ NJ Department of Human Services, Division of Family Development as part of a Federal CCDF Block Grant Earmark
- ✧ Federal Elementary and Secondary Education Act, as amended (Title IV, Part B of No Child Left Behind), 21st Century Community Learning Centers grant funds awarded to the NJ Department of Education

**Partners :**

- ✧ Amerigroup
- ✧ Education Foundation
- ✧ MOTT
- ✧ NAA
- ✧ TeachUNICEF, U.S. Fund for UNICEF
- ✧ Rutgers Cooperative Extension, 4-H Youth Development
- ✧ New Jersey 21st Century Community Learning Centers
- ✧ New Jersey Department of Education
- ✧ New Jersey Department of Human Services, Division of Family Development
- ✧ National Institute of Out-of-School Time ( NIOSOT)
- ✧ State of New Jersey
- ✧ Young Audiences of New Jersey

**Partnerships**



## Showcase Alley

Friday

11:15am – 1:00pm

Once again, **Showcase Alley** will feature interactive demonstrations of great program ideas, commercial exhibits and lots of fun and excitement! Remember to bring your business cards along since this is a great chance to network!



### Don't Miss Saturday's Opening Session Dance China New York

This participatory introduction to Chinese culture, customs and dance has spectacular athleticism one moment, pure delicacy and precision the next. It features thrilling sword dances, joyful folk pieces and dances deeply rooted in the royal court and theatre ritual. The performance climaxes with the rousing "Red Ribbon Dance"—a regular feature of Chinese national holidays and celebrations.



Special Events

## Friday Session 1:

9:30am – 11:00am

### 1. Focus on Photography: Digital Basics

Bring a digital camera to this workshop and explore four project areas that you can teach to your afterschool youth: equipment, lighting, composition and skill building. You will increase your knowledge of the camera, understand the value of good photos and test your skills in creativity, problem-solving, patience and practice, all while having fun!

*Macy Compton, State 4-H Program Coordinator, Rutgers University, New Brunswick*

### 2. Principal Matters

This workshop is designed to promote the important conversation about principal and after-school program director collaboration. Based on practical pieces of advice and tips contained in the book *Principal Matters: 101 Tips for Creating Collaborative Relationships Between School Leaders and After-School Programs*, author Paul Young will offer insights and strategies to help practitioners develop linkages between the school day and afterschool that they can use in the job settings. He will also engage participants in activities that envision extended learning opportunities and school-community collaborations that enhance student learning.

*Paul Young, PhD, President and CEO, National AfterSchool Association, MacLean, VA*

### 3. After-School Quality (ASQ): The Process of Program Improvement

ASQ is a team process that helps afterschool programs create a common vision for their program and a road map for how to achieve that vision. ASQ was originally developed in 1996 as the continuous improvement process for afterschool programs seeking national accreditation. Today, it is still the process of choice for afterschool improvement, and it can be used with any tools, questionnaires or surveys. This workshop will introduce you to the 5-step, team-based approach to improving program quality.

*Ellen Gannett, MS Ed, Director, NIOST, Wellesley, MA*

### 4. Questions and Answers for Licensing

Working with the Office of Licensing doesn't have to be scary! Their main objective is the same as yours: to keep children safe. Learn how to foster a more positive relationship with the Office of Licensing. Get the answers to your questions on meeting requirements, when to call for assistance, tapping into their resources and more.

*Cathy Joseph, Supervisor, Child Care Quality Assurance Inspections, NJ Office of Licensing, Trenton*  
*Anna Smith, Supervisor, Child Care Quality Assurance Inspections, NJ Office of Licensing, Trenton*

### 5. Cultural Awareness

More and more we are seeing how important it is to be aware of and part of the global community. In this workshop participants will learn ways to improve communication with culturally diverse clients, co-workers and community members. Developing these skills is crucial if we want to stay connected and become global citizens.

*MaryAnne Kokidis, CHES Health Education Coordinator, Amerigroup New Jersey, Inc., Edison*

### 6. Staff Development Methods to Promote Personal and Professional Growth

Research in the out-of school time (OST) field confirms that there is a strong connection between professional development for staff and positive outcomes for youth. When organizations make an investment in their staff's success, they also make an investment in the overall success of the program. This session will provide participants with tips, tools and techniques for creating a professional development plan, maintaining a professional development record and identifying ongoing professional development opportunities and resources.

*Tamika Chester, 21st CCLC Program Officer, New Jersey Department of Education, Trenton*

### 7. Developing 21st Century Skills Using the Common Core State Standards

Participants will gain an understanding of how the Common Core State Standards can be employed to develop high quality expanded learning opportunities programs that promote the development of 21st century skills and global perspectives.

*Beverly Plein, Content Specialist, Office of Academic Standards, New Jersey Department of Education, Trenton*

### 8. Creating a Foundation for Global Awareness: Seeing Ourselves in Others

Exploring international perspectives is critical to creating life-long global citizens. Afterschool settings are uniquely suited to active engagement with issues that are both global in nature and relevant to youth. This session will explore an ongoing partnership between Higher Achievement and the U.S. Fund for UNICEF that integrates global content and youth engagement into an academic enrichment program. Participants will receive resources, learn techniques for implementation of global content and learn more about a successful case study that can be adapted to a variety of afterschool settings.

*David Donaldson, Director of Education, U.S. Fund for UNICEF, New York, NY*

*Sophie Huntington, Director of Curriculum and Instruction, Higher Achievement, Washington, DC*  
*William Van Pelt, Assistant Director, Strategic Partnerships, U.S. Fund for UNICEF, Washington, DC*

### 9. Full Service Schools

One of Tony Blair's major initiatives in 2003 was the creation of Extended Services programs in all schools in England and Wales by 2010. His target was to establish a varied menu of activities before and after school; a range of parenting support; community access to all school buildings; swift and easy referral for all young people in need of additional physical and mental health support. This session will discuss the achievements during this period of time and the impact they have had on young people in statutory schooling. At Beauchamp College this has included staff and student research programs, learning walks and internal student led inspections of teaching and learning.

*Bob Mitchell, Vice Principal, Beauchamp College, Leicester, England*

### 10. Building the Bridge Between Afterschool and School Administration

This workshop will emphasize the importance of creating a shared vision and garnering commitment for afterschool program goals from school boards, administrators and regular school-day teachers. Discussion will focus on providing strategies, tools and real-life examples of creating effective partnerships.

*Tamira Chapman, Site Coordinator, Carteret Arts and Sports Academy, Carteret*  
*Anthony Petito, 21st CCLC Project Director, Carteret Arts and Sports Academy, Carteret*  
*Mary Spiga, Principal, Carteret Middle School, Carteret*



## Friday Session 2:

1:15pm – 2:45pm

### 11. Making STEM Fun!

In this hands-on, interactive workshop participants will see that bringing science, technology, engineering and math (STEM) into an afterschool program doesn't have to be scary. Small groups will work together to determine possible solutions to a challenge and then, as a team, build their "best" solution. We will then test and discuss the designs. Participants will leave the session with lesson plans, additional lesson ideas and materials lists for the challenges.

*Mike MacEwan, Director of 21<sup>st</sup> CCLC and STEM Initiatives, NJSACC, Westfield*

### 12. Engaging Youth in Climate Science Education Through Service Learning

Come learn about the 4-H approach to teaching climate science to urban, middle school youth: high-context learning happens through classroom discussions, hands-on lessons, guest speakers and field trips. This format focuses on increasing student empowerment and environmental awareness and on reinforcing classroom science lessons. Knowledge and skills gained in the science of climate change, as well as the development of skills applied to planning community action projects in the short term, provide opportunities and experiences for achieving long term objectives, including: the development of critical thinking skills, problem solving, decision making and leadership skills. Additionally, youth increase awareness of local and global issues and are empowered to communicate concern and take action in their local communities. For example, students at the Charles Sumner School in Camden helped design and install a rain garden in front of their school as a means to combat climate change.

*Sharon Kinsey, County 4-H Agent, Rutgers Cooperative Extension of Camden County, Clementon*  
*Maggie McCann, 4-H Program Assistant, Rutgers Cooperative Extension of Camden County, Clementon*

### 13. Hurry Up and Wait!

So you've just rushed to get your group lined up and ready to go. Now the bus is late and you have to entertain everyone! These fun and fast activities will keep your group engaged and happy until you are on your way!

*Dağmar Wojcik, Trainer, NJSACC, Westfield*

### 14. Career Awareness and Exploration

Career awareness and exploration are key components to helping youth develop who they are and who they want to become. The Out-of-School Time (OST) setting provides a unique opportunity to give students access to career awareness and exploration, by allowing the time for youth to develop and expand their interests, as well as offering a forum for professionals to engage with the students as speakers or mentors. This workshop will provide practical strategies for assisting youth in identifying career interests, values, goals and skills and teaching them to research and explore career pathways that support their interests. It will show you how to help them gain an awareness of the world of work and how to participate and apply learning experiences that reflect career interests (i.e., job shadowing, volunteering, service learning, etc.).

*Ebony Grace, Program Officer, 21<sup>st</sup> CCLC, NJ Department of Education, Trenton*

### 15. Make Friends with Autism – “Let’s Have Fun Together”

With current estimates that autism affects one percent of the population, leisure and recreation service providers can expect to interact with people who have autism as part of their regular activities and events. This multi-media workshop provides helpful tools to raise awareness and encourage understanding, inclusion and appreciation of children with autism and their families in recreation and leisure activities. Participants will receive reliable information about autism spectrum disorders; the impact autism has on the lives of family members; ADA regulations, accommodations and adaptations; safety, physical fitness and sports related issues; creative play and leisure activities; and approaches for building ongoing, positive relationships with children on the spectrum and their families.

*Adrienne P. Robertiello, BS, Autism Educator, Children’s Specialized Hospital, Mountainside*

### 16. So What Do I Do Next? Understanding and Using the NJ Registry Career Lattice

This workshop will introduce you to Professional Impact NJ’s Core Knowledge and Competencies, Professional Standards for Working With Children Birth Through Age Eight and in Afterschool Programs and the updated NJ Registry Career Lattice. The Lattice is made up of ten levels determined by your education and experience in the early childhood or afterschool field. You will learn how to apply online to the newly upgraded NJ Registry to find where you fall on the Lattice now,

and use Professional Impact NJ’s Core Knowledge and Competencies to determine what you have to do to move up to the next level. Come hear how the NJ Registry Career Lattice and the Core Knowledge and Competencies can work for you!

*Mary Manning-Falzarano, Clearinghouse Manager, Professional Impact NJ, Union*

### 17. Let’s Get Real

This workshop, featuring the documentary **Let’s Get Real**, will give you information and insight into opening up a dialogue with young people on name-calling and bullying. The film features middle-schoolers talking honestly about the bullying that goes on in their schools and draws a connection between bullying and other forms of prejudice.

*Christine Corrison, LIC SW, Director of Special Projects, NJSACC, Westfield*

### 18. Accountability Systems That Work

It’s 4 PM: do you know where all of your children are? This interactive workshop will outline the components needed in an effective accountability system and explore strategies for ensuring children and their families use the system correctly. Participants will leave this session prepared to evaluate their current accountability system or implement a new one.

*Liz Joye, Center of Expertise, US Army, Wellesley, MA*

### 19. Global Learning in Afterschool: Making the Global Local Through Professional Development, Self-Assessment and Partnerships

The session will provide an overview of New York State Afterschool Network’s (NYSAN) partnership with The Asia Society. This partnership focuses on global learning self-assessment tools for afterschool programs and global learning professional development to expand the capacity of providers to infuse, create and/or integrate globally focused activities into afterschool programs. The discussion will also highlight NYSAN’s partnership with the National Peace Corps Association in the design and launch of a pilot project placing Returned Peace Corps Volunteers (RPCVs) in afterschool programs to serve as experience-based links between young people and global issues.

*Sanjiv Rao, Director, NYSAN, New York, NY*



### 20. Working with Not-for-Profit in the Communities

Schools in the UK have been encouraged in recent years to develop healthy partnerships with the statutory, voluntary, business and independent sectors of the community. These partnerships have grown from local endeavors into regional, national and global alliances. Bob Mitchell, from Beauchamp College in England, will talk about the benefit of this approach as well as the additional funding being generated and the 'win-win' scenarios created with a range of partners.

*Bob Mitchell, Vice Principal, Beauchamp College, Leicester, England*

## Friday Session 3: 3:00pm – 4:30pm

### 21. Autism and Safety: It's Unpredictable

This workshop will provide resources, processes and methodologies regarding safety matters and emergency preparedness related to individuals with an autism spectrum disorder and those who surround them. Areas covered will include important characteristics posing potential danger to self, others and property; communication and social challenges affecting safety; methods of identification and tracking; environmental modifications; fire and travel safety; poison control; transportation; community awareness and more.

*Adrienne P. Robertiello, BS, Autism Educator, Children's Specialized Hospital, Mountainside*

### 22. Leadership Lessons for Afterschool Program Directors

The development of leaders for high-quality afterschool programs is essential for the advancement of the individual as well as for the profession. What do leaders need to know to grow? What discipline, qualities, traits and skills must they have? Why is influence important? What are the stages of leadership? How do leaders deal with difficult people? This session explores these questions and more.

*Dr. Paul Young, PhD, President and CEO, National AfterSchool Association, MacLean, VA*

### 23. Changing of the Guard: Easing the Transition During a Change in Leadership

While change can be a good thing, it can also be challenging. When a new director comes to a program, there is a period of adjustment for everyone involved. A new director must find the balance between bringing knowledge and new ideas to the table while respecting the history of the program and the processes that have been in place. This workshop is for directors who are transitioning into or out of this role and will give tips and strategies for making the change as smooth as possible so that your program doesn't miss a beat.

*Diane Genco, Executive Director, NJSACC, Westfield*  
*Denise Sellers, Executive Director, Haddonfield Child Care, Haddonfield*

### 24. Teambuilding for Staff and Kids

Groups of kids and staff that get along? Yes, it's possible. Take-home activities and games that are not only fun but that can also strengthen your groups of staff and kids. This workshop is very hands-on. Come dressed to play and have fun.

*Dagmar Wojcik, Trainer, NJSACC, Westfield*

### 25. How to Conduct Effective Staff Meetings That Matter

How effective are your staff meetings? This session, designed for administrators, will share key components of effective staff meetings. Participants will leave with a variety of ready-to-use activities for their upcoming staff meetings.

*Liz Joye, Center of Expertise, US Army, Wellesley, MA*

### 26. We Are One: Exploring Our Lives as World Citizens

This session will offer programming suggestions, accompanying books and other resources for educators who work with children from preschool through grade 5, designed to help children learn about the world's diversity; to develop a global awareness; and, for the older children, to foster in them a sense of social responsibility and commitment to help others in the United States and around the world.

*Sharon Rawlins, Youth Services Consultant, NJ State Library, Trenton*  
*Allison Santos, Children's Librarian, Princeton Public Library, Princeton*

### 27. Ages and Stages

Afterschool programs are not pre-school programs with bigger chairs and more food. Learn how to design a program that meets the cognitive, physical and emotional needs of the children you serve.

*Sarah Cruz, Director of Extended Learning Opportunities, NJSACC, Westfield*

### 28. 21<sup>st</sup> Century Afterschool Science Project (21<sup>st</sup> CASP)

See a demonstration of a free curriculum funded by NJ DOE. This curriculum is designed to enrich student learning through inquiry-based, interactive science experiences with everyday materials.

*Mike MacEwan, Director of 21<sup>st</sup> CCLC and STEM Initiatives, NJSACC, Westfield*

### 29. Weaving Global Literacy in Education and Extended Learning Opportunities

In recent years the identification and expansion of partnerships has enabled schools to explore how the global dimension of these partnerships adds value to their students as well as recipients around the world. Examples of the added value achieved by expanding vision from local partnerships to global ones will be given, including International Learning Walks to research best practices in other countries, a football literacy project in South Africa and International Student conferences that take place annually with delegates from across three continents.

*Bob Mitchell, Vice Principal, Beauchamp College, Leicester, England*

### 30. Council on Accreditation (COA) After School Program Accreditation

This informational session will provide attendees with an opportunity to learn about the Council on Accreditation's After School Program Accreditation. The eligibility criteria, cost, process and applicable standards will be discussed.

*Kathy Connelly, Associate Accreditation Coordinator for After School Programs, Council on Accreditation, New York, NY*



## Saturday Session 1:

9:45am – 11:45am

### 31. Building a Positive Environment Through the Game of Cricket

When it comes to your program, everyone wants to create a positive environment in which children can support and respect each other. One way to do this is through team sports, and the game of cricket is a great choice! Cricket is a popular competitive sport around the world. In this workshop you will learn about the game and how the key focus is on playing as a team—whether winning or losing—and respecting opponents, umpires, coaches and most importantly each other. You will even get a chance to learn by doing when you play a little bit of cricket!

*Bala Devarajan, Center Director, The Tutoring Center, Piscataway*

### 32. ADD/ADHD – Dealing with the Deficit

This workshop presents a variety of practical strategies for giving the ADHD child a structure that will enable him or her to be successful in the program. Specific strategies for a multi-modal approach will be explored. Participants will leave with suggestions, activities and techniques that can be implemented the next day.

*Dr. Louis Giunta, PhD, PAC Project Manager, Paulsboro Public Schools, Paulsboro*

### 33. “CATCH” Kids After School: Build Healthy Behaviors!

Be inspired and become aware of CATCH – Coordinated Approach to Child Health evidence-based resource. CATCH Kids Club builds healthy physical activity and nutrition knowledge and eating habits for your K-8 afterschool programs and also impacts parents. Have fun with physical activities that encourage participation without ever being eliminated, and see how CATCH nutrition learning activities and snack prep help influence children to be active and eat right in and out of school programs. CATCH is also a childhood obesity risk-reduction program resource. Learn which CATCH tools, training options and support are right for your program.

*Carol Caldara, MA CHES, National CATCH Representative Nutrition/Physical Activity, Flaghouse, Hasbrouck Heights*  
*Shannon Frank, SACC Director, Fanwood-Scotch Plains YMCA, Healthy U Coordinator, YMCA Alliance, Fanwood*

### 34. Fostering Family Involvement

Many programs struggle with how to increase family involvement. This session will examine what research suggests families want for their children and from their programs. Numerous strategies and tips will be shared; participants should come willing to share their success and their struggles with involving families.

*Liz Joye, Center of Expertise, US Army, Wellesley, MA*

### 35. A Positive Approach to Discipline

This workshop will focus on theory-based, experience-tested, effective methods of positive discipline. You will learn strategies you can implement immediately in your program, classroom and home to decrease misbehavior and create a positive atmosphere for everyone.

*Geoff Gollihur, Trainer, NJSACC, Westfield*

### 36. The Ins and Outs of Employing Teen Staff

Teen staff can be a delight to work with, and exasperating to supervise, all in the same few hours. Not really adult employees, but no longer children, they require a special mix of training and mentoring from the adults who hire and supervise them. The enthusiasm and energy that make teenagers so appealing can also be frustrating and difficult to control. Add in a parent who feels entitled to know all the details of his child’s work experience, and you have the perfect recipe for a director’s worst nightmare. This workshop will help navigate the waters of hiring, mentoring and supervising teen staff to maximize the experience for all involved.

*Denise Sellers, Executive Director, Haddonfield Child Care, Haddonfield*

### 37. Making STEM Fun!

In this hands-on, interactive workshop participants will see that bringing science, technology, engineering and math (STEM) into an afterschool program doesn’t have to be scary. Small groups will work together to determine possible solutions to a challenge and then, as a team, build their “best” solution. We will then test and discuss the designs. Participants will leave the session with lesson plans, additional lesson ideas and materials lists for the challenges.

*Mike MacEwan, Director of 21st CCLC and STEM Initiatives, NJSACC, Westfield*

### 38. Thematic Planning in SACC: How and Why?

Thematic planning is an excellent way to make sure your program meets the needs of the diverse children in your SACC program. Come hear about South Brunswick Community Education’s

model for activity planning, which is theme based and designed to provide outlets for the diverse interests, ages, abilities and energy levels of the children we serve.

*Sheila Barry, School Age Care Manager, South Brunswick Community Education, South Brunswick*

### 39. Origami in 3-D

Learn how to create 3-D structures using the art of origami (folded paper). Participants will learn the correct method of folding the paper to get it ready for building as well as the basics of designing and constructing a 3-D origami structure.

*Jill Ostman, Club 678, Crossroads North Middle School, South Brunswick Community Education, South Brunswick*



## Saturday Session 2:

1:15pm – 2:45pm

### 40. ABC's of Playground Safety

Using the National Program for Playground Safety Safe Supervision Kit, you will learn how to analyze the playground for potential problems and hazards; how to recognize unsafe play; how to effectively monitor play areas; how to develop methods of communication for use in emergency situations and how to develop an effective supervision plan to reduce injuries and promote safe play.

*Joyce Fircha, Supervisor of Recreation, Edison Recreation Department, Edison*

### 41. The Effective Use of Teens in Afterschool Programs

This presentation focuses on a group of 4-H teens who are actively working as instructors, assistants and mentors in various settings with youth, including afterschool. They will explain their role, their training and their experiences. You too can benefit from teens teaching youth! The teens will share: how they work as assistant instructors for 4-H afterschool programming in Passaic County; how and why teens can be successful in afterschool programs; the benefits to the program (additional program assistance, youth mentors, etc.) and benefits to the teens (role models, giving back to the community, teaching skills, etc.).

*Marycarmen Kunicki, 4-H Program Associate and County Department Head, Rutgers Cooperative Extension of Passaic County, Paterson*

*Teen Panel, Instructors, Assistants and Mentors, Passaic County 4-H Programs, Paterson*

### 42. Games, Games, Games!

Keep the ball rolling with new ideas for non-competitive games to play with school-age children. A variety of cooperative games that can be utilized with large and small multiage groups will be taught in this fun and interactive workshop. Be prepared to participate! This workshop is for new staff.

*Dennis Groomes, Mr. Games, Pennsauken*

### 43. Dishing up Foods Using MyPlate

MyPlate has replaced the pyramid (MyPyramid) and offers a visual reminder to make healthy food choices for your next meal by filling half of your plate with fruits and vegetables. It also shows the other important food groups needed for a well-balanced meal: whole grains, lean proteins and low-fat dairy. This session will provide tips on how to teach MyPlate concepts in your programs and at home.

*LeeAnn Weniger, Sr. Program Coordinator for Social Marketing, Rutgers NJ Agricultural Experiment Station, Food Stamp Nutrition Education Program, New Brunswick*

### 44. Discipline with Dignity

Participants will review the principles of effective discipline and the importance of shared expectations, realistic rules and the use of logical consequences. Real-life scenarios will be shared, allowing participants to brainstorm possible solutions to common problems.

*Liz Joye, Center of Expertise, US Army, Wellesley, MA*

### 45. Creating a Foundation for Global Awareness Means Seeing Ourselves in Others

Exploring international perspectives is critical to creating life-long global citizens. Afterschool settings are uniquely suited to active engagement with issues that are both global in nature and relevant to youth. This session will explore an ongoing partnership between Higher Achievement and the U.S. Fund for UNICEF that integrates global content and youth engagement into an academic enrichment program. Participants will receive resources, learn techniques for implementation of global content and learn more about a successful case study that can be adapted to a variety of afterschool settings.

*David Donaldson, Director of Education, U.S. Fund for UNICEF, New York, NY*

*Sophie Huntington, Director of Curriculum and Instruction, Higher Achievement, Washington, DC*

*William Van Pelt, Assistant Director, Strategic Partnerships, U.S. Fund for UNICEF, Washington, DC*



## Saturday Session 3: 3:00pm – 4:30pm

### 46. Let's Get Real

This workshop, featuring the documentary Let's Get Real, will give you information and insight into opening up a dialogue with young people on name-calling and bullying. The film features middle-schoolers talking honestly about the bullying that goes on in their schools and draws a connection between bullying and other forms of prejudice.

*Mike MacEwan, Director of 21st CCLC and STEM Initiatives, NJSACC, Westfield*

### 47. At-Risk Afterschool Meal Program

Does your program serve children from a school where 50% of the school population qualifies for free or reduced lunch? If so, you most likely would be able to take advantage of the At-Risk Afterschool Meal Program. The program allows you to get federal reimbursement for serving a full nutritious supper to the children in your program. If you could use assistance feeding the children you serve this workshop will give you the information you need to get you started.

*Elizabeth Weisholtz, Director of Special Projects, NJSACC, Westfield*

*Lisa West, VISTA Child Nutrition Outreach Coordinator, NJSACC, Westfield*

### 48. 21st Century Afterschool Science Project (21st CASP)

See a demonstration of a free curriculum funded by NJ DOE. This curriculum is designed to enrich student learning through inquiry-based, interactive science experiences with everyday materials.

*Willa Schaefer, Staff, NJSACC, Westfield*

### 49. Making Math Fun!

Getting the children in your program excited about math doesn't have to be hard. This hands-on workshop will provide you with fun activities for a variety of ages that will reinforce math skills learned during the school day. Using unconventional math techniques, you will learn how games and activities you are already doing incorporate math without even realizing it!

*Adriane Collett, Trainer, NJSACC, Westfield*

### 50. Nutrition 101

What is vitamin K and why is it important? What are the good fats and bad ones? How much water am I supposed to be drinking? Are beans considered a protein or vegetable? If you have asked

yourself similar questions you're not alone!! We all know the importance of good nutrition, but this session will teach us exactly why it matters!

*LeeAnn Weniger, Sr. Program Coordinator for Social Marketing, Rutgers NJ Agricultural Experiment Station, Food Stamp Nutrition Education Program, New Brunswick*

### 51. Marine Sciences

Learning by doing is the 4-H way, and that is exactly what you will be doing in this hands-on, marine science workshop. While participating in a variety of activities, you will be introduced to the 4-H marine science curriculum designed for after-school environments. Build, test and play: enjoy science the 4-H way!

*Tamara Pellien, 4-H Program Associate, Bergen County, Hackensack Education, South Brunswick*

## Saturday Double Sessions

1:15pm – 4:30pm

### 52. Inclusion Awareness

This workshop will give an overview of the laws that support inclusion of children with disabilities and special needs. Discussion will include applying these laws within the childcare/afterschool environment.

*Denise Bouyer, Project Director, New Jersey Inclusive Child Care Project, Statewide Parent Advocacy Network, Newark*

### 53. Adventures in Peace

This workshop is designed to help staff in afterschool program settings teach children effective, nonviolent ways to resolve conflict. It was developed to meet the unique needs of program providers and will focus on implementing instruction in key conflict resolution concepts, further developing children's skills using experiential education strategies and developing approaches for resolving conflict in child care settings. The focus will be on "The Peaceable Program" model and will use an adventure based approach to teaching conflict resolution.

*Sarah Cruz, Director of Extended Learning Opportunities, NJSACC, Westfield*

### 54. The Science in Service Learning

Join us in exploring methods of planning and implementing service learning programs that focus on environmental science. The workshop will look at activities that develop students' awareness of environmental issues. Staff will receive guidance and an activities box that includes Edible Landfill, Trash to Treasure, Trash Timeline, The Re-Use Challenge and Environmental Townhall. Using these new tools you will then learn how to motivate your group to action by guiding them through the service learning process. You will develop plans to action that will enable you to transform your afterschool program into an aware and active environment.

*Kaitlin Everett, County 4-H Agent, Rutgers Cooperative Extension of Monmouth County, Freehold*



## Your Conference Planning Sheet – Registration Online Only

### Friday Session 1: 9:30 am – 11:00 am

1. Focus on Photography: Digital Basics
2. Principal Matters
3. After-School Quality (ASQ): The Process of Program Improvement
4. Questions and Answers for Licensing
5. Cultural Awareness
6. Staff Development Methods to Promote Personal and Professional Growth
7. Developing 21st Century Skills Using the Common Core State Standards
8. Creating a Foundation for Global Awareness: Seeing Ourselves in Others
9. Full Service Schools
10. Building the Bridge Between Afterschool and School Administration

### Friday Session 2: 1:15 pm – 2:45 pm

11. Making STEM Fun!
12. Engaging Youth in Climate Science Education through Service Learning
13. Hurry Up and Wait!
14. Career Awareness and Exploration
15. Make Friends with Autism – “Let’s Have Fun Together”
16. So What Do I Do Next? Understanding and Using the NJ Registry Career Lattice
17. Let’s Get Real
18. Accountability Systems That Work
19. Global Learning in Afterschool: Making the Global Local Through Professional Development, Self-Assessment and Partnerships
20. Working with Not-for-Profit in the Communities

### Friday Session 3: 3:00 pm – 4:30 pm

21. Autism and Safety: It’s Unpredictable
22. Leadership Lessons for Afterschool Program Directors

23. Changing of the Guard: Easing the Transition During a Change in Leadership
24. Teambuilding for Staff and Kids
25. How to Conduct Effective Staff Meetings That Matter
26. We Are One: Exploring Our Lives as World Citizens
27. Ages and Stages
28. 21<sup>st</sup> Century Afterschool Science Project (21<sup>st</sup> CASP)
29. Weaving Global Literacy in Education and Extended Learning Opportunities
30. Council on Accreditation (COA) After School Program Accreditation

### Saturday Session 1: 9:45 am – 11:45 am

31. Building a Positive Environment Through the Game of Cricket
32. ADD/ADHD – Dealing with the Deficit
33. “CATCH” Kids After School: Build Healthy Behaviors
34. Fostering Family Involvement
35. A Positive Approach to Discipline
36. The Ins and Outs of Employing Teen Staff
37. Making STEM Fun!
38. Thematic Planning in SACC: How and Why?
39. Origami in 3-D

### Saturday Session 2: 1:15 pm – 2:45 pm

40. ABC’s of Playground Safety
41. The Effective Use of Teens in Afterschool Programs
42. Games, Games, Games!
43. Dishing up Foods Using MyPlate
44. Discipline with Dignity
45. Creating a Foundation for Global Awareness Means Seeing Ourselves in Others

### Saturday Session 3: 3:00 pm – 4:30 pm

46. Let’s Get Real
47. At Risk Afterschool Meal Program
48. 21st Century Afterschool Science Project (21st CASP)
49. Making Math Fun!
50. Nutrition 101

51. Marine Sciences

### Saturday Double Session: 1:15 pm – 4:30 pm

52. Inclusion Awareness
53. Adventures in Peace
54. The Science in Service Learning



## CONFERENCE FEES

<b>NJSACC Members</b>	<b>Non-Members</b>
<b>\$241 / 2 days</b>	<b>\$286 / 2 days</b>
<b>\$141 / 1 day</b>	<b>\$186 / 1 day</b>

Conference Location and Accommodations:

The Marriott Princeton Hotel and Conference Center at Forrester (formerly the Doral)  
100 College Road East, Princeton, NJ 08540

Room Rates: \$149 per night

## ACCOMMODATIONS:

Reservations must be made by individual attendees directly with Marriott reservations at (800) 228-9290 or (609) 452-7800.

Room reservations must be made on or before Friday, November 4, 2011.

When you call make sure to mention the **NJSACC Conference** and the dates of the conference in order to receive the conference rate.



## DIRECTIONS

### From Northern New Jersey:

- Take the Garden State Parkway South to Exit 130, Route 1 South.
- Take Route 1 South approximately 22 miles to College Road East.
- Take College Road East, Marriott Princeton is the second driveway on your right.

**-OR-**

- Take the New Jersey Turnpike South to Exit 9 - New Brunswick.
- Follow Route 18 North for approximately 1/4 mile to Route 1 South.
- Take Route 1 South approximately 13 miles to College Road East.
- Take College Road East, Marriott Princeton is the second driveway on your right.

### From Southern New Jersey:

- Follow I-295 North to Route 1 North (Exit 67).
- Take Route 1 North for approximately 6.5 miles to College Road East.
- Exit right on College Road East, Marriott Princeton is the second driveway on your right.

### From Philadelphia:

(50 miles)

- Follow I-95 North into New Jersey to Route 1 North (Exit 67).
- Take Route 1 North for approximately 6.5 miles to College Road East.
- Exit right on College Road East, Marriott Princeton is the second driveway on your right.

*If you get lost along the way,  
call the Marriott at 609-452-7800 ext. 5180.  
Marriott Guest Services staff will be happy  
to assist you with directions.*