

Outdoors in the



New Jersey's Annual Afterschool Conference
November 14-15, 2008

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The mission of the New Jersey School-Age Care Coalition (NJSACC) is to promote and support the development, continuity and expansion of quality programs for children and youth during out-of-school time.

Dear Colleagues,

Welcome to our 2008 annual conference. This year's program is designed to make you more effective, whether you work directly with students, manage multi-site programs, or develop materials.

This year's theme is 'Outdoors in the Garden State.' It celebrates connections between children and nature, and introduces ways to strengthen those ties in urban, suburban and rural areas. As children have gotten busier and schools have increased their focus on high stakes testing, children have fewer opportunities to experience the natural world. Reconnecting children with nature can lead to better health, improved concentration and a stronger understanding of our role as stewards of the planet.

The conference also features workshops on working with new partners throughout the state from local media to Governor Corzine's crime prevention initiative.

We hope this conference helps you to learn new skills, get new ideas and network with colleagues throughout the state.

Thank you for all that you do for students and families.

Adrienne Mtume
Conference Chair

Conference at a Glance

Friday, November 14, 2008

8:00 am - 9:00 am	Registration Begins & Continental Breakfast
9:00 am - 9:25 am	Opening Session – Announcements
9:30 am - 11:00 am	Session 1
11:15 am - 1:00 pm	Showcase Alley and Lunch
1:15 pm - 2:45 pm	Session 2
3:00 pm - 4:30 pm	Session 3
4:45 pm - 6:00 pm	Outdoors in the Garden State

Saturday, November 15, 2008

8:00 am - 9:00 am	Registration Begins & Continental Breakfast			
8:45 am - 9:30 am	Opening Session – Announcements and Special Performance – Pat Cannon's Foot & Fiddle Dance Company			
9:45 am - 11:45 am	Session 1			
12:00 pm - 1:00 pm	Lunch			
1:15 pm - 2:45 pm	Session 2	OR	1:15 pm - 4:30 pm	Double Sessions (with scheduled breaks)
3:00 pm - 4:30 pm	Session 3			

We would like to thank the following organizations for their support:

Amerigroup
Artists In Education Consortium
EIRC/Southern Regional Child Care Resource Center
NJDEP
NJCEE

This conference was funded in part by the NJ Department of Human Services, Division of Family Development as part of a Federal CCDF Block Grant Earmark. Additional funding was provided by Federal Elementary and Secondary Education Act, as amended (Title IV, Part B of No Child Left Behind), 21st Century Community Learning Centers grant funds awarded to the New Jersey Department of Education. In addition, NJSACC would like to thank NJ After 3 (www.njafter3.org) for their support. NJ After 3 is a private, nonprofit organization dedicated to expanding and improving afterschool opportunities for our kids. Our vision is for all New Jersey children to have easy access to high quality, comprehensive, structured, supervised and enriching afterschool activities.



Welcome

Friday Session 1: 9:30am – 11:00am

1. Integrating Service Learning into Your Afterschool Program

You will be inspired and better prepared to incorporate service into your afterschool program's activities and curriculum! Service learning combines student learning with service to the community while improving both student and community. Hear why afterschool is an ideal time to engage youth in service, and learn an effective and easy-to-implement model that accomplishes this meaningful objective. Gather information about National Service programs including AmeriCorps and Learn and Serve. Walk away with valuable and practical tips you can immediately implement as well as larger projects you can gradually integrate into your programming.

Sheri Durkee, AmeriCorps Program Manager, NJ After 3, New Brunswick
Charles Brown, KidFit Program Manager, NJ After 3, New Brunswick

2. Where Has All the Laughter Gone?

Kids today are living in a world filled with trauma, crisis and violence. What they need more of is laughter, whimsy and just plain fun. How do you provide children with these essential ingredients to a successful life? Bringing laughter to your program daily can help you and the kids understand each other better, build self-esteem and forge better peer relationships.

Cecilia Aerstin, Director of Special Projects, NJSACC, Westfield

3. The Weather Outside Is Frightful... or Is It?

Many times afterschool providers are cautious when deciding to take children outside in case of inclement weather. Learn what to look for when you are Outdoors in the Garden State, and ask the expert where to go to find current, accurate weather updates!

Dave Robinson, New Jersey State Climatologist, Rutgers University, New Brunswick

4. Body and Mind Meditation

This workshop will show you how to strengthen your body, relax your mind and meditate in a short period of time to refresh yourself. You will learn stretching and strengthening exercises, which can help relieve pain and increase flexibility. You'll be better able to take care of others if you take some time to take care of yourself! Ron Shuali, Owner, Fun Fitness Training, Highland Park

5. Quality Advisor Training

By utilizing the NAA Key Standards for Quality Improvement Tool, participants will learn what their program's developmental level is and gain knowledge and techniques on how to evaluate strengths and weaknesses to complete necessary program improvements. This will

be a basic overview on how to begin using the Observation Tool and create an action plan to work together with your team to meet your improvement goals.

Theresa Roessner, MA, Program Director, Catholic Charities, Diocese of Metuchen, Bridgewater

6. Governor Corzine's Strategy for Safe Streets and Neighborhoods

This workshop will provide an overview of Governor Corzine's Strategy for Safe Streets and Neighborhoods. A core component of the Strategy is Prevention, which emphasizes the importance of quality out-of-school time opportunities.

Creighton Drury, Director, Prevention Strategy, Department of Law and Public Safety, Office of the Attorney General, Trenton

7. The Importance of Nature in Children's Development

A growing field of research is showing what you've always known: that children as well as adults benefit from "green time." This presentation and discussion will review the theoretical basis for the benefits of time spent in nature and how these benefits contribute to children's cognitive, social and physical development.

Roberta Hunter, Acorn to Oak Environmental Education, Lawrenceville

8. Project Learning Tree Sampler

Project Learning Tree is a hands-on, interdisciplinary program that makes learning about our natural world fun. Activities can be conducted indoors, outside or both; have real-world applications; and include literacy and technology connections. Join us for a sampling of activities, from the newly revised Project Learning Tree PreK-8 Activity Guide, specially selected to encourage your children to get outside and explore the world around them!

Elizabeth Faircloth, NJ Project Learning Tree Coordinator, NJ Department of Environmental Protection, Division of Parks and Forestry, Jackson
Diane Hewlett-Lowrie, Resource Interpretive Specialist, Office of NJ Department of Environmental Protection, Division of Parks and Forestry, Englishtown

9. Bridges to the Natural World

Bridges to the Natural World is a New Jersey-specific teacher's guide that focuses on the natural history of the state's habitats and ecosystems. The Bridges program encourages familiarity with the natural world through personal investigation. This place-based learning, experienced in the outdoor environment, provides educational enrichment for existing curricula, opportunities to introduce and reinforce concepts in a cross-curricular manner and ways to address different learning styles. This program is ideal for special education students as well.

Dale Rosselet, Vice President for Education, New Jersey Audubon Society, Cape May Court House

10. KidRead! and SMASH: How to Provide Literacy and Fitness Programs Your Families Will Love

KidRead! Family Literacy Program engages children in grades PreK-8 during an afterschool program. The program includes dinner, a story and extension activities. The goal is to build upon the strengths of parents and caregivers to support better readers in a fun and relaxing atmosphere. SMASH is a family fitness program that can easily be implemented at any afterschool or early childhood program. Children and their families come together to get in shape and have fun. You will leave this session with all the tools you'll need to incorporate these successful programs into your own afterschool program.

Joan Dillon, Executive Director, Glassboro Child Development, Glassboro

11. Eco-Crafting

Using recycled materials and crafts inspired by nature, we can be good to the environment while being crafty. You'll master hands-on, make-it-and-take-it activities to bring back to your programs.

Sarah Cruz, Enrichment Support Specialist, NJSACC, Westfield

12. Code of Ethics

After many years of work, the National AfterSchool Association (NAA) has released a draft of a Code of Ethics for afterschool practitioners. The proposed Code sets forth professional responsibilities focusing on four areas: children, families, colleagues and community/society. The Code of Ethics will serve as a guide to help afterschool professionals facing ethical dilemmas resolve conflicts, keeping the best interest of the children in mind while maintaining the core values outlined in the document. This workshop will introduce NJ afterschool professionals to the new Code and encourage discussion and commentary that will be shared with NAA as it finalizes the document for adoption.

Denise Sellers, Executive Director, Haddonfield Child Care, Haddonfield

13. Creating Specialty Program Councils: a Strategy for Getting New Energy into Your Programs

Program managers have a tough job: They must achieve a balance between running a stable program that parents and other supporters can count on and one that is creative and fun for the participants. There are always pressures for a greater variety of program offerings and additional diversity in staff and skill sets, but there are rarely extra resources for marketing or developing new and different enrichment activities outside the expertise of program staff. One effective way to garner this additional support is to go outside of the program's usual circle of supporters and build new constituencies. The creation of specialty program councils is one way of building new resources for programs in need of a boost.

Dr. Shelly Wimpfheimer, Executive Director, Partnership for After School Education, New York, NY



Friday Session 2: 1:15pm – 2:45pm

14. Go Wild with Project WILD

This interactive inside/outside workshop highlights conservation education. Participants will be engaged in activities that develop an awareness of the natural world and explore the needs of wildlife and people. The session also seeks to foster a sense of place and environmental stewardship. You will receive lesson plans and background information to deepen your knowledge base about local wildlife.

Liz Jackson, NJ DEP, Division of Fish and Wildlife, Oxford

15. Meeting the Promise of Summer

Learn why it is essential that children and youth participate in enriching summer opportunities. Through a review of “The Promise of Summer: What the Research Tells Us,” you will hear the latest research on the connection between summer learning, school success and youth development. Explore the characteristics of effective summer programs. Learn about an exciting community-wide approach in Massachusetts that helps community-based organizations increase access to and quality of summer programs.

Susan O'Connor, MSW, Coordinator, West MOST Network, Amherst, MA

16. Conflicts in Afterschool: Defusing Molehills Before They Become Mountains

Conflict is inevitable, but combat is optional. In this workshop you will learn to proactively identify the causes of disruptive behavior, effectively defuse the situation and avoid the drama. The workshop will include specific phrases you can use to take control of the situation and avoid power struggles with children. Emphasis will be placed on how to talk so kids will listen, and listen so kids will talk.

Dr. Louis Giunta, PhD, PAC Project Manager, Paulsboro Public Schools, Paulsboro

17. ACT – Adults and Children Together Against Violence

Media violence increases mean-spirited, aggressive, antisocial behavior. This eye-opening session identifies the relationship between exposure to media violence and young children's aggressive behavior.

Annette Perez, Child Care Health Consultant Coordinator, Southern Regional Child Care Center/EIRC, Sewell

Patricia Wallace, Infant and Toddler Coordinator, Southern Regional Child Care Center/EIRC, Sewell

18. Questions and Answers for Licensing

Do your interactions with the Office of Licensing remind you of trips to the principal's office when you were young? Learn how to foster a more positive relationship with the Office of Licensing. Get the answers to your questions on meeting requirements, when to call for assistance, tapping into their resources and more.

Jennifer Thiel, Child Care Quality Assurance Inspector I, Office of Licensing, Trenton

Catherine Verderame, Child Care Quality Assurance Inspector II, Office of Licensing, Trenton

19. 21st Century Afterschool Science Project (21st CASP)

See a demonstration of a free curriculum funded by NJ DOE. This curriculum is designed to enrich student learning through inquiry-based, interactive science experiences with everyday materials.

Pamela Lerner, Science Specialist, NJSACC, Westfield

20. Inclusion Awareness

This workshop will give an overview of the laws that support inclusion of children with disabilities and special needs. Discussion will include applying these laws within the childcare/afterschool environment.

Denise Bouyer, Project Director, New Jersey Inclusive Child Care Project, Statewide Parent Advocacy Network, Newark

21. Where Do the Children Play?

Using *Where Do the Children Play?*, a documentary made for public television, this workshop will discuss three environments and how each environment influences the children who grow up there. Participants will learn how changes in the world are affecting our children's mental and physical development and health.

Diane Genco, MS Ed, Executive Director, NJSACC, Westfield

22. Grants 101

This workshop will provide attendees with tips for effectively writing and managing grants. Learn the terminology most commonly used, understand basic principles of the variety of funds available, explore strategies to enhance your agency's ability to secure funds and more. Take home new insights into the fundamentals of grant writing and management.

Haydee Perez-Livingston, MSW, Coordinator, Extended Educational Services Unit, Office of Educational Support Services, New Jersey Department of Education, Trenton

23. Avoid Operational Blues, Prepare Effective MOUs: School Operations and Clear Memoranda of Understanding

Partnering with a school is common, but so is the mistake of not outlining the relationship in writing before entering into it. Learn the questions that you should ask yourself (and your partner) as you

consider the operations of your site. See samples of effective MOUs that enable programs to secure the facilities, expertise and data that they need to run effective programs for children and young adults.

Jim McGlynn, Director of Institutional Development and Policy Initiatives, NJ After 3, New Brunswick

24. How to Engage Latino Youth in Your Afterschool Setting

As the second largest group of students in our nation's schools, Latino students make up a large percentage of our country's future workforce. Latinos are disproportionately overrepresented among low-income minorities and consequently continue to be gravely underserved by the public education system. Afterschool programs serve as an opportunity for children to gain 21st century skills in global literacy, problem-solving, innovation and creativity through supplementary academic support and developmentally rich activities. At this session, participants will learn about ways in which they can better engage Latino students in afterschool program settings.

Marcela Montes, Coordinator of Afterschool Projects, National Council of La Raza, Washington, DC

25. Bringing the Environment Indoors and Getting Kids Outdoors

This interactive workshop will introduce afterschool educators to the field of environmental education (EE). Participants will perform simple EE activities and lessons while learning about EE goals, instructional strategies, learner outcomes and how they support the state's classroom standards, networking opportunities, available expertise and more. Participants will leave with ready-to-use lessons, projects and other materials.

Tanya M. Oznowich, Environmental Education Supervisor, New Jersey Department of Environmental Protection, Trenton

26. The Afterschool Equation: School + Afterschool = Education

It is time to rethink the role of afterschool, especially in light of the demands placed upon providers by 21st Century Learning Centers funding. To effectively serve children and families, afterschool programs need to provide complementary services to schools to ensure that children receive the skills necessary to help them become well-functioning members of the 21st century workforce.

Dr. Shelly Wimpfheimer, Executive Director, Partnership for After School Education, New York, NY

Friday Session 3: 3:00pm – 4:30pm

27. Coaching Your Staff to Better Practice

Learn how to empower your staff and increase their professional development through relationship-based coaching. Explore why the traditional supervision approach can make staff resistant to change. Practice how to engage staff in planning for their own growth through inquiry-based learning and self-evaluation.

Susan O'Connor, MSW, Coordinator, West MOST Network, Amherst, MA

28. Enriching Education Through a Child's Self-Guided Study of Nature

This workshop explores important links between science education and a child's self-guided study of nature, with an emphasis on Nature's Examples--where to find the science and techniques to engage students and encourage parental interest. Additional topics of discussion will include naturalists of New Jersey and tips and guidelines for child safety.

Ed Connors, Director, Innovative Educational Resources, LLC, Stewartsville

29. Infuse Wildlife into Your Afterschool Program

Conserve Wildlife Foundation of New Jersey offers several programs that can be easily incorporated into your afterschool program. Come and learn how to infuse some wildlife education into your programs. Additionally, participate in a discussion to help in the development of more environmentally focused resources for the afterschool community.

Maria Grace, Education Outreach Manager, Conserve Wildlife Foundation of New Jersey, Trenton

Margaret O'Gorman, Executive Director, Conserve Wildlife Foundation of New Jersey, Trenton

30. Behavior Management

We all face difficult situations and behaviors that can be hard to manage. Many issues and problems can be handled by making changes to the afterschool environment. Learn tips and strategies to put the necessary supports in place to make positive changes in your program!

Christine Corriston, LIC SW, Quality Advisor, NJSACC, Westfield

31. Hiring, Staffing and Training: Our Story

Open discussion on hiring, staffing and training among peers is an extremely valuable experience. The ability to identify a problem or need and seek the help of those peers is priceless. This session has been designed to do both.

Jon Tilli, Senior Program Director, Plainfield YMCA, Plainfield

32. Multi-Site Management

Managing afterschool is a challenge, but with more than one location it gets even more complicated. Get tips and share ideas on effectively managing programs that take place in multiple locations. The workshop will cover staff supervision and program development.

Sarah Cruz, Enrichment Support Specialist, NJSACC, Westfield

33. Incorporating Poetry into Afterschool Programs

Incorporating poetry into afterschool programs provides students of all ages and backgrounds with an outlet to express the sometimes difficult feelings they're experiencing. Because poetry is so diverse, all students can find something they like. Poetry is a much freer writing form than prose; therefore, even students with limited language skills can excel at poetry. Help develop creative future leaders by allowing students to express themselves boldly, energetically and, in many cases, most willingly!

Erika Kelly, Program Officer, 21st Century Community Learning Centers Program NJ Department of Education, Office of Educational Support Services, Trenton

34. Straight from the Students' Mouths: Middle Schoolers Talk About Why They Love to Spend Time Outdoors

During this panel discussion, a group of middle school students and staff from South Brunswick Community Education's Club 678 will talk about the time they spend outside during the afterschool program. The students climb trees, explore the woods and build forts with found objects. The students and staff will explain why this is such an important part of their day.

Students and Staff, Club 678, Crossroads Middle School, South Brunswick

35. Bringing the Environment Indoors and Getting Kids Outdoors

This interactive workshop will introduce afterschool educators to the field of environmental education (EE). Participants will perform simple EE activities and lessons while learning about EE goals, instructional strategies, learner outcomes and how they support the state's classroom standards, networking opportunities, available expertise and more. Participants will leave with ready-to-use lessons, projects and other materials.

Tanya M. Oznowich, Environmental Education Supervisor, New Jersey Department of Environmental Protection, Trenton

36. Fun in Science and Art: How the Newark Museum Can Enrich Afterschool

Come to us, or we can come to you! Learn about the outreach and on-site programs that are available for afterschool use. These hands-on, inquiry-based programs include content in art and science. All programs are age-appropriate and are conducted by qualified museum educators.

Suad Gacham, Site Coordinator, Newark Museum Prime Time 3 to 6 NJ After 3, Hillside Schools, Hillside

Kelly Sweatt, Site Coordinator, Newark Museum Prime Time 3 to 6, Newark Museum, Newark

Kevin Heller, Assistant Director of Education for Instructional Services, Newark Museum, Newark

Helene Peters, Manager of the Educational Loan Collection, Newark Museum, Newark

37. Working with Families

This workshop will provide out-of-school-time administrators a brief snapshot into the inner workings of the family. We will explore the basic structure and needs of families, some of the daily obstacles they face that may affect their participation in extracurricular activities and cultural norms that influence families' perceptions of education.

Ebony D. Cintron, Program Officer, 21st Century Community Learning Centers Program, NJ Department of Education, Office of Educational Support Services, Trenton

38. Get the Skinny on Nutrition Resources

Proper nutrition is crucial for development, yet so many families are struggling to get food on the table. This workshop will help you connect to important resources that can help the families you work with. The Calcium: Select to Protect campaign highlights the benefits of calcium consumption and how it can help protect children from nutrition related diseases. The Food Stamp Nutrition Education Program provides education and resources to limited-resource individuals throughout the state.

LeeAnn Weniger, Sr. Program Coordinator for Social Marketing, Rutgers NJ Agricultural Experiment Station, Food Stamp Nutrition Education Program, New Brunswick

39. Just a Click Away

The Internet is a valuable educational and social resource for youth. However, the Internet can also expose our youth to danger through their discovery of inappropriate materials and experiences. You can play a critical role in keeping our youth safe by getting more informed and involved in their use of the Internet before, during and after school.

Anthony Bland, Coordinator, Office of Educational Support Services, NJ Department of Education, Trenton



Saturday Session 1: 9:45am – 11:45am

40. Behavior Modification and Disciplining with Dignity

This workshop will help staff understand group dynamics and effectively monitor individual and group activities. Participants will also learn techniques for effective behavior guidance and setting appropriate limits with youth.

Tamika Davis, Grant Development Coordinator, EIRC, Sewell

41. Kids Talk

We hear our kids talking everyday. Are they speaking in code? Does what they say make sense to you, or does it sound like unnecessary chatter with no thought or feelings behind it? Are you up for the challenge of examining what kids need from us to successfully convey their messages without feeling judged?

Cecilia Aerstin, Director of Special Projects, NJSACC, Westfield

42. The ABC's of Playground Safety

Using the National Program for Playground Safety Safe Supervision Kit, you will learn how to analyze the playground for potential problems and hazards; how to recognize unsafe play; how to effectively monitor play areas; how to develop methods of communication for use in emergency situations; and how to develop an effective supervision plan to reduce injuries and promote safe play.

Sarah Cruz, Enrichment Support Specialist, NJSACC, Westfield

43. Lights, Camera, Action: Afterschool Digital Filmmaking

Using digital camcorders, notebook computers and simple software, participants will work in teams of three to plan, shoot, edit and present their own short films. Presenters will share ideas and web-based resources for incorporating this type of project-based learning into afterschool programs.

Chad Ripberger, County 4-H Agent, 4-H Youth Development, Rutgers Cooperative Extension, Trenton
Miss Harmon, 4-H Program Associate, 4-H Youth Development, Rutgers Cooperative Extension, Trenton

44. Engaging Youth Through Thematic Curriculum

Thematic learning provides deeper, linked experiences, and if the program builds a theme that emerges from youth's interests, youth are likely to be motivated and engaged in their activities. Have a chance to review sample thematic curriculum and learn what research says

about the use of it. Also, explore how to develop thematic curriculum and link the concept to activities that build physical, social, emotional and academic skills.

Susan O'Connor, MSW, Coordinator, West MOST Network, Amherst, MA

45. Birds of a Feather: Why and How to Explore Birding with School-Age Children

Birding is an excellent way to help children notice the nature in their everyday lives. This workshop will show why bird watching with children is fun, educational and a great opportunity to be outdoors in the Garden State and beyond. Weather permitting, we will step outside to do our own bird watching, so bring binoculars if you have them. While indoors, we will discuss games, music and other fun bird-related activities.

Sheila Barry, School Age Care Manager, South Brunswick Community Education, South Brunswick

Annie Barry, Volunteer, National Park Service, Governor's Island, NY

46. Successful Program Activities for Tweens

Developing activities for tweens--children ages 8 through 14--is both rewarding and challenging. Key aspects of doing this successfully include hiring and training appropriate staff, planning multiple-week activities with youth making presentations or final products, keeping them excited about attending and communicating with parents. This workshop will be geared to both new and existing programs.

Christine Corrison, LIC SW, Quality Advisor, NJSACC, Westfield

47. The 3 R's of Bullying--Recognize It, Respond to It and Report It

What used to be confined to the schoolyard and the lunchroom has now expanded to cyberspace, often with devastating consequences. Cyber bullying is the use of interactive digital technologies (like cell phones and the Internet) to hurt, embarrass, threaten or otherwise harm someone. Current events highlighted in the news have illustrated what an important topic this is for educators, afterschool programs and parents.

MaryAnne Kokidis, CHES Health Education Coordinator, Amerigroup New Jersey, Inc., Edison

Robin Snyder, MPH, CHES Health Educator, Amerigroup New Jersey, Inc., Edison

48. I Can Problem Solve

The I Can Problem Solve (ICPS) program is geared toward kindergarten and primary grades and includes both formal lessons and specific suggestions for incorporating ICPS principles in classroom interactions and the curriculum. ICPS teaches children thinking skills that can be used to help resolve or prevent "people problems." It teaches children how to think, not what to think, guides children to think for themselves and teaches them how to evaluate their own ideas.

Patti Pace, Consultant, I Can Problem Solve, Matawan

49. Forensic Science Investigations (FSI)

Join us for a look into the world of the most popular applied science of our time: forensic science! Learn hands-on activities from our Forensic Science Afterschool Curriculum. This workshop offers a lab-like experience in crime scene investigation using basic principles from the physical and natural sciences as well as math. You will gather evidence, examine clues and discover how science can help solve real-life brainteasers, all while learning proper methods for the collection, packaging, preservation, transportation and analysis of physical evidence using scientific principles. These simple, engaging activities will give students in your afterschool program a first-hand look at how forensic scientists use science to unravel mysteries.

Maxie Hollingsworth Latimer, Director of Afterschool Initiatives, Liberty Science Center, Jersey City

Takeya Meggett, Program Coordinator for Afterschool Initiatives, Liberty Science Center, Jersey City

50. Nature and Music

This workshop explores the role that a musical instrument, such as a rain stick, can play in people's relationship to nature. People living in rural, arid climates have used the rain stick in ceremonies designed to ask for rain. During the workshop, participants will make a rain stick. They will also explore symbols used to represent different aspects of nature. Finally, they will participate together in a brief ceremony with their rain sticks, to wish for or give thanks for significant local weather.

Maureen Heffernan, Director, AIE Consortium, Princeton
Claudio Mir, Teaching Artist, AIE Consortium, Trenton

51. Sleeping Bags That Serve

Are you looking for a community service project to work on with your children? If you can tie knots and do some simple sewing, you are half-way there. This workshop will demonstrate how to make sleeping bags that can be donated to those in need. Learn the basic technique and how you can embellish the bags to customize your creations.

Kay Weeks, Fiber Artist, New Jersey

Saturday Session 2: 1:15pm – 2:45pm

52. Games, Games, Games!

Keep the ball rolling with new ideas for non-competitive games to play with school-age children. A variety of cooperative games that can be utilized with large and small multi-age groups will be taught in this fun and interactive workshop. Be prepared to participate! This workshop is for new staff.

Dennis Groomes, Southern Regional SAC Coordinator, EIRC, Sewell



53. How to Talk About Your Afterschool Program So People Will Listen

Join us for an interactive workshop on how to engage local businesses, community leaders, politicians and others in your afterschool program.

Amy Plotch, Campaign Director, New Jersey Afterschool Network, NJSACC, Westfield

54. Where Do the Children Play?

Using *Where Do the Children Play?*, a documentary made for public television, this workshop will discuss three environments and how each environment influences the children who grow up there. Participants will learn how changes in the world are affecting our children's mental and physical development and health.

Diane Genco, MS Ed, Executive Director, NJSACC, Westfield

55. Teambuilding for Staff and Kids

Groups of kids and staff that get along? Yes, it's possible. Take home activities and games that are not only fun but can also strengthen your groups of staff and kids. This workshop is very hands-on. Come dressed to play and have fun.

Dagmar Wojcik, Trainer, NJSACC, Westfield

56. Scavenger Hunts Go High-Tech

Turn a run-of-the-mill scavenger hunt into a fast-paced, high-tech learning experience by incorporating handheld GPS (global positioning system) units. GPS scavenger hunts build technology skills, challenge students' creativity and communication skills and reinforce teamwork. Participants will learn basic GPS skills and how to design a GPS scavenger hunt to meet their program's needs. GPS scavenger hunts offer flexible program designs that can incorporate technology learning opportunities including photography and computer skill building.

Rachel Lyons, County 4-H Agent, Rutgers Cooperative Extension Morris County, Morristown

57. Gardening for Kids

This workshop will focus on gardening activities for afterschool youth. We will explore seed sprouting, crafts with plants, how to grow seedlings and growing an outdoor flower and vegetable garden. We will also discuss how plants can be used to promote youth development. Each participant will receive a list of references and make their own bean sprouting jar.

Jim Nichnadowicz, 4-H Agent, Rutgers Cooperative Extension, Union County, Westfield

58. Indoor and Outdoor Activities for Children with Disabilities

In this participatory session learn about activities both inside and outside that include children and youth with disabilities, and learn how to plan easy accommodations that meet individual needs.

Ellen Fennick, PhD, Disability Information Consultant, Cherry Hill

59. Families as Partners: Concrete Ways to Enhance the Relationship

Having a collaborative relationship between parents and childcare professionals is essential to meeting the needs of children. Yet this does not happen by itself. Time, planning, communication and cultural sensitivity are key elements in establishing rapport. Participants in this workshop will explore specific strategies to develop, enhance and maintain a partnering relationship.

Lou Warren-Groomes, MEd, Caring for Children, Inc., Marlton

Saturday Session 3: 3:00pm – 4:30pm

60. Gas-Free Field Trips

Using your community resources for transportation can open up a whole new world for children to discover what their neighborhoods have to offer. Using public transportation, explore field trips that are low-cost and available when you are ready to go! Interdisciplinary skills include math, time management, budgets and mapping.

Sarah Cruz, Enrichment Support Specialist, NJSACC, Westfield

61. Get the Skinny on Nutrition Resources

Proper nutrition is crucial for development, yet many families are struggling to put food on the table. This workshop will help you connect to important resources that can help the families you work with. The Calcium: Select to Protect campaign highlights the benefits of calcium consumption and how it can help protect children from nutrition-related diseases. The Food Stamp Nutrition Education Program provides education and resources to limited-resource individuals throughout the state.

LeeAnn Weniger, Sr. Program Coordinator for Social Marketing, Rutgers NJ Agricultural Experiment Station, Food Stamp Nutrition Education Program, New Brunswick

62. Sun Safety

Seeing is believing! In this very visual workshop, see for yourself what sun damage you have on your face, using our innovative "Dermascan" machine. Using advanced black light technology, you will view areas of

sun damage normally invisible to the naked eye. Instructors will provide an explanation of the results as well as give tips on sunscreen use and the prevention of further damage.

MaryAnne Kokidis, CHES Health Education Coordinator, Amerigroup New Jersey, Inc., Edison

Robin Snyder, MPH, CHES Health Educator, Amerigroup New Jersey, Inc., Edison

63. Leveling the Playing Field

Using the "Gender Equality in Sports" training model, learn activities, tips and techniques to better include all of your afterschool and camp participants in activities and sports. Come dressed to play and participate.

Dagmar Wojcik, Trainer, NJSACC, Westfield

64. An Invitation to a Healthy Schoolyard

Transform a patch of green in your schoolyard into an interactive outdoor learning environment by creating a wildlife-friendly habitat. A bird and butterfly garden is the perfect place to play outdoors, breathe fresh air and enjoy nature. A diverse schoolyard habitat offers countless opportunities to enrich classroom curriculum--from developing literacy and writing skills through nature journals, to strengthening math skills by monitoring bird populations. By creating a garden oasis youth can get moving, get growing and get healthy all at the same time. Bring the garden back to the "Garden State!"

Virginia Kryzhanowski, Associate, Monmouth County 4-H, Freehold

65. Crafts, Crafts, Crafts!

In this fun workshop you will learn a variety of crafts and crafty ideas and take home your new creations!

Adrienne Mtume, Assistant Director, ASP of Maplewood and South Orange, Maplewood

Fa Mtume, Art Specialist, ASP of Maplewood and South Orange, Maplewood
Anjole King, Site Director, ASP of Maplewood and South Orange, Maplewood

66. When Friction Flares with Families

Dealing with angry parents is an inevitable task that childcare providers face from time to time. This workshop will examine a proactive customer-service plan designed to achieve a "win-win" resolution to conflict as a means to preserve your partnering relationship with parents.

Lou Warren-Groomes, M Ed, Caring for Children, Inc., Marlton

67. Monarch Butterflies and Kids--a Natural Match

Each summer, monarch butterflies are part of the New Jersey landscape. Learn how you can bring monarchs to your afterschool program and connect children to the natural world that surrounds them. You will leave this workshop with fun, hands-on activities to implement in your programming.

Diane Genco, MS Ed, Executive Director, NJSACC, Westfield

Cecilia Aerstin, Director of Special Projects, NJSACC, Westfield





Saturday Double Sessions

68. Gang Awareness: If You Think It Can't Happen to You, You're Dead Wrong

Gang activity can affect any community. Most people have no idea how wide-spread gangs have become, and to what lengths they will go to recruit new members. This workshop will help you recognize gang identifiers and gain insight into gang culture. Participants will see how gang culture has spread throughout the country via media and fashion, and will look at national and local trends and issues. You will also learn to identify youth at risk for gang involvement and help them avoid getting involved.

Lt. Edwin Torres (Ret.), New Jersey

69. Woodworking Using Natural Form and Design

This workshop incorporates art, design, woodworking science, nature and environmental studies. Participants will design and create projects using wood in its natural forms--such as branches, logs and vines--and woodworking tools.

David Robinson, Artist, Young Audiences, Princeton

70. A Positive Approach to Discipline

This workshop will focus on theory-based, experience-tested, effective methods of positive discipline. You will learn strategies you can implement immediately in your program, classroom and home to decrease misbehavior and create a positive atmosphere for everyone.

Geoff Gollihur, Trainer, NJSACC, Westfield





- ☀ REGISTRATION MUST BE RECEIVED OR FAXED BY OCTOBER 31, 2008. NO REGISTRATIONS WILL BE ACCEPTED AFTER THIS DATE.
- ☀ Payment or purchase order (PO) must be received by October 31, 2008.
- ☀ The conference is PRE-REGISTRATION ONLY! No walk-in registrations will be accepted.
- ☀ Registration is on a first-come, first-served basis. Workshops fill up quickly, so register early!
- ☀ Receipts for payment and confirmations of registration will be sent BY REQUEST ONLY.
- ☀ Registration fee includes continental breakfast, continuous break stations and buffet lunch daily as well as Friday's late afternoon reception entitled Celebrate Afterschool Outside.
- ☀ No registration refunds will be given after October 31, 2008. However, substitutions may be made at any time. Sorry, no exceptions will be made, regardless of whether or not you attend.
- ☀ Faxing registration? Fax to: 908-789-4237. Please mail payment or PO with original registration form. Payment must be received by October 31, 2008.
- ☀ Mailing registration? Mail with payment or PO to: NJSACC, 231 North Avenue West #363, Westfield, NJ 07090.
- ☀ When filling out the registration form, you MUST fill in a first and second choice for each workshop. If you do not, and your first choice is filled, NJSACC will select an alternate workshop for you.
- ☀ All conference participants will receive documentation of completed professional development hours.
- ☀ Participants: You are responsible for making sure you receive a sticker at the conclusion of each workshop you attend to document your training hours. NJSACC staff WILL NOT distribute stickers as there is no way to verify that you attended the workshop. NO EXCEPTIONS!
- ☀ The cut-off date to reserve a hotel room is October 31, 2008.
- ☀ Conference questions? Please call NJSACC at 908-789-0259.
- ☀ Visit our website at www.njsacc.org.
- ☀ **PLEASE CALL THE NJSACC OFFICE AT 908-789-0259 TO CONFIRM THAT WE HAVE RECEIVED YOUR REGISTRATION.**

CONFERENCE FEES

NJSACC Members	Non-Members
\$236 / 2 days	\$271 / 2 days
\$136 / 1 day	\$171 / 1 day

Conference Location and Accommodations:
The Marriott Princeton Hotel and Conference Center at Forrestal (formerly the Doral)
100 College Road East, Princeton, NJ 08540

Room Rates: \$149 per night

Room Reservations:

Reservations must be made by individual attendees directly with Marriott reservations at (800) 228-9290 or (609) 452-7800.
Room reservations must be made on or before Friday, October 31, 2008.
When you call make sure to mention the *NJSACC Conference* and the dates of the conference in order to receive the conference rate.



DIRECTIONS

From Northern New Jersey:

- Take the Garden State Parkway South to Exit 130, Route 1 South.
- Take Route 1 South approximately 22 miles to College Road East.
- Take College Road East, Marriott Princeton is the second driveway on your right.

-OR-

- Take the New Jersey Turnpike South to Exit 9 - New Brunswick.
- Follow Route 18 North for approximately 1/4 mile to Route 1 South.
- Take Route 1 South approximately 13 miles to College Road East.
- Take College Road East, Marriott Princeton is the second driveway on your right.

From Southern New Jersey:

- Follow I-295 North to Route 1 North (Exit 67).
- Take Route 1 North for approximately 6.5 miles to College Road East.
- Exit right on College Road East, Marriott Princeton is the second driveway on your right.

From Philadelphia:

(50 miles)

- Follow I-95 North into New Jersey to Route 1 North (Exit 67).
- Take Route 1 North for approximately 6.5 miles to College Road East.
- Exit right on College Road East, Marriott Princeton is the second driveway on your right.

*If you get lost along the way,
call the Marriott at 609-452-7800 ext. 5180.
Marriott Guest Services staff will be happy
to assist you with directions.*

Workshop Selections: Please choose by number or by selecting appropriate check-off box on registration form.
Remember to include second choices or we will choose for you!

Friday Session 1: 9:30 am – 11:00 am

1. Integrating Service Learning into Your After-school Program
2. Where Has All the Laughter Gone?
3. The Weather Outside is Frightful... or Is It?
4. Body and Mind Meditation
5. Quality Advisor Training
6. Governor Corzine's Strategy for Safe Streets and Neighborhoods
7. The Importance of Nature in Children's Development
8. Project Learning Tree Sampler
9. Bridges to the Natural World
10. KidRead! and SMASH
11. Eco-Crafting
12. Code of Ethics
13. Creating Specialty Program Councils

Friday Session 2: 1:15 pm – 2:45 pm

14. Go Wild with Project WILD
15. Meeting the Promise of Summer
16. Conflicts in Afterschool: Defusing Molehills Before They Become Mountains
17. ACT – Adults and Children Together Against Violence
18. Questions and Answers for Licensing
19. 21st Century Afterschool Science Project (21st CASP)
20. Inclusion Awareness
21. Where Do the Children Play?
22. Grants 101
23. Avoid Operational Blues, Prepare Effective MOUs
24. How to Engage Latino Youth in Your After-school Setting
25. Bringing the Environment Indoors and Getting Kids Outdoors
26. The Afterschool Equation: School + After-school = Education

Friday Session 3: 3:00 pm – 4:30 pm

27. Coaching Your Staff to Better Practice
28. Enriching Education Through a Child's Self-Guided Study of Nature
29. Infuse Wildlife Into Your Afterschool Program
30. Behavior Management
31. Hiring, Staffing and Training: Our Story
32. Multi-Site Management
33. Incorporating Poetry into Afterschool Programs
34. Straight from the Students' Mouths: Middle Schoolers Talk About Why They Love to Spend Time Outdoors
35. Bringing the Environment Indoors and Getting Kids Outdoors
36. Fun in Science and Art: How The Newark Museum Can Enrich Afterschool
37. Working with Families
38. Get the Skinny on Nutrition Resources
39. Just a Click Away

Saturday Session 1: 9:45 am – 11:45 am

40. Behavior Modification and Disciplining with Dignity
41. Kids Talk
42. The ABC's of Playground Safety
43. Lights, Camera, Action: Afterschool Digital Filmmaking
44. Engaging Youth Through Thematic Curriculum
45. Birds of a Feather
46. Successful Program Activities for Tweens
47. The 3 R's of Bullying – Recognize It, Respond to It and Report It
48. I Can Problem Solve
49. Forensic Science Investigations (FSI)
50. Nature and Music
51. Sleeping Bags That Serve

Saturday Session 2: 1:15 pm – 2:45 pm

52. Games, Games, Games!
53. How to Talk about Your Afterschool Program So People Will Listen
54. Where Do the Children Play?
55. Teambuilding for Staff and Kids
56. Scavenger Hunts Go High-Tech
57. Gardening for Kids
58. Indoor and Outdoor Activities for Children with Disabilities
59. Families as Partners: Concrete Ways to Enhance the Relationship

Saturday Session 3: 3:00 pm – 4:30 pm

60. Gas-Free Field Trips
61. Get the Skinny on Nutrition Resources
62. Sun Safety
63. Leveling the Playing Field
64. An Invitation to a Healthy Schoolyard
65. Crafts, Crafts, Crafts!
66. When Friction Flares with Families
67. Monarch Butterflies and Kids – A Natural Match

Saturday Double Session 1:15 pm – 4:30 pm

68. Gang Awareness: If You Think it Can't Happen to You, You're Dead Wrong
69. Woodworking Using Natural Form and Design
70. A Positive Approach to Discipline

REGISTRATION DUE DATE: October 31, 2008

Please note there will be no walk-in registrations accepted! Workshops fill up quickly on a first-come, first-served basis. You must select a first and second choice for all workshop sessions. If you do not, and your first choice is filled, NJSACC will select an alternate workshop for you. Please duplicate the form for each person registering and print clearly. Please call NJSACC at 908-789-0259 with any questions. **CALL THE NJSACC OFFICE AT 908-789-0259 TO CONFIRM WE HAVE RECEIVED YOUR REGISTRATION.**

Registration

NAME: _____

PROGRAM: _____ NUMBER OF CHILDREN SERVED: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____ COUNTY: _____

TEL: (_____) _____ - _____ FAX: (_____) _____ - _____ EMAIL: _____

Are you a current member of NJSACC? Yes No
 (If you are unsure, please call 908-789-0259)

NJSACC Member

Full Conference: \$236
 One-Day Only: Friday Saturday \$136

NJSACC Non-Member

Full Conference: \$271
 One-Day Only: Friday Saturday \$171

Method of Payment:

Check (Payable to NJSACC)
 Check No. _____

Purchase Order
 PO No. _____

Total amount due: \$ _____

Credit Card Payment:

(Please note: For credit card payments we must have the zip code attached to the credit card billing address.)

Visa Master Card

Credit Card #: _____

Expiration Date: _____

Name on Card: _____

Zip Code: _____

Fax to: 908-789-4237
Mail to: NJSACC, 231 North Ave West #363, Westfield, NJ 07090
ALL REGISTRATIONS MUST BE RECEIVED BY OCTOBER 31, 2008

FRIDAY SESSIONS (write in workshop # only)	
1st choice	2nd choice
Session 1	
Session 2	
Session 3	

SATURDAY SESSIONS	
Session 1	
1st choice	2nd choice
(Write in workshop # or check choice)	

AND		
One Double Session (please check only ONE)	1st choice	2nd choice
68. Gang Awareness <input type="checkbox"/>	Session 2	
69. Woodworking <input type="checkbox"/>		
70. A Positive Approach to Discipline <input type="checkbox"/>	Session 3	
OR		
(For 2nd choice be certain to include session 2 and session 3)		

Will you be attending Friday afternoon's *Outdoors in the Garden State Reception* from 4:45pm – 6:00pm?
 Yes No



JOIN NJSACC!

Membership is renewed annually on a rolling basis.

If you would like to receive a conference discount and benefits, join NJSACC today!

Benefits include:

- Discounts on trainings
- Opportunities for leadership
- Networking
- Conference discount

If you opt for NAA (National AfterSchool Association) membership through the coalition, you will also receive from the national office:

- NAA's Professional Journal "School-Age Review"
- Discounts on NAA's Annual National Conference

COST OF MEMBERSHIP

Type of Membership	Benefits of Membership	Cost
Individual	Includes membership in NAA & NJSACC and receives full benefits as indicated above	\$45.00
Program Memberships		
Includes Level 1-5	Each program must identify an individual responsible for receiving all materials mailed by NJSACC and distributing them to other program level members.	
Level 1	Includes 1 membership in NAA & NJSACC, plus 1-4 NJSACC Program level memberships	\$135.00
Level 2	Includes 2 memberships in NAA & NJSACC, plus 5-8 NJSACC Program level memberships.	\$200.00
Level 3	Includes 3 memberships in NAA & NJSACC, plus 9-12 NJSACC Program level memberships.	\$300.00
Level 4	Includes 4 memberships in NAA & NJSACC, plus 13-16 NJSACC Program level memberships.	\$400.00
Level 5	Includes 5 memberships in NAA & NJSACC, plus 17-20 NJSACC Program level memberships.	\$500.00

Detach and return to NJSACC or fax to 908-789-4237. For program memberships, please include a list of all members and identify who will be the main contact person.

NAME: _____

PROGRAM NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____ COUNTY: _____

TEL: (_____) _____ - _____ FAX: (_____) _____ - _____

EMAIL: _____ NUMBER OF CHILDREN SERVED: _____

Method of Payment:

Check (Payable to NJSACC) Check No. _____

Purchase order PO No. _____

Credit Card

Credit Card Payment:

(Please note: For credit card payments we must have the zip code attached to the credit card billing address.)

Visa Master Card

Credit Card #: _____

Expiration Date: ____ / ____ Zip Code: _____

Membership

The NJSACC conference 2008 partnership is with The New Jersey Environmental Education Commission and Interagency Work Group



Environmental education experiences introduce people to natural systems and the complex relationships that exist between nature, people and human activities. Such experiences are typically designed to develop in people the knowledge, attitudes, values, skills and behaviors needed to maintain, protect and improve the environment. These experiences throughout people's lives collectively help nurture an environmentally literate citizenry.

The New Jersey Commission on Environmental Education and Interagency Work Group are state level groups statutorily charged with implementing a master plan for environmental education in New Jersey. The plan focuses on the delivery of environmental education for all ages in various formal and informal educational settings.

The current master plan is being revised, and the draft *Environmental Education in New Jersey: A Call to Action* will be available for public comment later this year, with the final to be presented to the Governor, cabinet, legislature and key constituents in 2009. Afterschool program staff will be invited to comment on this draft.

Other activities conducted by the commission and work group include the promotion of environmental education resources to the public; distribution of the *New Jersey Environmental Primer*; coordination of Environmental Education Week and Earth Day; and tracking state and federal actions being taken in the field of environmental education.

The commission and work group are administered as "in but not of" the New Jersey Department of Environmental Protection (DEP). To learn more about these groups visit www.nj.gov/dep/seeds/njcee/index.htm or call (609) 984-9802.

New Jersey Celebrates Afterschool: Outdoors in the Garden State 4:45 pm – 6:00 pm

Last year, you told us that afterschool needs more recognition. We listened, and we're making it happen. Join us for a celebratory reception as we launch **Afterschool Outdoors in the Garden State**, a statewide campaign to build support for afterschool. Meet the New Jersey Afterschool Network Steering Committee and learn how you can be part of this new campaign. Enjoy light refreshments, meet representatives from New Jersey environmental groups, mingle with colleagues and avoid rush hour. You might even win a door prize! This reception is made possible through the generous support from the Charles Stuart Mott Foundation.

Showcase Alley Friday 11:00am – 1:00pm

Once again, **Showcase Alley** will feature interactive demonstrations of great program ideas, commercial exhibits and lots of fun and excitement! Remember to bring your business cards along since this is a great chance to network!

Don't forget to pick up your copy of NJSACC's 2008 Afterschool Pages with all of the exhibitors' information and more!

Outdoors in the Garden State Friday Morning 9:00 am Opening Session

Join us Friday morning to kick off the 2008 Outdoors in the Garden State Conference. Come learn about the next two days and what's in store. We are looking forward to another year of great workshops, networking and fun!

Pat Cannon's Foot & Fiddle Dance Company Saturday Morning 8:45 am Opening Session American Footsteps

Join us for this exciting blend of clogging, tap, Irish Step Dance and square dance! This high energy performance will have you tapping along while learning about American folk dances and their European, African and Native American roots.



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Trenton, NJ 08625-0700

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